

Cold Weather Orientation Course (CWOC) Packing List Required Items

Qty	Item Description	Qty	Item Description
1	Bag, Barracks	1	Liner, field jacket
1	Bag, Duffel	1	Ballistic helmet w/ camouflage cover
1	Bag, sleeping MSS or Type II Extreme Cold	1	Mat, sleeping pad (prefer foam mattress/air mattress discouraged)
1	BDU's or ACU's (complete)	2	Mitten inserts, trigger finger
1	Belt, Trousers, web	1	Mitten shells, trigger finger
1	Boots, Intermediate Cold Weather	1	Mittens, Arctic
1	Boots, vapor barrier, white	1	Neck Gaiter, brown
1	Canteen, 2 qt. with carrier	2	Padlock or combination lock
1	Arctic Canteen, 1 qt. w/ cup and carrier		Personal hygiene articles/laundry soap
100'	Cord, Nylon (550)	2	Poncho
	Prescription medications as applicable		Prescription eyeglasses**
2	Drawers, polypropylene	1	Pocket Knife
2	Undershirts, polypropylene	1	Shirt, fiber pile (Polar fleece)
1	ECWCS jacket (Gortex)	1	Trousers, fiber pile (Polar fleece)
1	ECWCS trousers (Gortex)	2	Socks, dress, black nylon
2	Facemask, balaclava (CIF issued only)	6	Socks, wool, black or olive drab
1	Field meal card (Provided by Soldier's unit)	1	Sunglasses (inexpensive/durable)
1	Field pack, ALICE (large)	1	Suspenders, trousers
1	Frame, field pack	2	Towels
1	Gloves, cold weather (black)	1	Shoes, shower
2	Inserts, glove, cold weather (Gortex)	3	Undershirts, cotton brown/tan
1	ID tags with chain	1	Waterproof bag
1	ID Card	1	LBV (worn IAW your unit's SOP)
1	Liner, poncho	1	Ski goggles w/ tinted double pane lenses or Sun, Wind and Dust Goggles
1	Overwhites (K-Pot, top and bottom)		
	Lighter or waterproof matches		
1	Flashlight w/ extra batteries or headlamp		

Optional Items (Highly Encouraged)

1	Army Physical Training Uniform (Complete)	1	Sewing Kit
1 pr	Camp Booties, Insulated		Underwear, Polypropylene, Lightweight (top and bottom)
1 pr	MSR Snow Shoes (If Unit Issued)	4 pr	Socks, Polypropylene
2	Compression Sacks	1	Foot Powder
1	Tube chap stick	2	Drawers, cotton
1 pr	Liners, Glove, Polypropylene	1	Headlamp

** As Required

FAILURE TO ARRIVE WITHOUT REQUIRED ITEMS CAN RESULT IN NON-ACCEPTANCE INTO COURSE!!!

Snacks and drinks are available for purchase. Recommend students bring no more than \$50.