



REPLY TO
ATTENTION OF:

DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, U.S. ARMY GARRISON, FORT WAINWRIGHT
1060 GAFFNEY ROAD #6000
FORT WAINWRIGHT, ALASKA 99703-6000

IMFW-ZA

1 October 2012

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Authorized Physical Training (PT) Running Routes (Garrison Policy #7)

1. Fort Wainwright has established running routes that help protect the Soldier as well as assist with our military, Family and Civilian workforce traveling on and off the installation. The following designated routes indicate the authorized activities associated with each of the running routes (see enclosed map dated 1 October 2012) during physical training (PT) hours (0630-0745).
2. During PT hours traffic will be 15 MPH on roads authorized for running. Roads not authorized for running will remain at their posted speeds with the exception of Ketchum Road which will also observe 15 MPH during PT hours. All vehicles will slow down to 10 MPH while passing troop formations.
3. Physical Training formations will not exceed three columns with minimum required cadence callers and leaders on the left of the formation. Formations will stay along the shoulder of the road and will not cross the center line. Road guards will be posted front and rear of all formations. PT will be conducted primarily on running paths that parallel main roads.
4. Running, road marching, skiing and snowshoeing will not be conducted on the following roads or areas between 0630 and 0745:
 - a. Gaffney Road between the Main Gate and Apple Street
 - b. Montgomery Road between Badger Gate and Whidden Road*
 - c. Meridian Road between Gaffney Road and Alder Avenue
 - d. River Road between Trainer Gate Road and Gaffney Road
 - e. Trainer Gate Road between the gate and River Road.
 - f. Neely Road west of Meridian Road
 - g. Ketchum Road**
 - h. Old Badger Road
 - i. Ladd Army Airfield ***
 - j. Family Housing Areas
 - k. CACTAF
 - l. Golf Course****

Exceptions are:

*Troops may cross Montgomery Road at Luzon Avenue and Santiago Avenue in order to access the unit areas north of Montgomery Road vicinity of the hangers.

**PT will be conducted on the bike trail adjacent to Ketchum road. Troops may cross Ketchum Road in order to access the bike path that parallels Ketchum Road or to access Kinney Road in order to cross the bridge and run north of the river.

***The South taxiway on the airfield is open to PT east of hanger 3 and west of hanger 7/8. Units will access the South taxiway vicinity Fire Station 1 and will not use any other portion of the airfield for PT. The South taxiway may be closed for aviation missions. Garrison DPTSM will notify units of closures.

****The Golf Course may be used to cross country ski and snow shoe while closed for the winter.

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5. Vehicular traffic is prohibited on Luzon Avenue between 0630 and 0745. Vehicles may, however, cross Luzon Avenue at Rhineland Avenue or Ile De France Avenue to access the Battle Command Training Center (BCTC). Barricades will be placed at the ends of Luzon Avenue no later than 0630 each duty day and removed at 0745 to stop vehicular traffic during PT times. MacArthur Road between Luzon and Old Badger Road is also off limits to vehicular traffic between 0630 and 0745.

6. In order to facilitate running routes during winter months, Directorate of Public Works (DPW) will plow the running paths that parallel: Gaffney Road, Ketchum Road, Montgomery Road from Santiago Avenue to Badger Gate, Trail along the slough between Badger Gate and Chippewa Avenue, Old Badger Road, Chippewa Avenue, South Gate Road, and Meridian Road. PT will be conducted on these running paths and not on the road it parallels. See enclosed PT run route map dated 1 October 2012 for further clarification.

7. Units conducting PT on Gaffney Road or vicinity Bldgs 1004 and 1001 will not call cadence or hold formations within hearing distance of the Family Housing Area.

8. All roads and trails not specifically mentioned will be open to both PT and vehicular traffic and will be 15 MPH between the hours of 0630 and 0745.

9. This policy supersedes Garrison Policy #7, SAB, dated 09 Nov 11.

10. POC for the memorandum is the Garrison CSM, 353-7665.

Encl
Running Route Map dated 1 October 2012

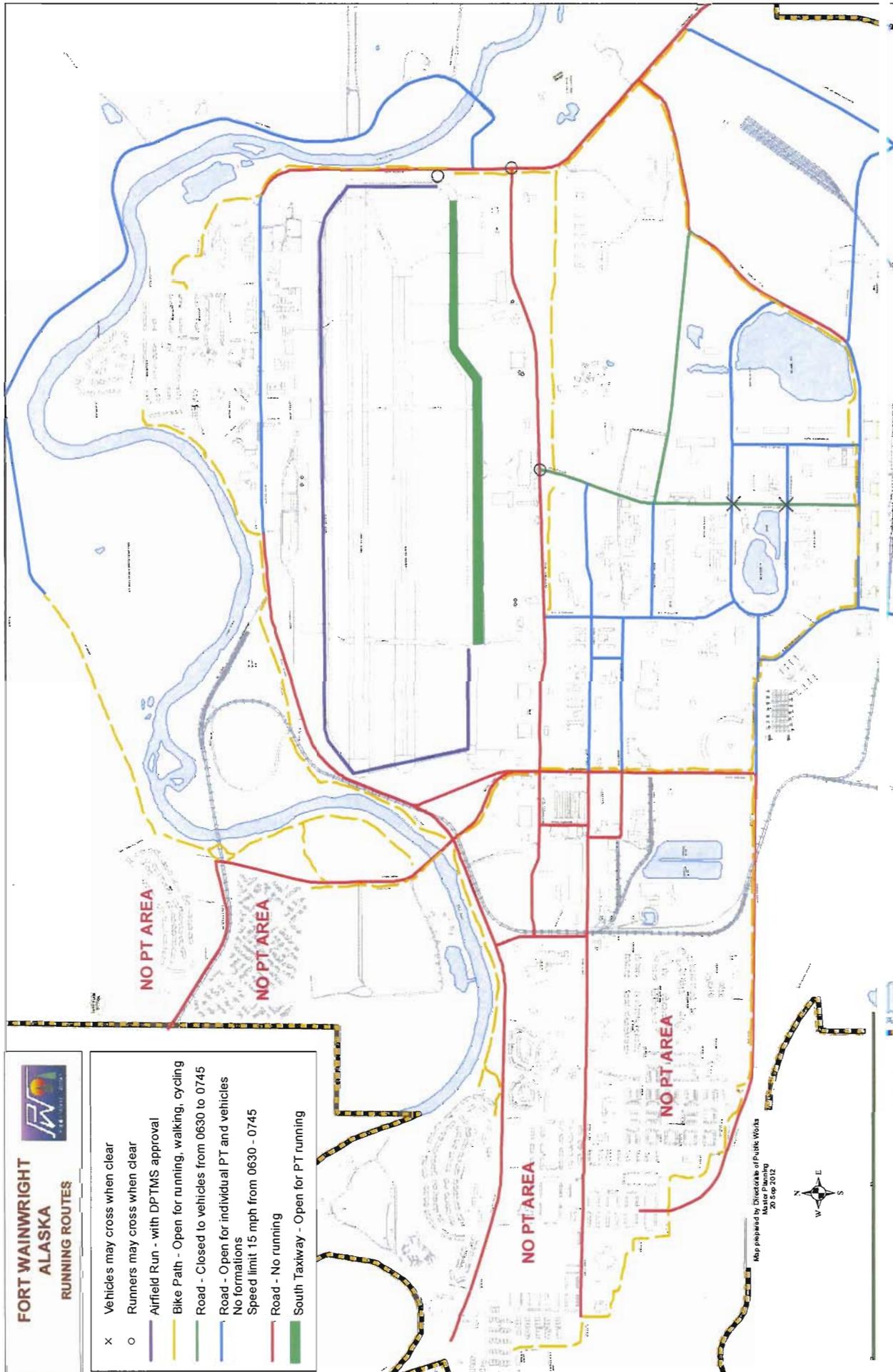

RONALD M. JOHNSON
COL, SF
Commanding

DISTRIBUTION:
A (FWA)

**FORT WAINWRIGHT
ALASKA
RUNNING ROUTES**



- x Vehicles may cross when clear
- o Runners may cross when clear
- Airfield Run - with DP/TMS approval
- Bike Path - Open for running, walking, cycling
- Road - Closed to vehicles from 0630 to 0745
- Road - Open for individual PT and vehicles
No formations
Speed limit 15 mph from 0630 - 0745
- Road - No running
- South Taxiway - Open for PT running



Map prepared by Directorate of Public Works
Master Planning
20 Sep 2012