

ALASKA POST

Home of the Arctic Warriors

Vol. 2, No. 47

Fort Wainwright, Alaska

November 25, 2011

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GI JANE



Being ambassadors of military life.

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SKI SEASON IS HERE



Birch Hill Ski and Snowboard Area opens today.

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WEEKEND WEATHER

Friday

Cloudy
Low -35 High -15
Light winds

Saturday

Mostly cloudy
Low -30 High -20

Sunday

Mostly cloudy
Low -25 High -15

Forecast courtesy of the National Oceanic and Atmospheric Administration

Stryker Brigade casualties identified

Staff Report, U.S. Army Alaska PAO

Two Soldiers assigned to the 1st Stryker Brigade Combat Team, 25th Infantry Division at Fort Wainwright died Nov. 16, in Kandahar Province, Afghanistan, of injuries sustained when insurgents attacked their unit's mounted patrol using an improvised explosive device. Three other Soldiers from the brigade were wounded in the same incident.

Spc. James R. Burnett, 21, of Wichita, Kan., (shown as Pfc. Burnett in courtesy photo) and Pfc. Matthew C. Colin, 22, of Navarre, Fla. (shown as Pvt. Colin in courtesy photo) were assigned to the 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division at Fort Wainwright where they served as infantrymen.

Burnett joined the Army in April 2008, completed basic training at Fort Benning, Ga. and arrived at Fort Wainwright in August 2010.

Colin joined the Army in February



Spc. James R. Burnett



Pfc. Matthew C. Colin

2010, completed basic training at Fort Benning, Ga. and arrived at Fort Wainwright in September 2010.

The 4,000-Soldier brigade began

deploying to Afghanistan in mid-April for a one-year tour in support of Operation Enduring Freedom.

The next of kin have been notified.



Leaders from Fort Wainwright and U.S. Army Alaska reaffirmed their commitment to Army Families by signing the Army Family Covenant Monday at the ribbon cutting ceremony for the School Age Center. From left, Col. Ron Johnson, Fort Wainwright garrison commander, Command Sgt. Maj. Harry (Wayne) Jeffries, incoming garrison command sergeant major; and Maj. Gen. Raymond P. Palumbo, USARAK commander and Command Sgt. Maj. David Turnbull, USARAK command sergeant major. (Photo by Trish Muntean/Fort Wainwright PAO)

Army Family Covenant signed; School-age facility ribbon cutting ceremony

Trish Muntean, Fort Wainwright PAO

Leaders from U.S. Army Alaska and the garrison reaffirmed their commitment to military Families by once again signing the Army Family Covenant at the ribbon cutting ceremony for the new School Age Center Monday. Approximately 60 people attended the event.

The Army Family Covenant expresses the Army's commitment to caring for Soldiers and Families by providing a strong, supportive environment where they can thrive and that enhances their strength and resilience. It brings focus to programs, services, and initiatives essential to preserving an all volunteer force.

I think it is important and critical for our Soldiers and Families to know that even during these fiscally rough times the Army is making a commitment to making sure they are supported, Col. Ron Johnson, garrison commander said about the Army Family Covenant. "Army Families are our most critical resource."

See COMMITMENT on page 4

Afghan National Police restore peace to Dand district

Sgt. Thomas Duval, 1-25th SBCT PAO

On most days, wet or dry, Afghan children in the Dand district can be found playing tag or helping their Family transport a herd of cattle from one location to the next.

Along the children's path, dressed in a faded blue uniform, members of the Afghan National Police provide security for the children and their Families, often times stopping them to ask how their day is or to join in on a friendly game of kick ball.

Much like the children, members of the ANP can be found with a smile on their face.

For the people, here, life is enjoyable and most of the time safe- a far stretch from where the district was less than six years ago.

According to Afghan National Army district commander and a twenty-six year veteran of local security efforts, Rahmad Ulla, the Taliban would make threats daily to decapitate any innocent Afghan civilians who chose to support the local Afghan National Security Forces and in some cases held true to their word.

Despite the constant threats by the Taliban, Ulla said the community continued to support the ANP and other ANSF organizations and helped him increase his force.

"The Dand district police have good connections with the people," he said. "We trust the people and the people are trusting in us."

The working relationship between the people of Dand, ANP and the local Afghan National Civil Order Police helped decrease the Taliban presence and their threats in Dand making the success of the local ANP the standard across all of Afghanistan, Ulla said.



A member of the Afghan National Police helps pull security alongside Pfc. Donnie Brown, an Infantryman assigned to the Security Forces Assistance Team, 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division during a patrol in a local village in Dand district, Kandahar, Afghanistan, Nov. 15. Brown and the SFA team are working side by side with local ANP to maintain the already high level of security for the people of the Dand district. (Photo by Sgt. Thomas Duval/1-25th SBCT PAO)

"We are committed to doing our best," Ulla said. "Our good connections continue to lead to success and it shows the Dand people want to ensure their security."

See SECURITY on page 5

17389406
SN/ BIRCHWOOD HOMES

The Army's commitment to our Families remains strong



Maj. Gen. Raymond P. Palumbo,
commander U.S. Army Alaska

This week, Command Sgt. Maj. David Turnbull and I were joined by Col. Ron Johnson and Command Sgt. Maj. Harry Jeffries to re-sign the Army Family Covenant for Fort Wainwright and participate in a ribbon cutting ceremony for the new School Age Center.

This is a great facility and its construction represents just one of the many initiatives over the last four years that have demonstrated the continued commitment our Army has towards providing our Army Families with the support they deserve.

The Army Family Covenant was originally unveiled Oct. 8, 2007, to represent the Army's commitment to providing Soldiers and their Families with a quality of life commensurate with their service and sacrifice.

The Army Family Covenant is a contract between the Army and the community. It represents something tangible for our Soldiers and Families. This covenant recognizes the sacrifices of our Army Families and that the strength of our Soldiers comes from Strong Families.

Last month, the Army's top leadership renewed the Army Family Covenant with a signing ceremony by Secretary of the Army John McHugh, Chief of Staff of the Army Gen. Raymond Odierno and Sgt. Maj. of the Army Raymond Chandler III at the Association of the United States Army annual conference.

The Army's goal is to create conditions in our communities that foster growth and self-reliance for every Family while reducing stress. I truly believe the Army Family Covenant does just that.

We all watch the news and read the headlines and in doing so, cannot help but have concern for how projected defense budget cuts may affect the programs and services we have become accustomed to as part of the Army Family Covenant. Many of you may be wondering whether or not the Army will be able to keep its promises.

In light of these concerns, I believe it's important for all of us to acknowledge that we will likely face challenges, but the Army's commitment to its Soldiers and their Families will endure.

Like every other government organization, every business and every Family, we must take a close look at the use of our resources during this time of fiscal uncertainty. We have to determine the most efficient, most effective ways to provide support in the areas of greatest need.

We will continue to evaluate the wide variety of programs and services that our installations have to offer, find out where we have gaps and where we have redundancies, listen carefully to all of you and make critical decisions on how to best support our Army Families within the constraints of our budget.

While the Army works to adjust to a new fiscal reality, we reaffirm our commitment to continuing to provide Soldiers and Families with quality programs and services to support your daily lives and sustain your well-being.

I would like to personally express my gratitude to each of our Army Families for the sacrifices you make for our country every day. We will continue to face our share of challenges, but I am absolutely confident that our Strong Families will meet these challenges and remain as resilient as ever.

Arctic Warriors!

Time for thanks

Commentary by **Linda Douglass**, Fort Wainwright PAO

Bright Christmas lights adorn trees and stores. Local merchants pipe Christmas music across their intercoms in an attempt to entice shoppers to spend, spend, spend on items that have been heavily advertised for weeks.

All of this is normal for the Christmas season. But there is something missing – what happened to Thanksgiving?

When I was growing up, Thanksgiving and Christmas were two distinctly separate holidays.

Thanksgiving was a time for the extended Family -- grandparents, aunts, uncles and cousins -- to get together for a mouth-watering meal at Grandma's house. My grandmother, mother and aunts spent the morning in the kitchen preparing the feast while we kids watched the Macy's Thanksgiving Parade on television. As the Family grew, we moved across the street to the social hall at the fire station. Eventually the gathering included our spouses and children. It was my very favorite holiday.

It was a special day, full of love and Family traditions, and it never ended until my grandfather serenaded us with a few songs on his old fiddle.

These days we are bombarded with television commercials pushing Christmas albums in September. We are told to finish

our Christmas shopping early. And the old Christmas movie classic, "It's a Wonderful Life," begins its television run on Thanksgiving Day.

Thanksgiving has become an extension of Christmas, and is fast losing its meaning and its identity as a separate holiday.

The Pilgrims celebrated the bounty of their new home by inviting their Native American neighbors to a special dinner and giving thanks for their newfound freedom of religion and their health and safety in a land far from the homes they had left.

Don't misunderstand me – I love Christmas. The lights, the music, the mellow moods of everyone around me seem to bring out the best in people (including me). But it's still a month away.

Instead of beginning our Christmas holiday, we should celebrate all the things we have. Let's take a day to be thankful for our Families, our health and our friends.

Let's take some time to consider all the good things in our lives. We have our loved ones and our good health. We have the great opportunity to visit different parts of the world we may not otherwise be able to see. We have rights guaranteed us by the Constitution that people in other countries cannot begin to imagine. We have a standard of living far above that of people

Medical Department Activity - Alaska

Col. George Appenzeller, MEDDAC-AK commander



Winter health and safety

As I look out my window through the ice fog and see the temperature on the thermometer continue to drop, children heading to the bus without hats and the shelves of the stores lined with cold medicine, I know emergency room visits will begin to increase.

Cold and flu symptoms are the number one reason for ER visits. The most effective way to avoid most winter illness is through good hand washing, covering your coughs and sneezes with the hollow of your elbow, dressing in proper clothing and staying hydrated. The flu vaccine is also a great prevention method. Even though the cold and flu may be miserable, the majority of treatment for these illnesses is supportive, meaning treatment of symptoms and watching for more serious illness.

To assist you, Medical Department Activity-Alaska offers an on-line education program that orients you to self-care options. This program can be done three ways. First it can be done online. Go to www.alaska.amedd.army.mil and click 'Online Education.' A second option is to come to the library at Basset and review the course there. We also have the ability to bring the course to Family Readiness Groups or other groups on post. After reviewing the course information and passing a short test, you will receive a "Take Care of Yourself" book and the ability to obtain over-the-counter medications from our pharmacies free of charge and without an appointment or trip to our emergency room. An additional source for self-care information for the flu can be found at www.flu.gov.

Weather related injuries are also a major reason for clinic and ER visits and there have been several cases of frostbite this year already. The first step to prevent these injuries is dressing appropriately for conditions. Choose your clothing carefully and dress in layers to stay warm despite the bitterly cold weather. In addition to the added warmth, dressing in layers makes it easier to avoid becoming overheated – simply remove layers if you get too warm. It is important for parents to monitor what their children are wearing and especially to ensure infants and toddlers are appropriately dressed before heading out into the cold.

Another major source of injuries is falling. Remember, no matter how well snow and ice are removed from parking lots or sidewalks, some slippery surfaces will remain. Taking the simple precaution of wearing appropriate footwear and traction aids can prevent unplanned visits to the emergency room. Additionally, remember to protect yourself when participating in winter sports. Wear appropriate safety equipment, such as helmets, to protect you in the event of a fall.

Driving presents a variety of challenges during an Alaska winter. Now is the time to ensure your vehicle is ready. Part of vehicle readiness is an emergency kit containing critical items including warm clothing, blankets, food, water, and safety equipment (flashlight, flares, etc). Whether traveling by vehicle or foot, you must give yourself plenty of time to get places. If you are hurrying, you are putting yourself at increased risk for injury.

During the winter months, not all the hazards are outside the home. Indoors, carbon monoxide poisoning can result from a malfunctioning gas water heater or furnace, or an unvented kerosene or gas space heater. In the garage, carbon monoxide can build up if the garage door is closed while a car or generator is running. Babies, older adults and people with anemia or heart or lung disease are especially at risk for carbon monoxide poisoning. Symptoms include shortness of breath, mild nausea, headache, dizziness, confusion and fainting. Check and service your equipment regularly and install carbon monoxide detectors in your home. These simple preventive measures will protect you and your Family.

Alaska is beautiful this time of year and simple planning and precautions can help keep you and your Family safe while you enjoy its wonders.

ALASKA POST

Home of the Arctic Warriors

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around the world.

This year, let's not let the commercialism of Christmas obscure Thanksgiving. As we sit down to dinner, let's remember what Thanksgiving really is, and give thanks for all that we have.

I miss those family Thanksgivings, and often wish I lived closer to home. But I will phone my sister's house where the Family will gather, and I'll talk with all of them. I'll see my daughter and granddaughters. And I'm thankful for those opportunities.

I ask you to join me in a prayer of thanksgiving that most of our Fort Wainwright Soldiers will be back by this time next year.

I also ask you to join me in a prayer for the safety and well-being of all of our USARAK and American Soldiers from around our armed forces who are still deployed – and for their Families as well.

And say one more heartfelt prayer for those Soldiers we've lost and especially for their Families, that they may find some comfort in their loved ones and friends.

This year I ask you to set the December holidays aside for a brief while. Forget about them for this week. Focus on Thanksgiving. Think about all you have and take a few minutes to give thanks for those blessings.



GI Jane, Alaska Post Contributor

GI Jane: An ambassador in her own right

After attending a recent training session I found myself pondering the definition of an ambassador. The idea behind the use of the word for the purposes of this particular training was to encourage each of us to consider how in our service as volunteers we are considered ambassadors. So, what is an ambassador? Webster defines one as “an authorized representative or messenger” or “an unofficial representative traveling abroad as ambassadors of goodwill.” www.merriam-webster.com/dictionary/ambassador.

It is easy to recognize our Soldiers as ambassadors for our military, as well as for our country, in the job and responsibilities that they have.

While we, on the other hand, as military spouses are not authorized representatives for the Army, we do serve as ambassadors in our communities. Whether we want to be, or even recognize that we are ambassadors, we do serve as representatives of the military, military Families, our Soldiers and even our country at times. Too often the impression and opinion that people have of our Soldiers and their Families is grossly misrepresented by individuals who neglect to recognize their responsibility as ambassadors for themselves, their Soldiers, the military and ultimately our country.

Have you ever met someone new outside the post gates and noticed that in the course of a generally pleasant conversation something changed

as soon as you mentioned that you were a military spouse? I've experienced this. When the conversation changed from what the local schools are like or where the best place is to get your hair done to how Soldiers cause so much trouble in the community or that military spouses are so rude and can't control their children and on and on, I know I'm dealing with someone who has had a bad experience. I'm sure that these complaints are not true of you or most GI Janes and Soldiers you know, but somewhere along the line that disgruntled community member met a Soldier or military spouse who portrayed these negative perceptions to them. Fair or not, and like it or not, we can all fall victim to being stereotyped. But, by being mindful of the fact that we really are ambassadors in our communities, we can fight against any negative perceptions that exist out there.

So, the next time you are in a store and the clerk is having a bad day, maybe even sharing that bad day with you, keep in mind that we all have a choice in how we respond. Even simple things like how we ask for a military discount and react to store clerks can go a long way toward showing our friends in the community who we really are.

The next time your military pay gets messed up, remember that complaining about it loudly at a restaurant is not the place. Also, if you feel the urge to cut people off in traffic, remember that your post sticker and your “I <3 my Soldier” bumper sticker identify you as a military spouse and may affect the way that people see military members.

Whether we are stationed at home or overseas, we should always be conscious of what our words and actions portray to others, not only about us as individuals, but as military spouses and Americans. So, my fellow GI Janes, we really are ambassadors. We have the incredible responsibility of showing the very best of Soldiers and Families to those we encounter. And, Christmas shopping the day after Thanksgiving might just be the perfect opportunity to try this out.

Editor's Note: The Alaska Post features the GI Jane column every other week. GI Jane is a composite character of many different military spouse contributors and offers a wide variety of viewpoints and perspectives. We would like to hear from readers. Submit column ideas and feedback to pao.fwa@us.army.mil.

17390428
NORTH STAR DANCE
AK POST/NUTCRACKER
2 x 3.5

17390416
SN/ TV CLINIC
AK POST/DIABETES CLI
4 x 3.0

16391552
FAIRBANKS PUBLISHING
AK POST/NP GROUP-AP
6 x 10.5
RED

COMMITMENT: To Army Families remains strong

Continued from page 1

He also said that he thinks the new center will mean the world to the Families of this community and that they will recognize that the Army has made a commitment to them, to support them.

A facility such as the SAC is very important to take care of our Families, said Maj. Gen. Raymond P. Palumbo, USARAK commander about the new center.

If we can take care of the kids and reduce the stress here, that allows our Soldiers to focus on their job while they are deployed, he said.

"It is a more modern facility," Mary Jo Lohrenz, Director of Family and Morale, Welfare and Recreation said. "We are going to be able to take more children than we did in the old facility; offer more programs and services. It is just going to be a lot more customer friendly for the children to be able to come here and be in a safe environment."

The completion of the \$17 million, 22,924 square foot facility building was not without challenges, said Tim Sponseller, engineering division chief for the post's Department of Public Works.

This was because of the intermittent permafrost and that it was being built for use by children, he said.



Children from the School Age Center assisted Col. Ron Johnson, Fort Wainwright garrison commander with the ribbon cutting for the new facility. Also present, from left were Major General Raymond Palumbo, U.S. Army Alaska commander, Debra Zedalis, Pacific Region Installation Management Command director and Col. Reinhard Koenig, U.S. Army Corps of Engineers, Alaska District commander. (Photo by Trish Muntean/Fort Wainwright PAO)

The School Age Center is certified to operate by the Department of Defense and has been nationally accredited by the National After School Association since June 2001. Still located on Neely Road, now closer to the elementary school, SAC programs

are part of the Child, Youth and School Services, a division of the Family and Morale, Welfare and Recreation directorate.

There is a homework lab, a technology lab, a library area for reading and relaxation, two designated areas for kindergartners, a waiting area for parents, areas dedicated to science and the performing arts and more.

The center continues to offer after school programs as well as 4-H and Boys and Girls of America programming for up to 195 children, a winter, spring and summer camp, hourly care and a kitchen.

The SAC also offers a citizenship and youth sponsorship program.

Jordan Lewis, the director of the School Age Center said the citizenship program consists of Promise Passport which involves children within the community by volunteering and participating in the Youth Sponsorship Program, which is designed to offer newcomers to the Post an orientation of what's happening on Fort Wainwright and the Fairbanks community.

He said he was proud of his staff and what they have accomplished, not just in preparing for the ceremony, but in the day to day operations as well.

"It is a team effort," Lewis said about the success of the program.

12390262

MCKINLEY POLARIS
AK POST/HOLIDAY
2 x 7.0

16391546

KNOTTY SHOP
AK POST/OPEN HOUSE
2 x 7.0

18389349

PURE ESSENTIALS DAY SPA
AK POST/TUES/WED SPE
2 x 2.0

50388402

ALASKA FUN CENTER SALES
AK POST/HOW MUCH CAN
2 x 5.0
RED

21387273

FAIRBANKS PUBLISHING
AK POST/GBREAD 2011
6 x 6.0

SECURITY: Afghan National Police and 1-25th restore peace

Continued from page 1

In addition to their continued partnership with the Afghan people, Ulla said, the training of ANSF by International Security Assistance Forces has also helped lead to better planning and overall mission success.

He credits the two security initiatives with recently helping find three rocket-propelled grenade launchers, which he suspects were meant to target ISAF forces.

In addition to confiscating the three RPG's, the local ANP have also jailed four suspected murders' and



Members of the Afghan National Police provide security for an entry control point at the Dand District Center in southern Kandahar, Afghanistan Nov. 14. (Photo by Sgt. Thomas Duval/1-25th SBCT PAO)

"The ISAF trained our police and now our police know the law," Ulla said. "They helped us and now the Dand police have a good policy and a good plan."

Part of the 'good plan' included putting in place three additional checkpoints. The checkpoints allow for the ANP to monitor the people coming in and out of areas, facilitating routine searches to take place further limiting the Taliban's mobility, and eliminating the transportation of homemade explosives.

The Dand ANP also put into place a registration system that is used to document and register each individual vehicle and person. Ulla said the system helps the ANP track what is coming and going and helps identify any suspicious activities, personnel or movements.

closed more than 15 terrorist cases in recent months; a success the ANP shares and celebrates with the local Afghans they protect.

"We have seen a lot of improvements since training with the ISAF and we are performing our jobs daily," said Samardin, a member of the ANP. "Most important we want to serve our country and protect the people."

Samardin and Ulla hope that the ANP's ability to independently lead security operations will help ISAF meet the 2014 drawdown deadline. More importantly, they hope their efforts will allow the Dand children to continue enjoying their childhood in hopes that some day they will also stand wearing the faded blue uniform offering a friendly smile to those who pass.

Fort Wainwright Garrison change of responsibility



Col. Ronald M. Johnson, commander, United States Army Garrison Fort Wainwright (center) presides over the change of responsibility ceremony between outgoing Command Sgt. Major Todd E. Wentland (left) and Command Sgt. Major Harry (Wayne) Jefferies (right) at the Last Frontier Community Activity Center Tuesday. Wentland is retiring from active duty after serving in the Army for 27 years. (Photo by Brian Schlumbohm/Fort Wainwright PAO)

Fired up at Birch Hill Ski and Snowboard Area



Brian Stillie, recreational equipment operator, Directorate of Family and Morale, Welfare and Recreation at the Birch Hill Ski and Snowboard Area fires up a bonfire during open house Nov.19. Soldiers and Family members attended the event to learn about programs offered this season while enjoying entertainment and activities. Marshmallows, chocolate bars, graham crackers and sharpened willow sticks were provided for patrons to construct a time-honored goodie around the campfire. The Birch Hill Ski and Snowboard Area, and the Fischer Skeet Range are scheduled to open today if temperatures cooperate. For information call 353-7053 or visit www.facebook.com/birchhill.ftww. (Photo by Allen Shaw/Fort Wainwright PAO)

Pass the turkey and turn on the TV: That's what I'm talking about

Allen Shaw, Fort Wainwright PAO

Thanksgiving weekend in the National Football League is traditionally when the serious playoff run begins and everyone speculates what would happen if the regular season ended today. The Broncos, Titans, Jets and Bills are in the hunt on the American Football Conference side sitting at 5 and 5. In the National Football Conference the Falcons and Giants are lurking with 6 and 4 while the Seahawks and Buccaneers remain hopeful even at 4 and 6.

As for wild-card contenders the Bengals, Patriots, Steelers and

Raiders have a good chance in the AFC, while the Bears, Lions, Cowboys and Saints are eye-balling a third or fourth seed. Clear division favorites at this point are the Baltimore Ravens and Houston Texans in the AFC, while the San Francisco 49ers and the Green Bay Packers have a solid chokehold on a play-off spot in the NFC.

Denver definitely moved in the right direction this week beating the Jets 17-13. Baltimore continued to dominate with a 31-24 victory over the Bengals and Detroit pounced back defeating

Carolina 49-35. The Browns beat Jacksonville 14-10, Green Bay remained undefeated with a 35-26 win over Tampa Bay and Miami stunned Buffalo 35-8. The Raiders beat the Vikings 27-21, Dallas beat Washington 27-24 and San Francisco added to the win column with a 23-7 victory over Arizona. Seattle snagged a 24-7 win over St. Louis, Atlanta beat the Titans 23-17 and although Chicago lost quarterback Jay Cutler due to a broken thumb, they defeated the Chargers 31-20. The Eagles stopped a last ditch effort Sunday

night to beat the Giants 17-10 and New England put a 34-3 hurting on the Chiefs Monday night.

Things continued to tighten in the battle of Alaska Post pickers as two of the top dogs missed out on a couple close ones. Bear and Tate each posted 9 and 5, while Brain jumped a couple notches with 12 wins. A-Team took one step forward with 11 wins and 4 losses, while Jones Bros, BrowBrose and Urbi posted a big 10-4 good buddy. Have a Happy Thanksgiving weekend - that's what I'm talking about.

Week 12 in the Alaska Post football series



Bear
111 Wins / 49 Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: BAL
MIN @ ATL: ATL
HOU @ JAC: HOU
CLE @ CIN: CIN
CAR @ IND: IND
BUF @ NYJ: NYJ
WAS @ SEA: SEA
CHI @ OAK: CHI
NE @ PHI: NE
DEN @ SD: SD
PIT @ KC: PIT
ARI @ STL STL
TB @ TEN TB
NYG @ NO: NO



Brain
102Wins / 58Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: BAL
MIN @ ATL: ATL
HOU @ JAC: HOU
CLE @ CIN: CIN
CAR @ IND: CAR
BUF @ NYJ: BUF
WAS @ SEA: SEA
CHI @ OAK: CHI
NE @ PHI: NE
DEN @ SD: SD
PIT @ KC: PIT
ARI @ STL ARI
TB @ TEN TEN
NYG @ NO: NO



A-Team
99 Wins / 61 Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: BAL
MIN @ ATL: ATL
HOU @ JAC: HOU
CLE @ CIN: CLE
CAR @ IND: IND
BUF @ NYJ: NYJ
WAS @ SEA: SEA
CHI @ OAK: OAK
NE @ PHI: NE
DEN @ SD: DEN
PIT @ KC: PIT
ARI @ STL ARI
TB @ TEN TEN
NYG @ NO: NO



Steve Tate
99 Wins / 61 Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: SF
MIN @ ATL: ATL
HOU @ JAC: JAC
CLE @ CIN: CIN
CAR @ IND: IND
BUF @ NYJ: BUF
WAS @ SEA: SEA
CHI @ OAK: OAK
NE @ PHI: NE
DEN @ SD: DEN
PIT @ KC: PIT
ARI @ STL ARI
TB @ TEN TB
NYG @ NO: NO



Jones Bros
98 Wins / 62 Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: SF
MIN @ ATL: ATL
HOU @ JAC: HOU
CLE @ CIN: CIN
CAR @ IND: CAR
BUF @ NYJ: NYJ
WAS @ SEA: SEA
CHI @ OAK: CHI
NE @ PHI: NE
DEN @ SD: DEN
PIT @ KC: PIT
ARI @ STL STL
TB @ TEN TEN
NYG @ NO: NO



BrowBrose Salsa
97 Wins / 63 Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: SF
MIN @ ATL: ATL
HOU @ JAC: HOU
CLE @ CIN: CIN
CAR @ IND: CAR
BUF @ NYJ: NYJ
WAS @ SEA: WAS
CHI @ OAK: OAK
NE @ PHI: NE
DEN @ SD: SD
PIT @ KC: PIT
ARI @ STL STL
TB @ TEN TEN
NYG @ NO: NO



Ed Urbi
92 Wins / 68 Losses

GB @ DET: GB
MIA @ DAL: DAL
SF @ BAL: SF
MIN @ ATL: ATL
HOU @ JAC: HOU
CLE @ CIN: CIN
CAR @ IND: CAR
BUF @ NYJ: NYJ
WAS @ SEA: SEA
CHI @ OAK: OAK
NE @ PHI: NE
DEN @ SD: SD
PIT @ KC: PIT
ARI @ STL STL
TB @ TEN TEN
NYG @ NO: NYG

12387036

FAIRBANKS ICE DOGS/ARCTIC

what is it? when is it? where is it? **find it here!**

Friday - 25th

KARAOKE FRIDAYS, 8 p.m. to midnight, Nugget Lanes Bowling Center Gold Rush Lounge, Building 3702. Call 353-2654.

BIRCH HILL SKI AND SNOWBOARD AREA, opens at noon, earlybird sale on season tickets start at 11:30 a.m. Call for ski conditions at 353-7053 or visit www.facebook.com/birchhill.ftww.

Saturday - 26th

STILES CREEK SNOWMACHINE RUN, 8 a.m. to 5 p.m., Outdoor Recreation Center, Building 4050. Cost is \$50. Open to participants ages 18 and older. Call 361-6349.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Center, Building 1044. Call 353-7755.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

OPEN ICE SKATING, 1:30 to 4 p.m., Physical Fitness Center ice rink, Building 3709. Call 353-7223.

Sunday - 27th

OPEN ICE SKATING, 1:30 to 4 p.m., Physical Fitness Center ice rink, Building 3709. Call 353-7223.

GOSPEL BOWLING, 11 a.m. to 3 p.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Monday - 28th

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

CYSS BABYSITTER'S COURSE, 2 to 3:30 p.m., Youth Center, Building 4109. Call 361-7713.

Tuesday - 29th

CYSS BABYSITTER'S COURSE, 2 to 3:30 p.m., Youth Center, Building 4109. Call 361-7713.

Wednesday - 30th

HOOR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

ANGER MANAGEMENT, 3 to 4:30 p.m., Behavioral Health Conference Room, Building 4066. Call 353-4248.

CYSS BABYSITTER'S COURSE, 2 to 3:30 p.m., Youth Center, Building 4109. Call 361-7713.

PWOC FIRST FRIDAYS

Protestant Women of the Chapel, First Fridays "Christmas Morning Magic," Dec. 2, 6:30 p.m., at Northern Lights Chapel. Join women in the Fort Wainwright community for a night filled with all the magic of Christmas morning. Come in your favorite Christmas pajamas and enter the pajama contest. Bring a wrapped Christmas tree ornament for an ornament exchange, and enjoy your favorite Christmas carols, yummy yuletide breakfast and brunch treats, a decadent hot chocolate and hot beverage bar, door prizes, free childcare and fun! School-aged children's programming this month will be at the Southern Lights Chapel. Kindergartners and older school-age children may be dropped off at the Southern Lights Chapel beginning at 6 p.m. for this month's event, and preschool and nursery programming will be at Northern Lights Chapel. Children are also encouraged to wear their Christmas pajamas for this month's event. Please contact PWOC at wainwright@pwoc.org for more information.

FAIRBANKS EVENTS

Theater and Film

"It's a Wonderful Life" showing at the Riverfront Theater today through Dec. 11, times vary, see website for costs at www.fairbanksdrama.org.

Free films on Alaska history, nature and more shown at the Morris Thompson Cultural Center. For more information call 459-3700.

Things to Do

Goldstream Valley Lions holiday bazaar featuring local arts and crafts. Starts at 9:20 a.m., tomorrow, at the Ken Kunkel Community Center, 2568 Goldstream Road, admittance is free.

Thanksgiving for the Birds, noon, tomorrow at the Creamer's Field Farmhouse, \$3 donation suggested. Make bird feeders and learn about birds, more information at www.creamersfield.org.

Sports

Fairbanks Ice Dogs discount hockey tickets for the Fairbanks Ice Dogs are available at the Fort Wainwright Armed Services YMCA office. Department of Defense card holders pay \$9 for 12 and older, \$4.50 for children age 5 to 11; children 4 and younger Visit the Ice Dogs website for more details and a complete schedule.

LEGAL NOTICE

Anyone having claims against or who is indebted to the estate of Spc. James R. Burnett of 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Regiment may contact Chief Warrant Officer 3 William J. Baker II, Building 3424 Luzon Street, 1-25th SBCT Rear Detachment, Fort Wainwright, Alaska 99703 or phone 353-3138.

Anyone having claims against or who is indebted to the estate of Sgt. 1st Class Johnathan McCain, of Alpha Company, 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, may contact 1st Lt. James Desjarlais at Building 3409, Rhineland Avenue, 1-25th SBCT Rear Detachment, Fort Wainwright, Alaska 99703 or phone 353-1345.

Anyone having claims against or who is indebted to the estate of Spc. Calvin Pereda of Bravo Company, 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, may contact 1st Lt. James Desjarlais at Building 3409, Rhineland Avenue, 1-25th SBCT Rear Detachment, Fort Wainwright, Alaska 99703 or phone 353-1345.

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LASKA REFINISHING & UPHOLSTERY
AK POST/COUPON 10%
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1 x 4.0

18388932
ALASKA DOLLAR PLUS
AK POST/WHITE ANIMAL
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10388848
THAI KITCHEN
AK POST/AK POST
2 x 2.0

10390397
ALPINE LODGE
AK POST/AK POST
2 x 2.0

17390124
INTERIOR YOUTH BASKETBALL
AK POST/REG & ASSESS
2 x 3.5

10390394
SEOUL GATE RESTAURANT
AK POST/AK POST
2 x 2.0

13391599
JULIA'S SOLSTICE CAFE
AK POST/SPECIAL ORDE
2 x 3.0

18390302
AFFORDABLE LAWN CARE
AK POST/TURKEY AD--S
2 x 6.0

18389342
WHITFIELD, JANET
AK POST/BETTY
2 x 4.5

12390271
FAIRBANKS KIWANIS
AK POST/TREE-AK POST
2 x 4.0

13391559
SAMSON HARDWARE
AK POST/THANKSGIVING
6 x 21.0
RED

December events on Fort Wainwright

Staff Report, Fort Wainwright PAO

Although the mercury has dropped here at Fort Wainwright, Family and Morale, Welfare and Recreation is offering many reasons to brave the cold and come out to play. In fact, so many that it may be difficult to choose what you want to do in the month of December.

For those who like a little intrigue, how about some dinner theater with live performances by familiar, local faces (perhaps coworkers and friends). Murder 101 will take place Dec. 2 and 3 in the Last Frontier Community Activity Center. The interactive comedy murder mystery is set at a high school reunion. As the various alumni gather to say goodbye to their beloved alma mater, old rivalries and new alliances add up an evening of murder and mayhem. This isn't the typical, mystery-in-a-box show. Army Entertainment's Kenneth Freehill and Darryl Allara meet with cast members before the show and tailor their original scripts and characters incorporating the

performers' unique personalities and style.

There will be a single seating each night, doors open at 7 p.m.



Birch Hill Ski and Snowboard Area. (File photo)

and the show starts at 7:30 p.m. The cost of the pasta dinner is included. Tickets are \$17 in advance and \$20 at the door.

Tickets are available at the Last Frontier, Nugget Lanes Bowling Center, the FMWR Financial Management Office, Murphy

Army "Arctic Warrior" Band will bring holiday music to the annual Holiday Tree Lighting Ceremony Dec. 7 at the Physical Fitness Center. The FMWR event starts at 6:30 p.m. and features free ice skating, children's activities, door prizes and a visit from Santa Claus.

The Birch Hill Ski and Snowboard area is open. Visit the FMWR website for hours, equipment rental, lift information and prices. The last day to purchase a season lift ticket at discount rates is Dec. 11. Cross country skiers will have more trail options than ever, and skiers are reminded to keep off the golf course, it is closed for the winter. The lodge and ski hill close when temperatures drop to 20 below zero or colder.

The Warrior Zone will be back in the zone Dec. 15. The grand reopening of the renovated facility is set for 4 p.m. Local musicians are slated to perform. The Warrior Zone is the home of the Better Opportunities for Single Soldiers program. For more information about the Warrior Zone's events and programs, call 353-1085.

Hall, Building 1045, the Physical Fitness Center and Melaven Gym. All tickets will be available at the Last Frontier's "will call" window the day of the show. For more information, call 353-6043.

Merry musicians from the 9th

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LMB INC DBA GREAT ALASKAN
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FAIRBANKS NORTH STAR BORO
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CARLSON CENTER
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UNIVERSITY OF ALASKA
AK POST/MT MCKINLEY-
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