



DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, U.S. ARMY GARRISON FORT WAINWRIGHT
1060 GAFFNEY ROAD #6000
FORT WAINWRIGHT, ALASKA 99703-6000

REPLY TO
ATTENTION OF:

IMPC-FWA-MWC

08 NOV 2011

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Child Supervision and Babysitting (Garrison Policy #20)

1. References:

a. Memorandum, Headquarters, United States Army Community and Family Support Center, CFSC-CYS, 11 July 2000, subject: Out of School Child Supervision Requirements for Elementary and Middle School Children and Youth During Parental Duty Hours.

b. Army Regulation 608-10, Child Development Services, dated 15 July 1997.

2. Purpose. The purpose of this memorandum is to establish a Fort Wainwright policy for the supervision of children that is in compliance with the referenced HQDA policy.

3. Definitions. "Supervision" is the act of watching, directing and guiding a child's activities in order to ensure their safety and well being.

4. Policy. As defined below and in Table 1 (encl 1), this policy is based on a child's grade in school, not the child's age. Table 2 (encl 2) is an age-grade conversion chart for children who are home-schooled. During the summer school break period, children are considered to still be in the grade they just completed. Regardless of the category a child falls into, parents are still responsible for assessing weather conditions and the individual capabilities of their children, especially if the children have special needs, before deciding on appropriate supervision options. Incidents of unsupervised children should be reported to the Military Police at 353-7535 who will investigate the incident.

NOTE: 6th grade youth may begin attending the Youth Services Middle School/Teen Recreational (MS/TR) Program after the first day of 6th grade. While the MS/TR Program is not a childcare facility, line of sight supervision is provided during operational hours. Youth are authorized to sign themselves in and out of the program.

a. Newborn - 1st Day of Kindergarten: Children in this category require continual direct supervision and may never be left alone or unattended.

b. Kindergarten - 1st Day of 7th Grade: Children in this category may not be left alone at home or in a vehicle, but may be allowed to play outside provided they are within sight or hearing distance of a parent or person who has agreed to supervise the child's activities. Children in this category may also travel to and from school, Youth Services (YS), School Age Services (SAS), or scheduled community events. Children in this category may not provide babysitting services.

c. 7th Grade - 1st Day of 10th Grade: Children in this category may be allowed to remain at home alone for up to 10 hours, but not for overnight, if they are sufficiently mature to articulate and follow an emergency plan. Parents must have a prearranged, verifiable telephone check-in plan or a prearranged, verifiable plan for a neighbor or friend to physically check on the child at least once during the time the child is home alone.

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d. 10th Grade - 12th Grade: Children in grades 10-12 may be allowed to remain home alone for up to 24 hours if sufficiently mature to articulate and follow an emergency plan. Parents must have a prearranged, verifiable telephone check-in plan with their child or a prearranged, verifiable plan for a neighbor or friend to physically check on the child at least twice during the time the child is home alone in excess of 10 hours. Children must know where one parent is and know how to contact that parent.

5. Babysitting.

a. Children in 7th grade through the 1st day of 10th grade may provide babysitting services on post, not in excess of 10 hours per day. Children in 10th grade through 12th grade may baby sit siblings for up to 24 hours or other non-sibling children for up to 12 hours.

b. Babysitters may not provide care in their own quarters on a regular basis without certification through Family Child Care and approval by the Garrison Commander.

c. The minimum age to be listed in the CYSS Babysitter List in Central Registration is age 13. The minimum age to attend the free CYSS babysitter-training course is age 12 with parent permission.

6. Child Supervision Options. Table 3 (encl 2) lists child supervision criteria and supervision options. Parents should assess their children's capabilities before selecting a child supervision option. Parents who need assistance in identifying an option that meets their requirements should contact the CYSS Central Registration Office at 353-7713).

7. This policy supersedes Garrison Policy #12, SAB, dated 21 Jul 09.

8. POC for this policy is Rizza Ascuncion, CYSS Division Chief, 353-9505.

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RONALD M. JOHNSON
COL, SF
Commanding

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Table 1 - Child Supervision IAW Child's Grade in School

- This policy assumes safe weather conditions.
- This policy applies 24 hours a day, seven days a week to those who are assigned to, supported by, or are guests on the installation.
- The care and supervision of children is a parental responsibility. Supervision is a planned, consistent way to provide on-going care for children to include necessities of nourishment, sanitation, and well being.
- This policy is based on the child's grade in school and, during summer, children are considered to be in the grade just completed.

Age or Grade of Child	May Be Left Alone at Home	May Be Left Alone Overnight	May Be Left Unattended	May Be Left Outside Unattended	May Be Left Unattended in a Car	May Babysit
Newborn through 1 st day of Kindergarten	No	No	No	No	No	No
Kindergarten through 1 st day of 7 th grade	No	No	In a playground or yard with immediate access (sight or hearing distance) to adult supervision (note 1). May walk to and from school and other supervised activities alone if sufficiently mature.	No	No	No
Grades 7 through 1 st day of 10 th grade	For up to 10 hours but not overnight (notes 2 & 4).	No	Yes (notes 2 & 4)	For up to 15 minutes with the keys removed, doors locked, and the handbrake applied.	For up to 10 hours (notes 3 & 4).	
Grades 10 through 12	For up to 24 hours, overnight, but a neighbor or friend must check on them twice a day. Minors will have telephone access to a neighbor in case of emergency and must know where at least one parent is (notes 2 & 4).	Yes (notes 2 & 4)	Yes (notes 2 & 4)	Yes	For up to 24 hours for a sibling and 12 hours for others (notes 3 & 4).	

NOTES:

1. Adult supervision is defined as someone who has or assumes responsibility for the child (for example, a parent, guardian, care provider, friend).
2. Home-alone training by CYSS or other source is highly recommended.
3. CYSS babysitting training is strongly recommended.
4. Parents must have a prearranged, verifiable telephone or in-person check-in plan. Child must be mature enough to articulate and follow an emergency plan. Weather conditions must be safe.

**Table 2
Conversion From Age to Grade (for Home-Schooled Children)**

Age	4 –5	6	7	8	9	10	11
Grade	Kindergarten	1 st	2 nd	3 rd	4 th	5 th	6 th
Age	12	13	14	15	16	17-18	
Grade	7 th	8 th	9 th	10 th	11 th	12 th	

**Table 3
Child Supervision Criteria**

Supervision is a planned, consistent way to provide ongoing care for children to include necessities of nourishment, sanitation, and well being.

Supervision Level	Definition	School Grade/Age Range	Supervision Options
Direct	Someone has responsibility for the child (for example, parent, guardian, care provider, friend).	Elementary school (kindergarten through grade 7); generally 5 to 12 years old.	<p>CYSS-sponsored:</p> <ul style="list-style-type: none"> • School-age services (SAS) • Child development center (CDC) • Family Child Care <p>Other options:</p> <ul style="list-style-type: none"> • In-home babysitter • Nanny
Monitored	An adult is aware of child's location and activities. An emergency contact is available at all times.	Grades 7 through 9; generally 12 to 14 years old.	<p>CYSS-sponsored:</p> <ul style="list-style-type: none"> • SAS and Youth Services programs • Team sports • Instructional classes • Clubs and volunteer activities <p>Community resources:</p> <ul style="list-style-type: none"> • Designated adult • Schools • Churches • Scouts
Monitored self-care	Parent have assessed their child's ability and allowed the child to monitor him – or herself.		



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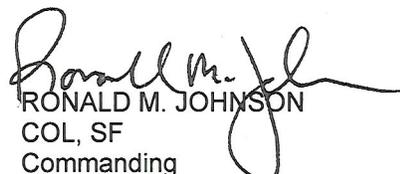
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09 NOV 2011

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Youth Use of Sports and Fitness Program Facilities (Garrison Policy #21)

1. Reference AR 215-1, Military Morale, Welfare, and Recreation Programs and Nonappropriated Fund Instrumentalities, dated 31 July 2007.
2. The purpose of this policy is to establish an age policy for the Physical Fitness Center (PFC), Melaven Gym, the swimming pool and the ice rink.
3. PFC and Melaven Gym:
 - a. As a Family Member, children and youth ages 15 and under are permitted as a spectator at the PFC or Melaven Gym during intramural sporting activities and other special events, or who are engaged in an activity in which a parent, guardian, or an adult 18 years of age or older is actively participating with the child or providing direct supervision. As a Family Member, youth ages 16 and older may use all areas of the PFC and Melaven Gym unaccompanied by a parent or guardian.
 - b. Youth between the ages of 13 and 15 years of age may use the mechanical cardiovascular strength equipment, the walking track, the sauna, and the steam room while under the direct supervision of a parent, guardian, or an adult 18 years of age or older.
 - c. Children 12 and under are authorized only to use the basketball courts, racquetball courts, and aerobics room (children are not allowed in any other equipment areas or the track) and must be actively participating in those sports with direct supervision of a parent, guardian, or an adult 18 or older.
 - d. Walkers on the indoor track may have a non-mobile infant in a carrier attached on the walker's front/back. These children are permitted only during the hours of 0830-1500 Monday through Friday, and during normal operating hours on weekends and holidays.
4. Ice rink and swimming pool:
 - a. Children 12 years of age and under may use the ice rink and the swimming pool if accompanied by a parent. The parent must remain with the child at the ice rink or swimming pool and have a line of site on the child at all times.
 - b. Children 13 and over can participate at the ice rink or swimming pool without supervision.
5. Only adults 18 years of age and older may sign in a guest at the PFC or Melaven Gym.
6. This policy supersedes Garrison Policy #14, SAB, dated 28 Jul 09.
7. POC for this policy is the Director, DFMWR, 353-7611.


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