

ALASKA POST

Home of the Arctic Warriors



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Flying Dragons support Denali climb mission



Staff Sgt.
Matthew E. Winstead,
U.S. Army Alaska PAO

Amid Alaska's rugged terrain there is one special Army unit in particular that constantly soars above the others.

The 1st Battalion, 52nd Aviation Regiment, known as the "Flying Dragons," is the Army's major air support unit in Alaska and provides critical troop and equipment movements across the state at all times during the year.

With two primary types of aircraft in its fleet, CH-47 Chinook helicopters and UH-60A Black Hawks, the 1-52nd is routinely tasked with maintaining the steady flow of Soldiers, weapons and equipment to some of the most remote and inhospitable regions in Alaska.

In addition to the regular transportation of essential personnel and gear, the 1-52nd also aids in rescue and first-responder missions.

Most recently, the 1-

A UH-60 Black Hawk from 1st Battalion, 52nd Aviation Regiment transports members of the Army's Northern Warfare Training Center to their initial base camp site on the Kahiltna Glacier May 17, where they will begin their climb to the summit of Mount McKinley. (Photo by Staff Sgt. Matthew E. Winstead/U.S. Army Alaska PAO)

See **CLIMB** on page 8

Climbing Mount McKinley

Staff Report,
U.S. Army Alaska PAO

Six members of the Army's Northern Warfare Training Center cadre, specializing in maneuvering through treacherous terrain, landed on the Kahiltna Glacier May 17 and began their 14 to 20-

day climb to the summit.

The U.S. Army Denali summit team consists of five active-duty Soldiers and one Army civilian each fully equipped with a tailored packing list of sustainment supplies and climbing gear.

See **MCKINLEY** on page 5

Correction

A mistake was made in last week's Alaska Post Special Edition.

Two of 1st Stryker Brigade Combat Team, 25th Infantry Division fallen heroes from Operation Enduring Freedom in Afghanistan 2011-2012 were incorrectly listed as belonging to the 1st Battalion, 5th Infantry Regiment.

Spc. Christophe J. Marquis and Sgt. Timothy D. Sayne were both members of the 5th Squadron, 1st Cavalry Regiment.

Our sincere apologies to the Marquis and Sayne Families, friends, the unit they served with and our readers.



Chaplain Family Life Center offers help

Trish Muntean, Fort Wainwright PAO

Are you feeling like you have lost your way? Angry at the world and don't know why? Maybe you're just feeling a bit overwhelmed by everything that is going on in your life. Whatever the case may be, chances are that help can be found at the Chaplain Family Life Center.

"That's what I do here, a lot of listening to people," said Chaplain (Maj.) Dwight Broedel, Family Life chaplain.

Once they have walked through the doors the first thing is assessing why they are there. Some people are just looking for Burger King, he said with a laugh. Others are looking for directions in life. "Do I stay in the Army or do I get out?" "Do I stay married or do I get out?"

He said a lot of the work done there is direction guiding, helping clients find the answers they have already come to, but don't want to admit to themselves.

"Sometimes it is a faith question," Broedel said. "Does God exist? How could God exist? Those kinds of questions

come out of deployments and stuff."

Marriage counseling is frequently done at the facility.

"Marriages go through predictable stages," he said. Relationship stages include pre-marriage, marriage and divorce or death. "How do we prepare ourselves for being separate, whether it is death, divorce or deployment? In the Army at some point you're going to have to live apart. How do you learn to do that well?" Broedel asked.

Broedel said young couples go through a very predictable crisis at 18 to 36 months.

"Every couple goes through it," he said "I am like an engineer who builds a bridge between the two people. Actually I am more of an instructor, put that pillar there, tighten that one down."

During marriage-counseling sessions Broedel sometimes needs to act as referee. He wears a whistle around his neck and throws a red penalty flag for unsportsmanlike conduct when appropriate.

People dealing with grief, anger is-

See **CHAPLAIN** on page 4



Chaplain (Maj.) Dwight Broedel took a break May 10 to talk with Danica Stevens, who has been interning at the Chaplain Family Life Center for the past year. She will graduate in December after the completion of her graduate thesis on how spouses of those with post-traumatic stress disorder cope; trauma affects the entire family. Interns must maintain the same level of confidentiality as Broedel himself. (Photo by Trish Muntean/Fort Wainwright PAO)

WEEKEND WEATHER



Friday
Mostly cloudy
Chance of rain
Highs: 50s/60s
Lows: 40s/50s
Southwest winds



Saturday
Partly sunny
Chance of rain
Highs in the
lower to mid-60s
Lows 40s/50s



Sunday
Mostly cloudy
Chance of rain
Highs in the 60s
to lower 70s
Lows in the 50s

BRIEF

237th Army Birthday All-Ranks Ball

The event will begin at 6 p.m. on Friday, the 22nd of June at the Hilton, Anchorage. Guest speaker will be Lt. Gen. Michael Ferriter, commander of U.S. Army Installation Command and assistant chief of staff for Installation Management. Ticket sales are open until June 8. Ticket prices are \$50 for private to staff sergeant, \$60 for sergeant first class to first lieutenant, \$70 for captain and higher, \$75 for civilians and retired military. Military uniform is Dress Mess, Dress Blues, Army Service Uniform, or Class A w/black bow tie. Civilian dress is tuxedo or business suit and ball gowns. For information or to purchase tickets, contact your unit representative or call 384-2067.



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SN/ BIRCHWOOD HOMES

Medical Department Activity - Alaska

Summer safety

With the start of the summer season, people all over Alaska are looking to enjoy the outdoors. The next three months should be filled with fun activities for both kids and adults, but it's important to keep safety in mind to help prevent injuries or accidents from intruding on your Family's summer fun.

Many summer activities take place around the water, and according to the Centers for Disease Control and Prevention, drowning is the second leading cause of unintentional death for children ages 1 to 14 and the fifth

leading cause for people of all ages. There is a reason personal flotation devices (PFD's) are called 'life jackets;' wearing a PFD when on or near the water can easily mean the difference between life and death, especially in the cold Alaskan water. For a guide on how to choose the proper PFD go to www.uscgboating.org.

Another summer safety concern is bug bites. While we are lucky enough not to have ticks in Alaska, we do have to contend with the "Alaska state bird", the mosquito. The CDC recommends only using products registered with the US Environmental Protection Agency. Of these

repellents, the best documented and commercially available method is DEET. The higher the DEET concentration the longer the product will propel mosquitoes. However, when using DEET products on children, it's important to note that the American Academy of Pediatrics recommend only using DEET products with a concentration of 10 percent or less. For more information about using repellents you can consult the National Pesticide Information Center at www.npic.orst.edu.

Sun safety is also important during our long summer days. Wearing protective clothing such as wide-brim hats, sun-

glasses that block 99 to 100 percent of UVA and UVB rays and tightly-woven cotton clothing can help reduce the risk of sunburn. Sunscreen is also a valuable tool and should be applied at least 30 minutes prior to going outside. The CDC recommends using a product that blocks UVA and UVB rays with a sun protection factor (SPF) of at least 15 percent, and to reapply every two hours. UVA rays can penetrate cloud cover, causing skin damage, so sunscreen should also be worn on cloudy days.

Wearing protective gear such as helmets when riding anything on wheels such as a bicycle, scooter or rollerblades

can also prevent common summer injuries. According to Safe Kids USA, a helmet is the most important device available to reduce injury or death. By law, all helmets sold in the US must meet standards set by the Consumer Products Safety Commission but they only protect as well as they fit. A good-fitting helmet should be snug but not tight. It should sit level on your head with the front edge no more than an inch above your eyebrows and the chinstrap should always be tightened.

This is a great time of year to get out and enjoy many outdoor activities. Simple planning and



Col. George Appenzeller
MEDDAC-AK commander

precautions can help keep you and your Family safe while you enjoy the summer season. As always, the Medical Department Activity-Alaska team is here to assist you with all your healthcare needs. Call 361-4000 for an appointment or visit our website at www.alaska.amedd.army.mil.

Freedom Fest 2012: Reunited and it feels so good

Allen Shaw,
Fort Wainwright PAO

The community has another opportunity to come together and celebrate the accomplishments of our Soldiers and Family members with a good old-fashioned two-day event that has something for everyone. The

Directorate of Family and Morale, Welfare and Recreation is hosting Freedom Fest 2012 - Reunited, June 29 and 30.

"The festivities will begin Friday at the Carlson Center in Fairbanks with mixed martial arts cage fights and a live band," said Megan Brown, FMWR special events co-

ordinator. "Ticket prices are extremely affordable and bus service will be provided between post and there at no cost. This is specifically designed for the single Soldier, but everyone is invited to attend."

Brown said although the details are still being worked out, there are two to three professional fights and two amateur bouts scheduled. The main card will pit David Knight against Jorge Cordova, with James Gillen taking on Clinton Tepples on the undercard.

There will be a whole slew of Family activities Saturday at the Alert Holding Area on post, Brown said.

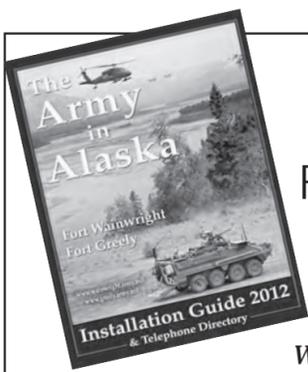
"The day will begin with a poker motorcycle 'freedom' run led by Command Sgt. Major Wayne Jefferies, (United States Army Garrison, Fort Wainwright command sergeant major) at 9 a.m., which will conclude at the AHA around 1:30 p.m." During the day there will be kid's games, entertainment and refreshments, "just like a big old Family barbecue."

The day will also include a 5K fun run, a variety of food vendors and "an epic" battle of the bands. "This year there will be three categories for different genres - country, rock and alternative-top 40," Brown said "The prizes are even bigger and better. Each genre will have a first and second place prize of \$3000 and \$2000 respectively, and there will be a fan favorite 'People's Choice' award for \$2000.

For more information call Brown at 353-6043 or visit Fort Wainwright FMWR on Facebook. Additional information will also be available in upcoming issues of the Alaska Post and on the Public Affairs website at www.wainwright.army.mil.



The Directorate of Family and Morale, Welfare and Recreation is hosting Freedom Fest 2012 - Reunited, June 29 and 30. (Courtesy graphic)



The Fort Wainwright,
Fort Greely 2012 Installation
Guide now available online.

Visit Fort Wainwright website at:
www.wainwright.army.mil/sites/local/

MetLife and Tricare

Staff report, MetLife

MetLife was chosen by Tricare Management Activity to be the provider of comprehensive dental coverage to over two million Family members of uniformed services active duty personnel, as well as members of the selected reserve and individual-ready reserve, and their eligible Family members and survivors around the world. MetLife began administering dental benefits for the Tricare Dental Program May 1.

These benefits include enhanced dental coverage at a lower monthly premium and access to one of the country's largest participating dental provider networks with over 180,000 dental provider locations. Members have the freedom to utilize their dentist of choice and receive benefits for covered services. However, additional opportunities exist to lower out-of-pocket costs when members visit a dentist who participates in MetLife's Preferred Dentist Program. These in-network dentists have agreed to accept MetLife's negotiated fees - which are generally 15 percent to 45 percent less than the average local charges in a community. Visit www.metlife.com/tricare to access a listing of these carefully credentialed general and specialty dentists. By inputting a ZIP code or address, users can find in-network dentists within proximity to convenient locations, by specialty, by name and/or by language preference. Note: if a member's dentist is not a PDP member, the dentist can apply to join the PDP at www.metdental.com or the member can nominate their dentist.

In addition, other benefit highlights and enhancements to the TDP include:

- Coverage (subject to cost shares) of resin (white) fillings on all teeth (an-

terior and posterior)

- Increase of the annual maximum to \$1,300 per enrollee
- Increase of the orthodontic lifetime maximum to \$1,750 per enrollee
- An additional \$1,200 annual accident maximum for services related to dental accident treatment
- No cost-shares for scaling and root planing (deep cleaning) for diabetics

Service channels (i.e. Enrollment, Call Center, Billing, Claims, IVR) are available to assist TDP members. TDP members can access online information about TDP benefits and customer service resources by visiting <https://mybenefits.metlife.com/tricare> or Facebook at www.facebook.com/MetLifeTDP.

On the <https://mybenefits.metlife.com/tricare> website, members can review dental benefits and/or claims and claim history details about the benefits offered through the TDP. In addition, <https://mybenefits.metlife.com/tricare> provides TDP enrollment access, forms to enroll, authorize and re-authorize premium payment methods or submit claims and other tools to help members manage their dental benefits effectively.

On the Facebook page "Tricare Dental Program (TDP) administered by MetLife", members can obtain TDP information or interact with MetLife customer service staff, as well as engage with other TDP Family members. TDP members can also call MetLife from 6:00 p.m. Sunday through 10:00 p.m. Fridays EST, except on holidays at 1-855-638-8371 (continental U.S.), 1-855-638-8372 (outside the continental U.S.) and TDD/TTY at 1-855-638-8373.

MetLife, celebrating 50 years of healthier smiles in 2012, is a leading provider of dental plan administration for more than 19 million people. MetLife provided its first dental benefits for Families in 1962.

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The ALASKA POST - Home of the Arctic Warriors

Know the law - yard sales

Douglas F. Harmon,
Installation Safety Manager

Having a yard sale this summer? Were you aware you can face penalties for selling dangerous recalled products?

The Consumer Product Safety Improvement Act of 2008 identifies people who engage in yard sales as "informal sellers" and requires compliance with CPSI.

The Consumer Product Safety Commission is the enforcement agency and under this law is charged with policing yard sales for resell of any item, for adults as well as children, recalled by this agency under the Resale Round-up Campaign to Keep Dangerous Recalled Products out of resale stores and off the Internet.

Selling recalled products is unlawful and the CSPC is very clear that ignorance is no excuse for

violating this law.

General advice provided by the CPSC is to become familiar with the types of products and categories of hazards subject to recalls. The CPSC warns their response will vary depending upon the circumstances which include the severity of the risk associated with the recalled item.

The CSPC post daily on their web page www.cpsc.gov items that have been recalled. You may also find ad-

ditional consumer safety information. The CSPC Handbook for Resale Stores and Product Resellers is also available on their web page which provides guidance on how to comply with this law.

Additional information is located at www.cpsc.gov/nsn/yardsales.pdf and www.cpsc.gov/info/resale/index.html.

If you have any questions or concerns please contact the Installation Safety Office at 353-6473 or 353-7079.

First post-wide yard sale



Spc. Colton Crowell, 1st Battalion, 52nd Aviation Regiment, 16th Combat Aviation Brigade, and Family spent the day checking out the first post-wide yard sale of the season May 19. Crowell, his wife Cindy (left) with children Cammie, 4, Jordan, 6, and Alexis, 9, look through a vendor's table loaded with comic books; just one of many vendors at the Fort Wainwright Lemon Lot. The next post-wide yard sale is scheduled for June 16. (Photo by Allen Shaw/Fort Wainwright PAO)

Getting out in Alaska

Staff Report, Fort Wainwright PAO

It's summer in Alaska, and for many residents (and visitors) that means fishing. This state offers some world-class fishing opportunities. From huge lake trout and pike accessible only by float plane or ATV, to barn-door size halibut out of Seward or Valdez, to king salmon and grayling right here in the Chena, there is something here to suit everyone, expert and novice alike.

Soldiers and Family members have pulled in 40-pound king salmon from the Chena River right here on post. Others have caught 100-plus-pound halibut in Valdez or Homer or Seward.

Before you put your rod in the car, be sure you are ready to fish. You will need a fishing license, and if you're fishing, hunting or recreating in any way on Army property, a Recreation Access Permit (RAP).

Alaska requires that all nonresidents age 16 and older, and most residents from ages 16 to 59 have a license to fish in all Alaskan fresh and salt waters.

The Alaska Department of Fish and Game website defines a resident as a person who, for the preceding 12 consecutive months, has maintained a home in Alaska with the intent to stay, and who does not claim residency somewhere else.

The ADF&G website is full of information to ensure you have everything you need, and then some. It also offers brochures on some of the stocked lakes in Interior Alaska.

A military sport license, only for active duty members of military service permanently stationed in Alaska, or their dependents, costs \$24. If you have guests visiting from the Lower 48, they may purchase a temporary license for one, three, seven or 14 days, ranging from \$20 to \$80. Stamps for king salmon add an additional fee to the total cost. The license is valid for one calendar year.

Alaska resident disabled veterans (50 percent or greater) may apply for a lifetime hunting and fishing license (DAV). You can get application forms at ADF&G offices or by mail from the ADF&G Licensing Section at the address and phone numbers listed above.

You can get a RAP at the visitors' centers near the main gates at forts Wainwright, Greely and Richardson. The cards are also available at Natural Resources Offices at Fort Greely and here and at the Fort Wainwright Outdoor Recreation Office. You will need it if you are 16 or older and want to participate in any recreational activity on US Army lands. It is free and is valid for two years from the date of issue.

Now you've got the license and the RAP – make sure you keep them with you the entire time you're out enjoying the fishing and be prepared to show them to wildlife enforcement officers who ask for them.

Your next move is to decide where to fish. This decision may be influenced by whether or not you have a boat; how far you want to go; how much money you want to spend on rentals, gas or lodging and how much time you have. There are a lot of options for you to consider.

The first is our Outdoor Recreation Center. They can provide you with all the equipment you will need, from rod and reel to waders to boats. You can rent a camper or tent and grill as well, and you can't beat their prices. Call them at 361-6349 or 361-6350.

The hardest part may be picking a location. There are numerous streams and rivers in the area. Or you can head down the highway. The ADF&G website has downloadable brochures on stocked lakes, roadside fishing and more – all of them within a several-hours drive of Fort Wainwright.

A note to all fly fishermen: Footgear with absorbent felt, non-slip fiber soles are prohibited while sport fishing in the fresh waters of Alaska. The regulation

was adopted to reduce the potential of introduction and spread of invasive organisms. Invasive organisms spread by contaminated waders and other gear can threaten resident fish stocks and fish habitat. For more updates and news releases pertaining to fishing in Alaska go to www.adfg.alaska.gov/index.cfm?adfg=fishingSportFishingInfo.R3&year=2012.

Eielson Air Force Base is a 19,790-acre installation located about 25 miles southeast of Fairbanks. About 15,754 acres are forested. There are 12 lakes totaling 333.7 acres, 80 ponds totaling 226.1 acres, and 27.7 miles of fresh-water streams. In order to fish or hunt on the installation a permit is required.

The Eielson Natural Resources, Building 2215 offers permits on Wednesdays at 8:30 a.m. or Fridays at 3 p.m. after a 15 to 20 minute brief covering areas to fish and hunt. Maps of accessible and restricted areas are available; give them a call at 377-5182 for more information.

Eielson has a 51-acre recreation area on Birch Lake, 35 miles to the south and a campground in the 690-acre Chena River Annex, 12 miles to the north.

Seward Army Resort in Seward is a good day's drive from here, but well worth it. You can rent rooms

See FISHING on page 4

Late Ad
Bentley Car Wash
AK POST/AK POST
2 x 2.0

18395708
PURE ESSENTIALS DAY
SPA
AK POST/AK POST
2 x 2.0

13398826
SAMSON HARDWARE
AK POST/AK POST - B
2 x 4.0

Alaska Post Spotlight on Barb Gilson

Trish Muntean, Fort Wainwright PAO

Knowledgeable, dependable, caring and patriotic are just a few of the words friends and former coworkers use to describe Barb Gilson, the Information and Referral program manager at Army Community Service.

She is always smiling, said Mae Har-

rell, Fort Wainwright Housing Office, noting that she is so generous that it wouldn't matter what time of the day or night, she would offer to take a friend to the airport.

Born and raised in North Pole, Gilson is the mother of one son and oldest of three siblings with one brother and one sister. She is the wife of Dan

Gilson, garrison antiterrorism officer (and U.S. Army retired sergeant first class) and started working for the federal government 18 years ago drawing blood at Fort McClellan, Ala.

Her most recent jobs were here on Fort Wainwright at 507th Signal as the telephone control officer where she did service orders and as an emergency dis-

patcher at the 9-1-1 Center.

"Barb is probably one of the best kept secrets on Fort Wainwright," said Allen Thornton, Directorate of Plans, Training, Mobilization and Security training technician. "I have never run into an issue that Barbara could not find a solution. Her time spent as an Army spouse, combined with her understanding of the installation is a resource that goes understated."

Army Community Service volunteer Matthew Hampton says that she is the primary contact and "go-to" person for all the activities, agencies and programs in the Fort Wainwright and Fairbanks area. He calls her the glue that holds ACS together.

Even though she is good at her job, Gilson is not all about work. In addition to gardening and riding her four-wheeler, she enjoys volunteering and especially appreciated the opportunity to work with the "Make a Wish Foundation" and making a difference in the lives of terminally ill children.

Some of her off time is spent fishing for silvers and kings at her favorite place - on her boat the Ardis, in Valdez.

Gilson even has a fish on display at Sportsmen's Warehouse. She almost "kicked it back" because she didn't think it was "big enough." Her husband estimated the size to be approximately 48" long and 50 pounds, gutted.

Another of her favorite activities is cooking and she is a familiar sight on the local barbeque competition circuit, often helping her husband who is the lead for the 3 Dogs BBQ team and owner of the Charcoal Supply Company.

Probably her absolute favorite thing to do though is to spend time with her granddaughter Decoda who is 12. They have traveled together to Disneyland numerous times to visit Gilson's favorite fictional character, Mickey Mouse.

She calls herself a "Disney nut" and her husband said that she is so much that she even owns stock in the company.



Barb Gilson, the Information and Referral program manager for Army Community Service says that the best part of her job is taking care of Soldiers and their Families. A former co-worker said that "Barb is probably one of the best kept secrets on Fort Wainwright. I have never run into an issue that Barbara could not find a solution. Her time spent as an Army spouse, combined with her understanding of the installation is a resource that goes understated." (Photo by Trish Muntean/Fort Wainwright PAO)

Chaplain: Confidentiality and help at CFLC

Continued from page 1

sues, trauma, depression and infidelity can find help at the CFLC. "I want to learn what is giving birth to these things," Broedel said. "Is it injustice? Is it injury? Is it fear? What is it? There is a lot of raw emotion. I go through a lot of Kleenex here, in a good way."

Those suffering from PTSD have been helped at the CFLC. Broedel has seen and helped those who are having problems coping with what happened to them overseas and a woman who had been sexually assaulted. She processed through the experience and moved on.

Some are treated with Eye Movement Desensitization and Reprocessing. EMDR is a specialized procedure growing in use across the field of psychology partly because of the dramatic healing effects clients' experience. Sometimes described as talk-therapy

on steroids, EMDR quickly gets to the root of disturbing thoughts and feelings. Once the root insult, injury or trauma is exposed, dramatic healing often occurs. Unlike hypnosis, which is suggestive, EMDR draws out the poison within the psyche. The client is in control the entire time.

"In fact, they often report feeling empowered and freed," Broedel said. "Family Life chaplains are sometimes trained in EMDR and serve as liberators of the oppressed soul."

Just being a pastor does not qualify him to perform counseling services.

To be an Army chaplain, a person has to have a minimum education of a Masters degree in Theology or Divinity. Secondly they must have the endorsement of their denomination and have served at least three years in a local church setting.

To be a Family Life chaplain, Broe-

del was required to have an additional Master's degree in counseling psychology. He is currently pursuing state licensure as a Marriage and Family Therapist and credentialing as a certified trauma counselor.

Broedel emphasizes the only religion they will find at the facility is the one they bring through the door with them.

"I see atheists, I see agnostics, I see pagans, I see Christians of all flavors. There are over 200 different types of Christian denominations recognized by the Army for I.D. tags. I see Hindus, I see Buddhists. If you are a Soldier, an ID cardholder, you come see me. We will talk about what you want to talk about," he said.

For those worried about confidentiality, Chaplain (Maj.) Michael Allen, garrison chaplain, says there is no need to be.

One of the unique qualities which

chaplains bring to the table is confidentiality, he said. "Because chaplains walk beside others in their faith journeys and assist them in working out their faith; anything shared in confidence cannot be revealed outside of that confidential discussion."

Broedel says that he works for Col. Johnson and his job is to make sure the Soldiers' and Family members' needs are met so that they can focus on the mission.

"I see myself as a combat multiplier. If a Soldier is in distress, worried about his wife, worried about his kids, worried about his checkbook, he is not going to be focused on putting bullets downrange. I can help zero the target, zero the weapon."

The CFLC is located next to the Northern Lights Chapel. If you would like to talk to Chaplain Broedel, he can be contacted at 353-6112.

Fishing: Options for getting out in Alaska

Continued from page 3

or cabins, park your RV or set up a tent. They have four boats for deep-sea fishing trips, and can help you get set up for freshwater fishing trips if that is your preference. For more information, call them at 800-770-1858.

Valdez is located on the north shore of Port Valdez, a deepwater fjord in Prince William Sound. Valdez offers some of the best fishing, hiking and terrific potential for whale sightings. It is the southern terminus of the trans-Alaska oil pipeline. Eielson maintains camping trailers on-site in Valdez. The trailers are equipped with electrical power and

water. There are five you-drive boats available for fishing and sightseeing. The military recreation site is open from Memorial Day weekend through Labor Day weekend, weather permitting. For reservation information, visit the web page at www.eielsonservices.com or call Outdoor Recreation at 377-1232 or 377-1317.

The offices are closed Tuesdays and Wednesdays.

Also in Valdez is the Valdez Glacier Campground, 108 wooded campsites at the base of the majestic Chugach Mountains. Operated by the Fort Greely Outdoor Recreation Center, campers can watch mountain goats

graze on the steep slopes overlooking the campground.

Amenities include 87 standard camp sites with picnic tables and fire rings; 21 RV pads with 20/30amp hook-up; picnic tables; fire rings; potable water and dumpsite on location; six out-houses; shower/restroom facility and a day-use area with covered pavilion. Guided fishing trips from the Valdez harbor are affordable and can be reserved by calling 907-803-3695.

For a unique experience, try your hand at dip-netting at Chitina, several hours southeast off the Richardson Highway. Research it before your first try to ensure you have the proper

safety equipment for it and the knowledge of how it's done.

In addition to the free brochures at ADF&G's website, there are a number of books, including the Milepost, that list pull-outs and lakes along Alaska's roads. Regulations for the Tanana River Drainage area both upper and lower areas can be found at the following link. www.adfg.alaska.gov/static/regulations/fishregulations/PDFs/ayk/ayktanana.pdf

So get your license, your RAP and pack the car. Make sure you have everything you need to ensure the safety of everyone in your group. And happy angling.

11395655

VIVLAMORE/TUBBY'S

Climber profiles:

Staff Sgt. Trish McMurphy, U.S. Army Alaska PAO

Steven Decker

The Northern Warfare Training Center, the Army's premiere cold-weather and mountaineering school, has taught thousands how to, as its motto states, "battle cold and conquer mountains."

The Alaska-based school has also taught a select number of instructors to teach and lead those Soldiers throughout the years.

One of those Instructors, Steven Decker, joined the team in 2002 as an infantryman, and after retiring in 2005 with 20 years of military service, retained his position at the school as a civilian training specialist.

Decker, a Jacksonville, Fla., native, said he was first on assignment to Alaska in 1992, but was diverted and reassigned as an Army drill sergeant.

Finally, in 1998 after completing his drill duty, he said he was given his choice of duty assignment, chose Alaska and got the job at the NWTC by either fate or sheer luck.

"A guy fell off Moose Creek Bluff and broke his ankle," Decker said. "And I got the job!"

Two of Decker's passions, the great outdoors and training Soldiers, are now combined in a job that has kept him in Alaska for more than 10 years so far.

"I like skiing, climbing and anything outdoors," Decker said. "And I get to still go out and train Soldiers, something I have always enjoyed."

Decker said he had a background in cold-weather training and mountain climbing, climbing in such places as Colorado and Germany before coming to Alaska. Since he has been here, he has summited or made attempts on mountains like Rainbow Mountain, Institute, White Princess, Silvertip and McKinley.

Decker and five other instructors are currently attempting a summit of Mount McKinley, the tallest peak in North America, with an altitude of 20,000 feet above sea level. Decker is the only one in the team who has ever attempted and completed this climb before.

He said the team has been training since December, starting with the Cold Weather Leaders Course they teach at the school, and several climbs, some not as successful as they had hoped.

"We attempted White Princess, but it had bad avalanche conditions," Decker said, "and tried Silvertip, but there was a big nasty crevasse that we couldn't get around."

These setbacks did not stop the training.

We were able to get on top of Rainbow in March and skiing cross-country every day [to prepare for the McKinley summit]," Decker said.

Decker said he first summited the McKinley with friends from the Alaska Alpine Club.

"A bunch of us said 'let's do this'," Decker said. "So we did."

Since he had the knowledge and experience, Decker said the command at the NWTC thought he should be on the team and he accepted the challenge.

"We are just going to take it nice and slow," Decker said.



Steven Decker, civilian training specialist at the Northern Warfare Training Center.

Staff Sgt. Brian E. Bailey

Staff Sgt. Brian E. Bailey, a cavalry scout serving as an instructor at the Northern Warfare Training Center, said he joined the Army before 9/11 because "it was just the right thing to do."

"I wanted a fun, combat-arms job, and then get out and go to college—but I liked it so much, I stayed," Bailey said. "It's the best way to get an edge on life—to mature into a full-fledged adult."

The Batavia, Ohio, native has been in Alaska since 2004 and had dealt with the cold, but had not attempted skiing or rock climbing until he came to the courses offered at the NWTC.

He said he was interested in becoming an instructor and a friend of his teaching at NWTC encouraged him to go for it.

"I believe what we do here is a needed skill," Bailey said. "It's nice to teach technical and tactical skills that are both physically and mentally challenging."

"[Soldiers need to] be physically fit, very physically fit when they come to the courses here," Bailey said. "Be prepared for the amount of information you're going to get. There's not a lot of room for mistakes."

"When Soldiers come through and graduate and say they can use this in the future," Bailey said, "I feel I have accomplished something."

Being an instructor at the school has many other benefits besides the job satisfaction according to Bailey.

He said he likes "anything outdoorsy" and the NWTC gives him plenty of time to train and enjoy the outdoors in both the summer and winter seasons.

Bailey has had the opportunity to climb several mountains since being an instructor at the NWTC, such as Gunny Sack 1 and 2, White Princess and Rainbow Mountain.

This month, Bailey will be one of six NWTC instructors attempting to summit Mount McKinley, the highest peak in North America at more than 20,000 feet above sea level—higher than any of these instructors have climbed before.

"Putting our name—the Army name—on that hill, shows we are the best at what we do," Bailey said.

During the train up for the summit, the team used a hyperbaric chamber to experience what it would be like at the extreme elevations.

"It was interesting to get a feel of what a lack of oxygen is like," Bailey said. "They took us to a height higher than we will be and then down to 19,000 feet."

"It was like a bad hangover," he said. "I felt lethargic and unmotivated."

"How will this affect my performance? Will it affect how I tie a knot? How's my physical performance going to be affected?" were some of the questions that went through his mind while in the chamber, Bailey said.

Even after that sobering glimpse of the task ahead, he said, he's still up for the challenge and determined to make the climb.

"It's going to be a gut check," Bailey said. "I will have to keep toughing it out and not get discouraged."



Staff Sgt. Brian E. Bailey, cavalry scout and instructor at the Northern Warfare Training Center.

Sgt. Jacob Collins

One might be surprised that a native of Corinth, Texas, where temperatures never dip below 30 degrees and about two inches snowfall each year, finds joy in working in the frigid arctic mountains in central Alaska.

Sgt. Jacob Collins, an Army infantryman and instructor for the Northern Warfare Training Center, the Army's premiere cold-weather and mountaineering school, said he joined the Army because of boredom.

"I wanted to go airborne" Collins said. And he did just that.

It was this adventurous spirit and the love of the outdoors that helped guide Collins to where he is today.

"Fishing, skiing, climbing, hunting—outdoors and I am happy," Collins said.

Collins said he started rock climbing when he got to Alaska in 2006, and was able to attend the NWTC's Basic Mountaineering Course in the summer of 2007.

When Collins married after a tour to Iraq, his new bride asked him if he could get a job that would keep him closer to home.

He applied to the NWTC and was able to get duty as an instructor which he said has suited him just fine.

"I get paid to ski and climb for a living," Collins said.

He said one of his favorite parts of being an instructor at the school was getting a bunch of new inexperienced Soldiers and teaching them the skills to safely operate in the cold and mountainous regions of Alaska—skills they can take with them when they graduate.

"They are like your kids," he said.

"Be in shape and have a good mental attitude—don't be mentally weak," is the advice Collins offers to those planning to attend NWTC courses.

He said many people arrive with unreal expectations thinking the courses will be easy, but soon realize that this is not the case.

The rigorous training and climbing the various mountains in the area have helped prepare him for a climb he has wanted to do since he became an instructor, Collins said.

This month a team of six NWTC instructors, including the school's commandant, will attempt to summit the highest peak in North America, Mt. McKinley.

Collins said when his college friends found out about the climb they wanted to come and join him, but he had mixed emotions from his family.

"My mom thinks it's stupid and my wife hates mountains—but my dad thinks it's cool," he said with a grin.

Collins said the route the team will be taking is less challenging than he would like but could still be dangerous.

"There's nothing straight up," Collins said. "But if you take a fall, you are going for a long while. You just have to know what to do—watch the snow and read the terrain."

"Getting to the top you fight Mother Nature and it's a massive challenge," Collins said. "I think this will be cool. Just to be on the tallest mountain in North America, that's a feat within itself."



Sgt. Jacob Collins, Army infantryman and instructor for the Northern Warfare Training Center.

McKinley:

Continued from page 1

As the team climbs Denali, they rest at several camps along the way. At the 17,000 ft. camp, the elevation is expected to begin affecting the climbers and will mark the last camp until they reach the summit.

They are expecting the last leg of the climb to be the most strenuous and will have to conserve their resources for the climb down.



Clouds barely crest the peaks surrounding Mount McKinley. (Photo by Staff Sgt. Matthew E. Winstead/U.S. Army Alaska PAO)



U.S. Army Denali summit team's planned route to the summit of Mount McKinley.. May 25, the team moved supplies to Camp 5. May 29, team reached Camp 5. Track the Denali Climb on Facebook at <https://www.facebook.com/USArmyAlaska>. (Illustration courtesy/U.S. Army Alaska PAO)

Friday-1st

RICHARD SCARRY STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Saturday-2nd

WOMEN IN THE WILDERNESS CHENA FLOAT, 9 a.m., Outdoor Recreation Center, Building 4050. Fee is \$10. Call 361-6349.

LEAN, MEAN, COOKING TEENS, 10:30 a.m. to 1 p.m., Youth Center, Building 4109. Breakfasts. For 7 through 12 graders. Call 353-7713.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

BOATER SAFETY CLASS, 1 p.m., Outdoor Recreation Center, Building 4050. For more information, call 361-6349.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

POOL TOURNAMENT, 6 p.m., The Warrior Zone, Building 3205. Open to DoD cardholders age 18 and older. Call 353-1087.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Sunday-3rd

GOSPEL SERVICES, 9:45 a.m. Gospel Sunday school; 11 a.m. Gospel Worship service, Bassett Army Community Hospital, third floor conference room, Building 4076. Call 353-9825.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430. Call 353-9825.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107. Call 353-9825.

ATV SAFETY CLASS, 1 p.m., Outdoor Recreation Center, Building 4050. Open to participants 18 and older. Call 361-6349.

Monday-4th

YOUTH SERVICES WEEKLY SUMER CAMP: ALASKAN ADVENTURE with ORC, Mon-Fri 9 a.m. to 3:30 p.m., Youth Center, Building 4109. Call 361-5437.

SCHOOL AGE CENTER WEEKLY SUMMER CAMP AND FIELD TRIPS, School Age Center, Building 4166. Call 361-7394.

ROMP AND STOMP PLAYGROUP: GREAT OUTDOORS, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

UNITED THROUGH READING, 4 to 6 p.m., Post Library, Building 3700. Call 353-2642.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

SUMMER FUN LEAGUE REGISTRATION, Nugget Lanes Bowling Center, Building 3702. Call 353-2654. Registration open June 4 to 8.

BEGINNING LADIES SHORT GAME 2-DAY GOLF CLINIC, 6:30 to 8 p.m., Chena Bend Golf Course, Building 2092. Call 353-6223.

Tuesday-5th

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

TOWN HALL MEETING, Garrison civilian employees may choose to attend any of four town hall meetings this week. Col. Ronald M. Johnson, commander, Fort Wainwright garrison, will discuss the status of the Workforce Reshaping Program. The first two meetings are at 1:30 and 3:10 p.m. in the post theater in the basement of the headquarters building 1555 Gaffney Road. Fort Richardson Army Support Activity civilian employees at Joint Base Elmendorf-Richardson will be able to attend via teleconference at 1:30 p.m. Supervisors have more information or call 353-6780.

HOUR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

GROUP CYCLING CLASS, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

GOSPEL SERVICES BIBLE STUDY, 6:30 p.m., Bassett Army Community Hospital, Medical Library, Building 4076. For more information email ac2.claxton@us.army.mil.

Wednesday-6th

EARLY BIRD SHOOT, 9 a.m., Fischer Skeet Range, Building 1172. Call 353-1998.

FINANCIAL READINESS TRAINING FOR FIRST TIME SOLDIERS, 9 a.m. to 4 p.m., Post Library, Building 3700. Call 353-4223.

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

BOOT CAMP, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

MENS INTERMEDIATE/ADVANCE SHORT GAME GOLF CLINIC, 6:30 to 8 p.m., Chena Bend Golf Course, Building 2092. Call 353-6223.

Thursday-7th

TOWN HALL MEETING, Garrison civilian employees may choose to attend any of four town hall meetings this week. Col. Ronald M. Johnson, commander, Fort Wainwright garrison, will discuss the status of the Workforce Reshaping Program. Meetings are at 1:30 and 3:10 p.m. in the basement theater of the garrison headquarters, Building 1555. For more information, check with your supervisor, director, email pao.fwa@us.army.mil or call the Public Affairs Office command information chief at 353-6780.

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

ROMP AND STOMP PLAYGROUP: GREAT OUTDOORS, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

HOUR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

UNITED THROUGH READING, 4 to 6 p.m., Post Library, Building 3700. Call 353-2642.

GROUP CYCLING CLASS, 4 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

INTERMEDIATE/ADVANCED LADIES SHORT GAME GOLF CLINIC, 6:30 to 8 p.m., Chena Bend Golf Course, Building 2092. Call 353-6223.

FAMILY MOVIE NIGHT, 5:30 to 7:30 p.m. (dependent on movie length), Last Frontier Community Activity Center, Building 1044. All movies rated G or PG. Call 353-7755.

Friday-8th

EMOTIONAL COACHING, noon to 12:45 p.m., Last Frontier Community Activity Center, Building 1044. Childcare provided at no cost to those that pre-register. Call 353-7713.

WORLD OCEAN DAY STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

Saturday-9th

PARENT'S DAY OUT, 9 a.m. to 5 p.m., CDC I, Building 4024. Register by June 9. Cost is \$32 per child for full day, \$16 for half day. Call 353-7713.

QUARTZ CREEK ATV DAY TRIP, 8 a.m. Outdoor Recreation Center, Building 4050. Fee is \$75. Call 361-6349.

5K FUN RUN, 10 a.m., Physical Fitness Center Parking Lot, Building 3709. Registration begins at 9:30 a.m. Call 353-7223.

LEAN, MEAN, COOKING TEENS, 10:30 a.m. to 1 p.m., Youth Center, Building 4109. Lunches. For teens 7-12th Grade, Call 353-7713.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

TEXAS HOLD'EM, 6 p.m., The Warrior Zone, Building 3205. Call 353-1087.

Sunday-10th

GOSPEL SERVICES, 9:45 a.m. Gospel Sunday school; 11 a.m. Gospel Worship service, Bassett Army Community Hospital, third floor conference room, Building 4076. Call 353-9825.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430. Call 353-9825.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107. Call 353-9825.

ATV SAFETY CLASS, 1 p.m., Outdoor Recreation Center, Building 4050. Age 18 or older. For more information, call 361-6349.

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LEGAL NOTICES

Anyone having claims against or who is indebted to the estate of Pfc. Richard McNulty III, of Headquarters and Headquarters Company, 425th Brigade Special Troops Battalion, 4th Brigade Combat Team (Airborne), 25th Infantry Division, may contact 2Lt. James Lewis, 425th BSTB, 425th BCT, Joint Base Elmendorf-Richardson, Alaska 99505, or call 384-1347.

Anyone having claims against or who is indebted to the estate of Sgt. Brian Walker of Headquarters and Headquarters Company, 425th Brigade Special Troops Battalion, 4th Brigade Combat Team (Airborne), 25th Infantry Division, may contact 1Lt. Michael Paris, HHC 425th BSTB, JBER Alaska 99505, or call 230-8712.

YOUTH CENTER SUMMER CAMPS

Week three of the Youth Center summer week-long camps starts Monday. The week's theme is, "Adventure Alaska with Outdoor Recreation Center." Participants will experience outdoor activities under the sun. Learn how to navigate the land, kayak and canoe the rivers and much more to create memories of summer living in Alaska. An "Action Shots" photo and video exhibit will be given June 8 for Family and friends. Weekly fees vary from \$20 to \$58 based on income category. For more information, call 361-5437.

WEIGH TO STAY

Active duty weight control classes are offered at 8 a.m., the first Wednesday of every month at the Bassett Army Community Hospital, third floor conference room. For more information call 361-5146.

VETERAN WEIGHT MANAGEMENT

A weight management program, VA Move, is offered the first Thursday of every month with the Veterans Administration Clinic. There are no restrictions to who can participate in the VA Move class and a referral is not necessary to attend class. If you receive VA medical care, you are eligible. Call 361-6370 ext. 1 for more information or go online at www.move.va.gov.

ROAD CLOSURE

Due to ongoing hangar construction, Montgomery Road will be closed between Luzon Avenue and Santiago Avenue, June 11 through 24. The detour route will be Neely Road between Luzon and Santiago Avenues.

HYDRANT FLUSHING

Hydrants around post are being opened to allow water to flow through and reduce sediment in the lines. The semi-annual program will continue through early June. Flushing water mains can cause short-term water discoloration from iron deposits in pipes which by flushing at higher flow rates is scoured and removed from piping systems and washed out at the fire hydrants. The change of color is not harmful for drinking purposes and usually clears up within minutes. White laundry could be discolored. To help clear house and building lines of cloudy or "yellowish" water, open lines to kitchen sinks or bathtubs. If water discoloration continues after 6 p.m., contact the Doyon Utilities office at 455-1571; after hours call 455-1539.

PERSONAL IDENTIFIABLE SECURITY TIPS

The protection of information automation equipment and personally identifiable information is an issue that is the responsibility of all individuals. Loss of Army computers and personally identifiable information represents a security breach that adversely affects our Army. Personally identifiable information can be exploited not only by criminals, but also by our adversaries. Ask your security manager for the current security standards. Bottom line up front, protect them. Always limit personally identifiable information that you post to social networking websites. (Facebook, Myspace, etc) For more information contact your unit Antiterrorism Officer or the garrison ATO at 353-6094.

PRE-RETIREMENT BRIEFING

A monthly summary of retirement benefits for those who are one to two years from retirement, presented by Carlos Garcia, retirement services officer. To schedule Survivor Benefit Plan or SBP counseling and to register for the pre-retirement briefing call 353-2099.

SPONSORSHIP TRAINING

Remember what it was like when you moved for the very first time? Remember all the questions you had and the answers you didn't get? Be a sponsor and help another Family with relocating to Alaska. Classes are offered through unit requests. For more information call 353-4227 or 353-7908.

LIBRARY HOURS

The Post Library has new hours of operation. The library is open Monday through Friday from 10 a.m. to 6 p.m. For more information, call the Community Recreation Division, 353-7691.

FOR YOUR HEALTH CLASSES

Arctic Health Link provides classes on diabetes, cholesterol, hypertension and tobacco cessation classes which are offered monthly. For more information or to sign up for a class, call 361-4148.

OPEN BURNING PROHIBITED

Open burning is not permitted on Fort Wainwright property. Campfires, use of portable fire pits and outdoor fireplaces are prohibited in all areas including housing. For more information, call the fire safety inspector, Sarah Chapman at 353-9140.

RECREATIONAL SHOOTING

The Sports Fire Range is available for all active-duty military and DoD ID cardholders. The range is open weekdays 8 a.m. to 4 p.m., Wednesdays 4 to 8 p.m. and Saturdays 10 a.m. to 5 p.m. Military training has priority over all other range use. Fees do not apply for normal range use. For more information on safety training, requirements and availability of the Sports Fire Range, call range control, 353-1266.

FREE ELECTRONICS RECYCLING

Free electronics recycling for the public at the Alaska Waste Recycling Center, 3050 Phillips Field Road - West of Peger Road will take place the third weekend of every month on Friday and Saturday from 10 a.m. to 4 p.m. Individuals may drop off personal, consumer electronics no longer needed. For more information, contact Andrea Miller, executive director, Interior Alaska Green Star, at www.iagreenstar.org or 452-4152.

DIVORCE BRIEFING

Questions and concerns about divorce are addressed at weekly briefings offered by the Legal Assistance Office Tuesdays at 9 a.m. The divorce briefing is available to military members and spouses and is located in Building 1562 on the corner of Gaffney and Freeman Roads. For more information about legal services or an appointment, call 353-6534.

PREVENT ABUSE AND NEGLECT

Help for abused and neglected children is available locally and through a toll-free hotline. The 24-hour Child help National Child Abuse Hotline at (800) 4-A-CHILD and on post, call Army Community Service at 353-7317. If you suspect a child is being hurt or neglected, contact the local police. Tips and resources are available for parents, educators, caregivers and volunteers at www.myarmyonesource.com.

WANTED: CRIMINAL INVESTIGATORS

The United States Army Criminal Investigation Command commonly known as CID, is currently seeking qualified applicants to become highly-trained criminal investigators. Special agents are responsible for investigating felony-level crime of Army interest, conducting protective-service operations, and working with other Federal, state and local law enforcement agencies to solve crime and combat terrorism. To qualify, applicants must be U.S. citizens, be at least 21-years-old with at least two years of military experience but not more than 10, have no record of mental or emotional disorders and no record of unsatisfactory credit. Applicants must be able to speak and write clearly, have two years of college or at least 60 semester credit hours (fewer credits may be accepted if applicant meets remaining prerequisites), maximum grade of E-5 sergeant (non-promotable), be able to complete 60 months of service obligation upon completion of the Apprentice Special Agent Course. Soldiers with civilian or military law-enforcement experience are preferred, but it is not a requirement. To apply or for more information visit www.cid.army.mil or contact the Fort Wainwright CID office at 353-6213.

MILITARY CHILD, FAMILY THERAPY

Family members of active and retired military can consult the Child and Family Assistance Center for assistance with youth and Family issues. Individual and group therapy is available. Referrals are not required. For more information or an appointment, call 361-6284 or 361-6059.

CAFE OPEN

Chena Bend Café is open for the summer golf season. Under new management, the café is open 7 days a week. Their hours are 7 a.m. to 9 p.m. Friday through Tuesday and 7 a.m. to 7 p.m. Wednesday and Thursday. Offering breakfast, burgers, baskets, hot and cold sandwiches and more, the menu is available www.dwgrill.com. Call DW Grill and Catering for more information or to place an order at 353-6147.

CIVILIAN CLEARING

All employees terminating employment with the Department of the Army must clear post. Clearing or out-processing is required to ensure final pay is correct. For more information on clearing, contact the Civilian Personnel Advisory Center at 353-7208.

ARMY DISASTER PERSONNEL ACCOUNTABILITY AND ASSESSMENT SYSTEM

The Army Disaster Personnel Accountability and Assessment System is the Army's personnel accountability tool used in the event of a natural or man-made disaster. This web-based system is found at <https://adpaas.army.mil/> to account for active duty, Army Reserve, Army National Guard, Department of Defense civilians, NAF employees, overseas DoD contractors (to include Hawaii and Alaska) and Family members.

AUTO RESCUE OR SELF-HELP

Whether locked out or the vehicle needs towing, the Automotive Skills Center is at your service 24-hours a day. For towing and lock-out service, call 590-1716.

ALASKA POST SUBMISSIONS

To submit a photo, place an event or class on the calendar send an email to pao.fwa@us.army.mil no later than close of business Monday prior to the print week. The name of the event or class, date, time, location and a contact phone number must be included. For display advertising contact the Fairbanks Daily News Miner at 459-7548.

NEWS TIP LINE

Alaska post feedback: 353-6779

ALASKA POST HOME DELIVERY

Housing residents who no longer want home delivery of the Alaska Post should e-mail the Public Affairs Office at pao.fwa@us.army.mil or call 353-6780.

Available to GCI Cable subscribers on post



Watch for Current Facility Information and Special Community Events

Also find it online at www.wainwright.army.mil under the Command Channel 5 link.

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June 1, 2012

Climb: Flying Dragons support mission

Continued from page 1

52nd took a six-man team of climbers from the U.S. Army Alaska Northern Warfare Training Center to the base of Mount McKinley in the vicinity of the Kahiltna Glacier May 17 for the team's first attempt to summit the mountain in more than 12 years.

It's a milestone mission that could have only gotten off the ground with the transportation assistance from the 1-52nd.

In planning for the insertion mission, the leaders and pilots of the 1-52nd had to apply special considerations to deal with the mountain's arctic conditions.

"Missions in the arctic re-

quire special planning," said Capt. Logan Collins, commander of A. Co., 1-52nd. "Aircraft power output and the weight of the air have to be considered into your factoring or you'll end up with a crashed bird."

In addition to the careful planning the 1-52nd adapts their aircraft for the Alaskan

terrain. Large flat ski-like additions to the landing gear help the aircraft land in both snowy regions as well as the soft marshy arctic bog land known as muskeg.

"Without these skis, we'd easily sink into the soft muskeg," Collins said.

With all of the equipment

additions and contingency planning, the members of the 1-52nd are ready, able and motivated to meet any task, condition or challenge presented to them and will be on standby to assist the Denali team with any contingency that may arise during their mission to the top and back.



Three UH-60A Blackhawks from 1st Battalion, 52nd Aviation Regiment land to pick up passengers May 17 at the Denali National Park Service Office and airstrip. (Photo by Staff Sgt. Matthew E. Winstead/U.S. Army Alaska PAO)



A UH-60 Black Hawk crew chief from 1st Battalion, 52nd Aviation Regiment prepares for a flight May 17 at Fort Wainwright. (Photo by Staff Sgt. Matthew E. Winstead/U.S. Army Alaska PAO)

Memorial Day is a day to honor the fallen, remember those who served

Commentary by Allen Shaw, Fort Wainwright PAO

The daily struggle for James Earl Luce is over but he fought to the bitter end, like any true military man.

Luce was homeless, he had no known next-of-kin, the only thing he owned were the clothes on his back, but he had honor; he was a veteran of the United States Marine Corps.

Did anybody remember James Earl Luce on Memorial Day? He died recently, was cremated and ashes placed in a plain black box. Luce's remains were then given to the nurse who took care of him as he died. Sandra Doyle of Caring Bridges Assisted Living felt he deserved more.

Doyle searched and finally found assistance from a U.S. Marine Corps unit assigned to Joint Base Elmendorf-Richardson who flew to Fairbanks to give this veteran a proper send-off. 1st Sgt. Matthew Fouss, I-I Staff, Company D, Anti-Terrorism Battalion, USMC, led an honor guard that performed the necessary task. "We provided honors for Mr. Luce," said Fouss, "that included a flag-folding, presentation and bugler for TAPS."

If not for the effort of Doyle, Luce, a veteran who served his nation and then spent most of his life on the streets would have passed without notice and would only be remembered by those who cared for him at the end.

On Memorial Day we honored our Fallen Heroes who paid the ultimate price so we can be free. We remembered those who served and how they changed our lives. We paid tribute to all Americans who proudly wore the uniform and have now passed on, but we also need to remember those like James Earl Luce.

Reflect on the rights and freedoms we enjoy, thanks to all the brave men and women who raised their right hands to defend.

The United States Department of Veterans Affairs estimates that 131,000 veterans are homeless on any given night and nearly twice that many experience homelessness over the course of the year. It is said that conservatively, one out of every three homeless men sleeping in a doorway, alley or box in our cities and rural communities has put on a uniform and served this country.

According to the National Coalition for the Homeless, three times the number of those currently homeless veterans are struggling with excessive rent burdens and are at an increased risk of homelessness in the future.

Another concern is the growing number of women veterans and those with disabilities including post traumatic stress disorder and traumatic brain injury are more likely to become homeless, and a higher percentage of veterans returning from the current conflicts in Afghanistan and Iraq have these characteristics.

Yes, it was especially important to honor the 21 Soldiers from the 1st Stryker Brigade Combat Team, 25th Infantry Division who recently gave their lives during Operation Enduring Freedom in Afghanistan 2011 to 2012 and all service men and women who have died as war-fighters. But it is also important not to forget those who have served and died, as well as those who served and suffered. Please remember there are Soldiers, Airmen, Sailors and Marines who may no longer be in a combat situation, but continue to battle something, somewhere, every day.

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FAIRBANKS NORTH STAR BORO
AK POST/TRACK & FIEL
4 x 5.0

50396757
ALASKA FUN CENTER
SALES
AK POST/THE POWER OF
2 x 5.0
RED