

**To submit information for
Command Channel 5
call 353-6760 or
email pao.fwa@us.army.mil**

Alaska Post



Ft Wainwright



PAO Flickr



PAO Facebook



PAO Twitter



Channel 5



PAO



**Fort Wainwright
Public Affairs is Online**



Welcome to Ft. Wainwright

FAMILY AND MWR



- Home
- NAF Job Openings
- How are we doing?
- Contact Us
- FWA Family & MWR Map
- What is Family and MWR?
- Freedom Fest

- ACS
- Advertising
- Automotive
- Birch Hills Area
- BOSS
- Chena Bend
- CYSS
- Fischer Sket
- LFCAC
- Library
- Nugget Lanes Center
- Outdoor Rec
- Marketing and Sponsorship
- Sports & Fitness
- The Warrior Zone
- FWA Garrison Page



Phone: 353-1087 Address: Bldg. 3205 Santiago Ave

THE WARRIOR ZONE

Hours of Operation:

M- Th 4 to 11 p.m.
 F-Sa 4 p.m. to 1 a.m.
 Su 1 to 9 p.m.
 T-Bar & Kitchen Closed



Pool Tournaments



Special Events



Appreciation of Soldiers

FMWR @ www.ftwainwrightfmwr.com
Facebook @ [ftwainwrightfmwr](https://www.facebook.com/ftwainwrightfmwr)

Facility Overview

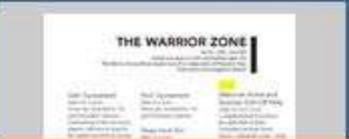
The Zone is a recreation center geared toward those over the age of 18. The Zone offers special programs, tournaments and events throughout the year. A Car Show and Halloween Party are two highly attended events that happen annually.

Beer and Wine Sports Bar

The Zone's beer and wine sports bar is complete with 15 HD TVs, a large screen projection TV, pool tables offering free games, video games and an internet juke box.



Upcoming Events



Call us for availability and reservations! 907-224-5559 or 800-770-1858 7am to 10pm daily



Experience Alaska

HOME ACCOMODATIONS ACTIVITIES VACATION PLANNING FAQS CONFERENCING ELIGIBILITY EMPLOYMENT CONTACT US

- Rates
- Motel Rooms
- Townhouses
- Log Cabin
- RV Sites
- Tent Sites
- Yurts

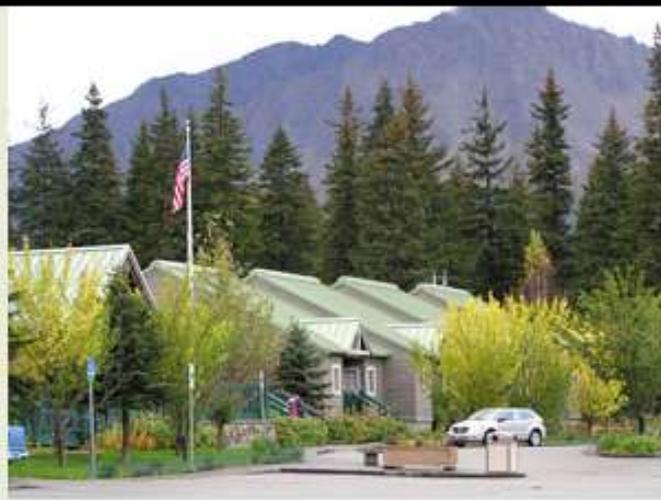
Lodging

*Winter, Spring, Summer, or Fall...
all you have to do is call!*

(907) 224-2659 or 224-2654

**Memorial Day through Labor Day
24 hours a day, daily!**

**Labor Day until Memorial Day
7:00 am until 10:00 pm**



>>Winter Lodging Special

[Click Here to Answer One Important Question](#)

Military Rec site: www.sewardresort.com

Are you looking for information on Workforce Reshaping?

FT WAINWRIGHT



**Civilian Workforce Reshaping
information has been placed on
the website -**

**www.wainwright.army.mil
Facebook at FortWainwrightPAO;
in the Alaska Post newspaper and
on GCI Ch. 5 (command channel).**

**Telephone Info. Recording:
353-5000**

**Will be updated when new
information is available**



Fort Wainwright Customer Management Services

Interactive Customer Evaluation

Customer Evaluation Analyst : Sonja Taylor

<http://ice.disa.mil>

Phone: 353-9721

Email: sonja.taylor1@us.army.mil

back to school

School Registration Deadline by August 13

- > Schools will re-open
- > "No shots, no school."
- > Possible to register downtown,
but only recommended if student has an IEP

Online School District Survey

School Support Services | Joan York, SLO, 361-9377



Fort Wainwright Community of Faith

Religious Education

**Protestant Sunday School 1000 Northern Lights Chapel
Gospel Sunday School 0945 Bassett Army Hospital**

Sunday Worship Services at 1100

**Catholic Mass Southern Lights Chapel
Protestant Worship Northern Lights Chapel
Gospel Worship Bassett Army Hospital**

Fort Wainwright Community of Faith

Other Opportunities

**Protestant Men of the Chapel 2nd and 4th Saturdays 0800
Northern Lights Chapel**

Family Movie Day 3rd Saturday of each month 1400 Bassett Hospital

Bible Study Monday at 1200 and Tuesday 1830 Bassett Library

Catholic Mass Tuesday – Friday 1200 Bassett Hospital

**Healing & Anointing Service 3rd Sunday of each month
1800 Southern Lights Chapel**

Starting in July: Protestant Women of the Chapel Thursdays 1000

USAG FWA Chaplain: 907-353-9825 Northern Lights Chapel

Adolescent Substance Abuse
Counseling Services

Janie Gennaro, MA LMFT, C

Alaska Region



ASACS Counselor – Ft. Wainwright
Building RHQ-5, Southgate Road

Janie.Gennaro@us.army.mil

353-1382

Commander's Talking Points on the Workforce Reshaping

can be found on the Fort Wainwright home page:

www.wainwright.army.mil

Use the "Display Questions & Answers" to view all resolved questions and answers. Employees may also ask questions through this same link.

FT WAINWRIGHT



On-post Chapels

Gospel

Bassett Army Community Hospital (3rd Floor)

Sunday School 0930 Worship 1100



Protestant

Northern Lights Chapel

Sunday School 1000 Worship 1100



Catholic

Southern Lights Chapel

CCD 0930 Worship 1100



Summer Events



Protestant **W**omen of the **C**hapel
PWOC Info via email -
wainwright@pwoc.org
or call 361-4463

Alaskan Wild Beast Feast
Aug 4 and 25
POC CH Brocato 361-4380

Protestant Vacation Bible School
Aug 6 to 12
POC Garrison CH 353-9825

Soldiers Against Drunk Driving

- Operating 2330-0330 Fridays, Saturdays, and Long Weekends
- SADD Volunteer drivers are welcome

Army Career and Alumni Program



ACAP offers assistance to Soldiers who are transitioning out of the Army and their families. They can assist in writing a resume or a cover letter, learning interview skills and perhaps put you in touch with the right employer for you. Call 353-2113 for more information.

Call ACAP 353-2113 or visit ACAP in the Welcome Center, BLDG 3401

Online <https://www.acap.army.mil>



Hello Summer & Hello Fun!
We're kicking off the
2012 Kids Bowl Free – KBF - Program
this month.

Stop by your newly renovated Nugget Lanes
Bowling Center for registration information
and watch for our team as we set-up
registration points at various locations all
month long.

8 week KBF bag and ball leagues
ALL summer long!

Have Questions? (866) 798-4502
Go to www.kidsbowlfree.com
to register today.

Nugget Lanes
3702 Santiago Ave.
Ft. Wainwright, AK, 99073
(907) 353-2654





Boats and Water Safety



- Check Local & State Laws!!!
- Take a water safety course
- Required: Personal Floatation Devices (PFD) for everyone on the boat
- Under 13 years **MUST WEAR PFD!**
- Under 13, no driving the boat
- Alaska's Water is **COLD, COLD, COLD!**
- Coast Guard Approved is the Answer





8th Annual Charity Golf Tournament

Get your team and register now!

Friday, August 3rd, 2012
Chena Bend Golf Course
8:00 a.m. Shotgun Start

Prizes

Hole In One Opportunities!
Team Prizes 1st-3rd
Men & Women's Longest Drive
Door Prizes - including 2 round-trip Alaska Airlines tickets
Many other giveaways!

Sponsorship opportunities still available. For more info call 353-5962

BACH Main Pharmacy

Hours of Operation

Mon, Tue, Wed, Fri:
0800-1800

Thursdays & Training
holidays: **0900-
1800**

Sat: **1000-1400**

Closed Sun & Holidays



Refills

- Request 2 working days ahead (at least)
- Beneficiaries may use phone, fax, internet or drop-box
- Don't pull a ticket!! (just wait by refill sign)

New Prescriptions

(Options)

• **Drop-box** (same day pickup M-F before 3PM)

• **Pull a number**

Step#1: Screening

Step#2: Beneficiaries will be recalled to a window when order is complete

****Once screened, you may wait in lobby or return at your convenience!**

(Stand by the prefilled order sign upon your return)

BACH Main Pharmacy

Frequently Asked Questions



Q: Can pharmacy provide an **emergency supply** of medication if I run out?

A: Yes. We can extend **some** Bassett Rx's until the clinic authorizes a renewal.

Q: Can I pick up meds for someone else?

A: Yes. For **Adults**-Present their MILITARY ID card (or a photocopy front & back). For **minors**, present the patient OR sponsor's MILITARY ID card

Q: How can I **transfer** a prescription?

A: Active refills for some drugs filled at another pharmacy may be transferred to Bassett. Ask for details.

Q: The **WAIT is TOO long!** What are my options?

A: Beneficiaries have 2 options: (1) TRICARE mail-order (2) TRICARE retail network. Ask about these options.

Q: What is the difference between a REFILL and a RENEWAL?

A: When an original Rx has **refills**, each fill at the pharmacy uses the SAME Rx#. If you see a provider, they may **renew** your old Rx. It has a DIFFERENT Rx#, which is NOT recognized by the automated refill system.

****Federal law prohibits REFILLS of some drugs. These are ALWAYS renewals (ex. Percocet)**

Q: I am traveling. Can I refill meds early?

A: Yes. **Some** meds can be refilled early. Ask for details.

Q: I still have refills left! Why is my prescription EXPIRED??

A: Rx's for controlled substances (ex. Ambien) expire **6 months** from date written. All others expire in **365 days**.

Q: Why can't I use my **cell phone** at the pharmacy window?

A: Drugs are dangerous if used improperly. Our job is to assure that you are getting the best treatment AND that you are educated about your drug therapy. *The pharmacist needs your full attention to do this job and may serve another customer while you complete your call.*

Official Photographs

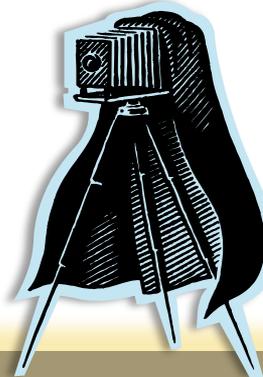
Mondays through Thursdays

Official DA photographs by appointment only.

Fridays 0900-1100

Walk-in Head & Shoulder and Passports only.

Studio is located in Building 3025



For information / appointments call: 361-6268

Email: carol.l.holley@us.army.mil

Call the “Crime Line”

353-8477 (353-TIPS)

This number is an answering machine, checked daily except on weekends. Callers can remain anonymous.

Not for emergencies or criminal activity in progress.

For emergencies dial **911**

Non-emergencies call: 353-7710
for police assistance.

Have a Fort Wainwright Event?

**Have your event placed on
Housing cable Ch No. 5 &
Fort Wainwright's Webpage
Channel 5**

**Submit information: 353-6760
pao.fwa@us.army.mil**

MIXED PAPER RECYCLING BIN

YES

Cardboard



Frozen Food Boxes

All office Paper

Envelopes (including windows)

Carbonless duplicating Paper

Adding Machine Paper

Unusable file folders

Phone books

Newspaper

Magazine

Post-it notes

Paper bags

Paper board Boxes

Index Cards



NO

Food Contaminated Paper

Fireworks

Waxed paper

Laminated Paper

Tissue Paper

Paper Towels

Paper Cups

Tyvek (plastic) Envelopes

Plastic and non-paper items



- It will soon be hunting season. All recreational users of Army lands – moose hunters too - are required to register for a **Recreational Access Pass (RAP)** and are urged to call into the U. S. Army Alaska Recreation Tracking System (USARTRAK) system for updates regarding the opening or closing of training areas for recreational use. The number is 353-3181 at Fort Wainwright; 873-3181 at Fort Greely; and 384-3181 at Joint Base Elmendorf-Richardson. Registration for RAP cards can be done at the Main Gate Visitors Centers at Fort Wainwright, Fort Greely and Joint Base Elmendorf-Richardson. A call to any one of the three telephone numbers will be able to provide training area accessibility at all three posts. The maps are available at the visitors' centers near the main gates of Fort Wainwright and Fort Greely. By Aug. 15, the Army will also publish the maps on the web at:
www.usarak.army.mil/conservation/FWA_DTA_Maps.htm.

Recreation

Access Pass



THE ATV SAFETY GOLDEN RULES:

1. Always wear a helmet and other protective gear.
2. Never ride on public roads.
3. Never ride under the influence of alcohol or other drugs.
4. Never carry a passenger on a single-rider vehicle.
5. Ride and ATV that's right for you.
6. Supervise riders younger than 16; ATVs are not toys.
7. Ride only on designated trails and at a safe speed

**For more information on ATV safety and attending upcoming ATV safety courses contact:
Mr. Keith Genter, USARAK Safety @ 353-6281**

Fort Wainwright Gate Hours

Main Gate

Open 24 / seven

Trainor Gate

5:30 a.m. to 8:30 p.m. Monday through Friday,
Closed on weekends

Siku Basin Pedestrian Gate

Week days - 6 a.m. to 5 p.m.
Closed on weekends

Badger Gate

7 Days a week - 5 a.m. to 9 p.m.