

# ALASKA POST

Home of the Arctic Warriors

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SPOUSE  
ABUSE?  
CHILD  
ABUSE?



CALL  
388-2260

NO NAME  
REQUIRED

## WEEKEND WEATHER



### Friday

Cloudy with snow  
Low 5 High 20  
Southwest winds



### Saturday

Mostly cloudy  
Low 10 High 15  
South winds becoming  
East in the afternoon



### Sunday

Mostly cloudy with  
chance of snow  
Low 10 High 25

Forecast courtesy  
of the National  
Oceanic and  
Atmospheric  
Administration



## Warrior Zone reopens Thursday

Trish Muntean, Fort Wainwright PAO

When the Warrior Zone reopens its doors Thursday, customers may not recognize it as the same facility that closed in July for remodeling.

"It was very outdated," said Rob Kemble, program manager at the Warrior Zone. "The color scheme, the whole sports theme had gone by the wayside. Sports bars as a

whole are a dying breed. The stuff on the wall had been up since at least the early 90s, or a lot of it had been. It was just time for a change."

The Warrior Zone has no decorating theme now, Kemble said. "There is so much they have done to it."

See ZONE on page 3

## 6-17th CAV home for the holidays



Chief Warrant Officer 3 Charles Folk of 6th Squadron, 17th Cavalry Regiment, 16th Combat Aviation Brigade exchanges smiles with his infant son Ethan at Fort Wainwright after the squadron's Dec. 6 return from a 10-month deployment to Iraq. The redeployment makes the 6-17th one of the last active-duty U.S. Army units to leave Iraq. While deployed as Task Force Saber, the squadron was responsible for full-spectrum aviation operations in support of Operation New Dawn. (Photo by Staff Sgt. Trish McMurphy/USARAK Public Affairs)

## "From the Army's Home Front" December 2011

Caring  
exemplifies  
the spirit of  
the holiday  
season



One of the world's greatest leaders was a gate guard who worked at the main gate of Fort Benning, Ga. What made Mr. McCoy so great

was that he knew his job was more than checking ID cards. With his awesome attitude, he conveyed to every person passing through his lane that he cared.

Somehow he succeeded in making a difference just through his genuine message of "Welcome Home!" I've talked with many people who had contact with him—Soldiers, parents visiting their Soldiers, Civilians going to work, and visiting retirees who were stationed at Fort Benning years ago, and all agreed. He made a difference.

We've all seen this type of inspired leadership on every installation. Showing that we care exemplifies the very spirit of the holiday season.

The great thing about being part of the Army Family is that caring goes beyond the holiday season. It is day in, day out, year-round.

Margie and I and our four kids have lived and grown as a Family on Army installations around the world. In addition to Mr. McCoy, we've met many whose sense of service far exceeded their job description—really dedicated people at a housing office, Youth Sports coaches, and Child Development Services, to name just a few. My family's experience is not unique. Every Soldier and Family member can point to service providers on our garrisons who go out of their way to help.

See CARING on page 2

## Security Forces Assistance teams paving way for draw down

Sgt. Thomas Duval, 1-25th SBCT PAO

Specialized Security Assistance Forces deployed throughout Afghanistan are helping train Afghan National Security Forces in modern combat tactics.

In the Dand district, of Kandahar, Afghanistan, the soldiers from the SFA team, 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, are doing their part to advise, train and mentor the local Afghan National Police in law enforcement techniques and basic battle drills.

The ongoing partnership is currently in its sixth month and has encompassed a wide range of training to include checkpoint security, evidence collection, weapons qualification, room clearing, dismounted patrols and basic handcuffing procedures.

According to U.S. Army Maj. Carson Davis, the SFA team executive officer for the Dand district, participation and successful completion of daily missions has seen a lot of improvement. As a result, the ANP have been conducting successful independent operations daily.

"Throughout the Dand area of operations [ANP] have stepped up the tactical control points ... they're searching vehicles and taking drugs and weapons munitions off the battlefield," said U.S. Army Staff Sgt. Harry Space, a SFA combat advisor with 1-5th and Montague, N.J., native.

See DRAW DOWN on page 5



U.S. Army Pfc. Mauro Rodriguez, a combat medic assigned to the 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, talks with a local Afghan boy during a patrol of Afghan National Police checkpoint, Salo Kariz, Nov. 15. Rodriguez is a native of Omaha, Neb., and is currently deployed for a year-long deployment to southern Kandahar Afghanistan. (U.S. Army Photo by Sgt. Thomas Duval/1-25th SBCT PAO)

## CARING: Exemplifies the spirit of the holiday season

Continued from page 1



**Lt. Gen. Michael Ferriter,**  
Installation Management Command  
commander

The same sense of caring is why so many Soldiers, Family members, Civilians and retirees volunteer their time and talents across the installation. Our volunteers welcome newcomers. They teach classes, mentor children and teens, and run play groups for young mothers and toddlers. They plan outings for Wounded Warriors, build houses for disabled veterans, support Survivors, help prepare Families for deployment and throw welcome home parties.

Caring and selfless service is ingrained in our Army culture, and we are much stronger because of it.

Army Strong!

To everyone who has extended a helping hand this past year, whether in a professional capacity or as a volunteer, thank you. Thank you for choosing to go the extra mile to make a difference for Soldiers, Civilians and Families.

Let's all enjoy what the season offers, wherever we are, and enjoy time with friends and loved ones. As we celebrate, let's remember those who are deployed and extend extra support to their Families at home.

Let's also be mindful of those around us who may find this time of year more difficult. For those who need assistance, our installations provide a number of Soldier and Family support services. If you are unsure where to go, start with Army Community Service or the chaplain's office.

From my Family to you and yours, we wish you a safe and happy holidays and a blessed new year.

*Editor's Note: Lt. Gen. Michael Ferriter assumed command of the U.S. Army Installation Management Command at Joint Base San Antonio Nov. 17. He is also Assistant Chief of Staff for Installation Management. IMCOM is the Army's home. Its mission is to provide Soldiers, Civilians and their Families with a quality of life commensurate with the quality of their service.*

## GI Jane: Keeping the "happy" in the holidays even during a deployment

GI Jane, Alaska Post Contributor

The holidays can be a difficult time of year for lots of reasons. Add in the fact that we live in a very cold, dark place and that our Soldiers are gone to foreign lands fighting the war on terror and the holidays have the propensity to be even more difficult this year. Now don't get me wrong, I will never say that it is easy to do the holidays without your Soldier home. What I do want to do is suggest that it doesn't have to be a horrible or depressing time of year. Like many other things in life, it is all in your perspective.

Maintaining a positive attitude is key to keeping the happy in the holidays during a deployment. Even seasoned GI Janes will tell you that something will always be amiss during the holidays when our Soldiers are gone, but it will help if you surround yourself with others with similar goals who will encourage you to stay positive.

Staying connected to other GI Janes during this time of year is very important. They are sure to have some personal experience to draw from and may have a better understanding of what you are going through. I have found that no matter how great my relationship is with my Family and friends "back home," there are certain situations they cannot or will never be able to understand about being an Army wife and the life we live. Again, I'm not saying you shouldn't spend the holidays with Family or non-military friends, just make

sure you are keeping yourself connected to your military "Family".

Besides maintaining a positive attitude and staying connected to other GI Janes, it is important not to focus on what is missing during the holidays. Make sure that the joy of the season is still celebrated and shared by you and yours. This will look different for everyone. For some it will be sending a special Christmas package to their Soldier and maybe even a few single Soldiers. For some it will mean maintaining the same traditions even in the absence of their Soldier. For some it will be staying with their military Family and yet for others it will be traveling to visit Family or friends "back home." Whatever you do to make the holidays easier this year, remember that the last thing your Soldier would want is for you to be sulking the holiday away.

So, as the Christmas lights are twinkling, the cookies are baking and the presents are being wrapped, remember that it is okay for the holidays to be happy even when our Soldiers are downrange. We owe it to them and to ourselves to make sure they don't have to worry about our physical, mental or emotional well-being while they are away. Let's share and celebrate the joy of the season this year by keeping the happy in the holidays for ourselves, our Soldiers and our fellow GI Janes.

## Medical Department Activity - Alaska

Col. George Appenzeller, MEDDAC-AK commander



## Protecting information

Health information is vital to the delivery of care, and so is keeping it secure. Medical Department Activity-Alaska works diligently throughout the year to ensure this valuable information is only available to those who need it and no one else. It's more than a commitment. It's a mission, and it's essential to maintaining the trust of the people and communities we serve.

The Health Insurance Portability and Accountability Act enacted in 1996, established privacy rules which protect individually identifiable health information known as Protected Health Information. These standards required major changes in how health care organizations handle all facets of information management, including reimbursement, coding, security, patient records and care management.

At MEDDAC-AK, protection of your PHI and that of your Family members can be clearly observed by looking at our policies / requirements for release of medical information. For example, PHI will not be released to spouses without a patient's ID card, a power of attorney that specifically includes the disclosure of PHI and/ or patient signature on the DD Form 2870 Authorization for Disclosure of Medical or Dental Information, which is a disclosure form authorizing release to a designated Family member and/or individual.

Except for a few specific items PHI may be released to parents of minors who are under the age of 18.

MEDDAC-AK does not honor telephone requests for PHI. Faxed requests will only be honored in emergent cases, i.e., where a patient has been admitted to another healthcare facility and information about the patient's previous health care conditions and treatments are needed to treat the patient's current medical condition. Requests for PHI for patients who have received mental health treatment require approval of the mental health care provider prior to release.

Finally, medical records are only maintained at our facilities for a certain number of years based upon army regulations. Outpatient records are maintained for three years after the last date of treatment. Inpatient treatment records and ambulatory procedure visit records are maintained for five years after the last date of hospitalization. If you haven't received outpatient care within three years from the last date of treatment or if you have not been hospitalized within the five years of the last date of hospitalization or received treatment as an ambulatory procedure visit patient, your records will be retired.

These are just some of the ways MEDDAC-AK ensures the protection of your PHI.

If you have any questions about your PHI or obtaining copies of your records, please contact your nearest patient administration division for more information. As always we are here to assist you. Please do not hesitate to call or stop by if you have any questions.

## Tricare adds more vaccines to retail pharmacy coverage

Tyler Patterson, TriWest Healthcare Alliance

It's flu season and you know what that means: time for your flu shot.

You probably already knew that Tricare covers seasonal flu, H1N1 flu and pneumonia vaccines at retail pharmacies. And you probably also knew that Tricare covers those vaccines at 100 percent, with no copay. Combined, that means you and your family can get any of those shots at any retail pharmacy in the Tricare-network. It's convenient and there's no copay. So how can the benefit get any better?

It's a tough question, but one that Tricare has got an answer for: they've added more vaccines to the list.

### Expanded vaccination coverage

Now, in addition to flu and pneumonia vaccines, you can also head to any Tricare-network retail pharmacy to get immunized against measles, mumps, shingles and many other preventable diseases. Be sure to visit [www.tricare.mil/vaccines](http://www.tricare.mil/vaccines) to see the full list. Once you've made the decision

to get the shot, finding a network retail pharmacy couldn't be easier. Find a pharmacy online at [www.express-scripts.com/TRICARE/pharmacy](http://www.express-scripts.com/TRICARE/pharmacy) or call 1-877-363-1303. You'll also want to get in touch with the pharmacy itself to make sure it actually carries the shot you need.

### Even more no-copay benefits

Don't forget, vaccinations aren't the only no-copay preventive care benefits. Tricare covers most recommended health screenings, too. Check out TriWest's Screening Guide at [www.triwest.com/en/beneficiary/healthy-living/health-wellness/screening-guide](http://www.triwest.com/en/beneficiary/healthy-living/health-wellness/screening-guide) to see what screenings are recommended for you. Keep in mind that while the care itself is covered, you may still need to pay a cost share or copay for the office visit. Check your TRICARE plan for details. While you're online, you should also visit [www.tricare.mil/homedelivery](http://www.tricare.mil/homedelivery) and find out how to have 90 days of most generic prescription drugs delivered right to your door, with no copay.

# ALASKA POST

Home of the Arctic Warriors

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# ZONE: Reopening Thursday



The Warrior Zone opens Thursday for the first time since July. It sports a new look, a new menu and free pool, foosball and gaming stations. (Photo by Brian Schlumbohm/Fort Wainwright PAO)

Continued from page 1

"It looks like a modern-day restaurant. It is bright and vibrant, it has hardwood floors and the walls are red with black trim. It is a very modern décor," he said.

The décor is not the only thing that has changed. The menu is no longer one made up of just comfort or fried food, but now offers healthier options as well.

"We will definitely still have finger food, cheeseburgers, chicken fingers," he said. "But we're gonna have wraps, salads, nachos and quesadillas. Some new sandwiches, steak and cheese... blackened tuna salad. Different types of dressings - just healthier options.

Once reopened Kemble said that this will be a good opportunity for Soldiers to get out of the barracks, and interact with other people instead of just sitting by themselves in their rooms.

"They can come in here and play pool or foosball," he said. "Or use the gaming systems." (There is no cost to use the two pool tables, the two foosball tables or any of the gaming systems (Playstation 3 and Xbox 360 at the Warrior Zone.)

"It just gives them something to do," Kemble said. "We have Wi-Fi, they can bring their own laptops, or iPads or computers, whatever else they have, grab a bite to eat, talk to somebody. This gives them a place to be interactive and social."

The Warrior Zone is also the home for the Better Opportunities for Single Soldiers program at Fort Wainwright which will offer many programs including movie night every other Friday night on non-payday weekends.

"When they walk through the door, there is nothing here that screams Army," Kemble said. "Nothing that says work for them, just a place for them to hang out and have a good time."

The Warrior Zone is opened to all DoD ID card holders 18 and older. The hours are Monday through Thursday 4 to 11 p.m., Friday and Saturday from 4 p.m. to 1 a.m. and Sundays from 1 to 9 p.m.

For more information call 353-1085.

## Coming Events

### Army Family Team Building

Army Family Team Building courses are scheduled for Tuesday through Thursday next week at Army Community Service, Building 3401. Call 353-AFTB to sign up and find them on Facebook at [www.facebook.com/WainwrightAFTB](http://www.facebook.com/WainwrightAFTB)

AFTB Level 1/Resiliency Course, Tuesday, 9:30 a.m. to 3:30 p.m.

AFTB Level 1/Resiliency Course, Wednesday, 9:30 a.m. to 3:30 p.m.

Resiliency Training, Thursday, 9:30 a.m. to 3:30 p.m.

### 9th Army Band Events

The 9th Army Band will perform at the Fairbanks Veterans Center, Dec. 16, 11:30 a.m. to 2:30 p.m. The public is invited to attend. There will be caroling and lunch will be provided. For more information, call 456-4328. The Vet Center is located at 540 4th Ave. Suite 100 in Fairbanks.

The 9th Army Band will also play a holiday concert at Hering Auditorium, Dec. 20 at 7 p.m., thanks to the sponsorship of North Haven Communities and Army and Air Force Exchange Service. Under the direction of Chief Warrant Officer 2 Jeff Price, holiday music will range from classic favorites to contemporary pieces. The public is invited to help U.S. Army Alaska and U.S. Army Garrison celebrate the season. Admission is free.

### Holidays at the Chapels

Bassett Army Community Hospital Chapel

Feast of Our Lady of Guadalupe, Monday at noon and 6 p.m.

Southern Lights Chapel

Family mass, Dec. 24 at 5 p.m. and midnight.  
Christmas Day mass, Dec. 25, at 11 a.m.  
New Year's Eve mass, Dec. 31, at 6 p.m.

Northern Lights Chapel

Christmas Eve Candle Lighting and service, Dec. 24, 11:30 p.m.  
Christmas Day service, Dec. 25, 11 a.m.

# The Alaska Post spotlight on: Spc. Michael Polmanteer

Trish Muntean, Fort Wainwright PAO

"It brings me joy," said Spc. Michael Polmanteer, about singing. "It is just something that I love to do."

It also brings joy to those who have heard him sing, which was obvious the night of the Family and Morale, Welfare and Recreation Rising Star Competition.

"He is a skilled musician with a pure voice who knows how to tell a story," said Chief Warrant Officer 2 Jeff Price, commander of the 9th Army Band, who was a judge for the competition.

"This guy knows how to sing," he said.

"He has a very pure, distinct and professional sounding voice," said Sgt. Miguel Davis, 9th Army Band, who was also a judge for the competition.

Polmanteer is obviously trained and has great potential, he said.

Polmanteer, Medical Department Activity-Alaska, is a nutrition-care specialist by day and chances are that if he is not working, sleeping, or at school, he is singing somewhere.

And not just alone in his car

(although he admits to that too). He is a member of the University of Alaska's Choir of the North, the Fairbanks Light Opera Theater and sings karaoke whenever he gets the chance at local restaurants.

He started singing in the sixth grade, as part of a choir, about nine years ago. He was facing some challenges in his life and found music to be a good outlet to express himself. Being recruited at the end of his eighth-grade year for specialty choirs made him realize that he had not just a passion for music, but a talent for it as well.

In his freshman year, Polmanteer competed in the Michigan Music Conference. He also performed as a soloist in the district and state competitions, where competitors sing in a language other than their own. Polmanteer sings in Latin, Italian, Spanish and has just recently learned how to sing in German. He estimates that he can sing at least one song in more than a dozen languages other than English.



"It brings me joy," said Spc. Michael Polmanteer, about singing. "It is just something that I love to do." Polmanteer, Medical Department Activity-Alaska, won second place in the Family and Morale, Welfare and Recreation Rising Star Competition, in September. (Photo by Trish Muntean/Fort Wainwright PAO)

Presently a student at the University of Alaska, Fairbanks, he is working towards a bachelors degree in music education. He hopes to have completed the coursework and become a teacher when he gets out of the Army in 2016.

He is married to Ashley Mabry, a student at Shaw University in North Carolina. She was in the Army four years, got out as a sergeant and is presently in the ROTC program studying business administration. Despite his best efforts, he cannot get her to move

to Alaska, but is looking forward to her visits in the spring and summer.

Polmanteer said he wouldn't be who he was today without his foster parents, Connie and Randy Tyler who still reside in his home of record, Allegan, Mich. He lived with them from age 13, growing up with siblings Stephen and Michael Tyler and sister Samantha Polmanteer.

"I love them to death," he said. "They taught me the meaning of family."

It sounds like life has given him plenty to sing about.

## Commanding general's New Year's reception



Maj. Gen. Raymond Palumbo, U.S. Army Alaska commanding general, and Alice Palumbo hosted a New Year's reception at Fort Wainwright's Last Frontier Community Activity Center Monday to wish civilian and military community members a safe and happy holiday season. (Photo by Brian Schlumbohm/Fort Wainwright PAO)



The New Year's reception evolved from a tradition that started when Army installations were remote outposts and social events were rare. The commanding officer hosted a reception at his quarters on New Year's Day, and it was the top social event of the year. The Army has moved away from New Year's Day receptions because of other commitments attendees may have, but nearly every U.S. Army installation worldwide has a special event to wish Happy New Year to the military and their neighboring civilian communities. (Photo by Brian Schlumbohm/Fort Wainwright PAO)

## Murder Mystery 101 dinner theatre divas



Three divas each attempt to upstage each other, as they sing (from left): Megan Brown, special events coordinator, Family and Morale Welfare and Recreation Directorate, Jessica McKeown, Survivor Outreach Services volunteer, and Monica Benison, Medical Department Activity-Alaska employee at Kamish Clinic, during Murder 101, a dinner theater production at the Last Frontier Community Activity Center, Friday. The ballroom was packed with Soldiers, Family members and civilian employees during the shows which also ran Saturday night. The interactive, whodunit comedy show depicting a madcap high school reunion, was written, directed and produced by Army Entertainment contractors, Kenneth Freehill and Darryl Allara and brought to Fort Wainwright by FMWR, said Brown. Having never done anything like it before, Benison said, "I would absolutely do it again. It was so much fun." Both amateur, volunteer actors and the audience filled the ballroom with laughter, cries of outrage, high volume, energetic singing and vocalized clues to the murder mystery, using teamwork and creating a close feeling of community and togetherness, something the show's producers strive for, Allara said. (Photo by Connie Storch/Fort Wainwright PAO)

# DRAW DOWN: Security Forces Assistance teams paving way for draw down



U.S. Army Pfc. Michael Tonge, an infantryman with the 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, scans his sector as part of a security detail during a patrol in the Dand District, Kandahar, Afghanistan Nov. 15. Tonge is a Durango, Colorado native currently serving a yearlong deployment with the 1/25 SBCT out of Fort Wainwright, AK. (U.S. Army Photo by Sgt. Thomas Duval/1-25th SBCT PAO)

Continued from page 1

Many of the improvements made by the ANP can be attributed to the increase in the number of police substations and security forces currently present in the Dand district.

Prior to the SFA team's arrival the ANP had 18 police substations compared to the 27 they currently have, said Space.

"The ANP is getting to the point where they are fully mission capable," Space said.

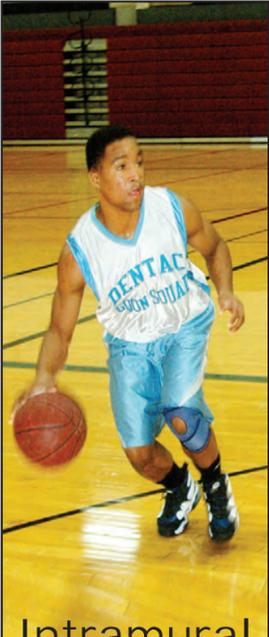
Space's enthusiasm for the future of Afghan Security Forces is spreading to the local ANP manning the checkpoints.

During a weekly meeting, Afghan police checkpoint commander Mirweis said he is seeing "vast improvements" adding "we have all the supplies necessary to conduct independent missions."

Davis hopes that as the ANP masters the art of "basic policeman skills" the SFA teams can begin focusing on logistics; an aspect he said is important for self-sustaining governance and law enforcement.

Davis said the progress being made by the ANP has already allowed the SFA team to begin working with the local staff members on the logistical piece and added that there have already been considerable gains throughout the district.

"I believe Dand is one of the districts in Kandahar that is light-years ahead of some of the surrounding areas just from the training we have been doing with them," Space said. "Dand is among the best and is keeping the people safe."



## Intramural Basketball Standings

	W	L
Civil Force	5	1
MEDDAC	5	1
DENTAC	4	3
Fox 1/52	3	4
472nd MP	3	4
C 123 AVN	1	2
28th MP	0	6

James Austin, 3rd Battalion, 21st Infantry Division, 1st Stryker Brigade Combat Team, 25th Infantry Division and member of the DENTAC Goon Squad basketball team looks for an opening as he drives to the hoop in a matchup against DENTAC and Fox 1/25 at the Physical Fitness Center Tuesday. DENTAC defeated Fox 1/25, 67-61 and currently claims 3rd place in league standings. (Photo by Allen Shaw/Fort Wainwright PAO)

what is it?  
when is it?  
where is it?

find it here!

### Friday – 9th

**BETTER OPPORTUNITIES FOR SINGLE SOLDIERS ANCHORAGE SHOPPING TRIP**, Dec. 9 through 11. Twenty-five participants maximum. Call 353-7648.

**SNOWFLAKE DAY STORY HOUR AND CRAFTS**, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

**EXCEPTIONAL FAMILY MEMBER PROGRAM CRAFT NIGHT**, 6 to 7 p.m. Open to participants in the Exceptional Family Member Program. Call 353-4243 to reserve a spot.

**CATHOLIC MASS**, noon, Bassett ARmy Community Hospital chapel.

### Saturday – 10th

**CHESS CLUB**, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

**FAMILY TUBING**, 1 to 7 p.m., Birch Hill Ski and Snowboard Area, Building 1172. DoD cardholder Families: \$20 per hour, Non-DoD cardholder Families: \$30 per hour. Days and events are subject to change dependent on weather. Weather info line: 353-7053. Call 353-1998.

**COMPEAU'S TRAIL SNOWMACHINE RUN**, 8 a.m. to 5 p.m., Outdoor Recreation Center, Building 4050. Cost is \$50 per driver, \$10 additional passenger. Open to participants 18 and older. Must have taken the snow machine safety course through the ORC. Days and events are subject to change dependent on weather. Call 361-6349 or 361-6350.

**SNOWFLAKE STORY HOUR AND CRAFTS**, 12:30 to 1:30 p.m., Post Library, Building 3700. Call 353-4137.

**WILD WING WEDNESDAYS**, 5 to 7 p.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

**KID CRAFTING**, 10:30 a.m. to noon, Arts and Crafts Center, Building 3727. Open to children ages 4 to 7 and cost is \$5 per person. Call 353-7520.

### Sunday - 11th

**PROTESTANT SERVICES**, 10 a.m. Sunday School, 11 a.m. Sunday Protestant worship, Northern Lights Chapel.

**CATHOLIC SERVICES**, 11 a.m. Mass, Southern Lights Chapel.

### Monday – 12th

**ROMP AND STOMP PLAYGROUP**, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. This activity is a partnership with ACS and CYSS. Call 353-7713 and 353-7856.

### Tuesday – 13th

**BOUNCY HUT NIGHT**, 5:30 to 7:30 p.m., Last Frontier Community Activity Center, Building 1044. Ages 4 to 12 with parent. Call 353-7755.

**BABY AND ME**, 2 to 3:30 p.m., Post Library, Building 3700. Call 353-4137.

**PARENT'S NIGHT OUT**, 5:45 to 8:45 p.m. Register and pay by Dec. 5. Cost is \$12 per child. Call 361-7713.

**ARMY FAMILY TEAM BUILDING LEVEL 1/RESILIENCY TRAINING**, 9:30 to 3:30 p.m., Army Community Service, Building 3401. Registration is required for all classes. Please contact Charles Lyons at 353-2382.

**CATHOLIC MASS**, noon, Bassett Army Community Hospital chapel.

### HOLIDAY ETHICS

Active duty and Army civilian personnel wondering about appropriate values for gift-giving, donation requests and other holiday topics, the law office staff is available to provide holiday ethics briefings to groups and individual consultations. For more information, call 353-6534.

### Wednesday – 14th

**NEWCOMERS ORIENTATION**, 9 a.m. to 3:30 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-4227.

**ARMY FAMILY TEAM BUILDING LEVEL 1/RESILIENCY TRAINING**, 9:30 to 3:30 p.m., Army Community Service, Building 3401. Registration is required for all classes. Please contact Charles Lyons at 353-2382.

**HOME ALONE**, 6 to 8 p.m., Youth Center, Building 4109. This workshop is a partnership with Child, Youth and School Services and Army Community Service. Call 353-7713 or 353-7826.

**CATHOLIC MASS**, noon, Bassett Army Community Hospital chapel.

### Thursday – 15th

**THE WARRIOR ZONE GRAND RE-OPENING**, 4 to 8 p.m., The Warrior Zone, Building 3205. Open to card holders ages 18 and older. Call 353-1087.

**ROMP AND STOMP PLAYGROUP**, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. This activity is a partnership with Army Community Service and Child, Youth and School Services. Call 353-7713 and 353-7856.

**RESILIENCY TRAINING** 9:30 to 3:30 p.m., Army Community Service, Building 3401. Registration is required for all classes. Please contact Charles Lyons at 353-2382.

**CATHOLIC MASS**, noon, Bassett Army Community Hospital chapel.

**PROTESTANT WOMEN OF THE CHAPEL**, 9:30 a.m., Northern Lights Chapel. Childcare is provided.

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## Being an NFL owner: Buying stock in the Packers - That's what I'm talking about

Allen Shaw, Fort Wainwright PAO

### Week 14 in the Alaska Post football series

						
<b>Bear</b> 130 Wins / 62 Losses	<b>Brain</b> 124 Wins / 68 Losses	<b>A-Team</b> 122 Wins / 72 Losses	<b>BrowBrose Salsa</b> 119 Wins / 73 Losses	<b>Steve Tate</b> 119 Wins / 73 Losses	<b>Jones Bros</b> 118 Wins / 74 Losses	<b>Ed Urbi</b> 115 Wins / 73 Losses
CLE @ PIT PIT TB @ JAC TB KC @ NYJ NYJ HOU @ CIN CIN NE @ WAS NE ATL @ CAR ATL PHI @ MIA PHI NO @ TEN NO IND @ BAL BAL MIN @ DET DET CHI @ DEN DEN SF @ ARI SF BUF @ SD SD OAK @ GB GB NYG @ DAL DAL STL @ SEA SEA	CLE @ PIT PIT TB @ JAC TB KC @ NYJ NYJ HOU @ CIN HOU NE @ WAS NE ATL @ CAR CAR PHI @ MIA PHI NO @ TEN NO IND @ BAL BAL MIN @ DET DET CHI @ DEN CHI SF @ ARI SF BUF @ SD SD OAK @ GB GB NYG @ DAL NYG STL @ SEA SEA	CLE @ PIT PIT TB @ JAC TB KC @ NYJ NYJ HOU @ CIN CIN NE @ WAS NE ATL @ CAR ATL PHI @ MIA MIA NO @ TEN NO IND @ BAL BAL MIN @ DET MIN CHI @ DEN DEN SF @ ARI SF BUF @ SD SD OAK @ GB GB NYG @ DAL NYG STL @ SEA SEA	CLE @ PIT PIT TB @ JAC TB KC @ NYJ NYJ HOU @ CIN CIN NE @ WAS NE ATL @ CAR ATL PHI @ MIA MIA NO @ TEN NO IND @ BAL BAL MIN @ DET DET CHI @ DEN DET SF @ ARI SF BUF @ SD SD OAK @ GB GB NYG @ DAL NYG STL @ SEA SEA	CLE @ PIT PIT TB @ JAC JAC KC @ NYJ NYJ HOU @ CIN CIN NE @ WAS NE ATL @ CAR CAR PHI @ MIA MIA NO @ TEN NO IND @ BAL BAL MIN @ DET DET CHI @ DEN DEN SF @ ARI SF BUF @ SD SD OAK @ GB GB NYG @ DAL NYG STL @ SEA SEA	CLE @ PIT PIT TB @ JAC TB KC @ NYJ NYJ HOU @ CIN HOU NE @ WAS NE ATL @ CAR ATL PHI @ MIA MIA NO @ TEN NO IND @ BAL BAL MIN @ DET DET CHI @ DEN DEN SF @ ARI SF BUF @ SD SD OAK @ GB GB NYG @ DAL NYG STL @ SEA SEA	CLE @ PIT PIT TB @ JAC JAC KC @ NYJ NYJ HOU @ CIN HOU NE @ WAS NE ATL @ CAR ATL PHI @ MIA MIA NO @ TEN NO IND @ BAL BAL MIN @ DET DET CHI @ DEN DEN SF @ ARI SF BUF @ SD BUF OAK @ GB OAK NYG @ DAL DAL STL @ SEA SEA

Tuesday, the National Football League's Super Bowl Champion and currently undefeated Green Bay Packers opened the first public stock sale in 14 years. There are currently 112,005 shareholders who own a total of 4.75 million shares. The 250,000 shares that went on sale cost \$250 plus a handling charge and are available by mail or at

[www.packers.com](http://www.packers.com).

Packer stock is different than other stocks. There are no dividends, the value doesn't go up and there is no real resale value. Stockholders do get perks though. They have voting rights, get invitations to attend annual meetings, get to tour the Packers Hall of Fame and can hang around for the beginning of training camp.

It may sound a bit eccentric, but

investing in a team that hasn't lost a game since Dec. 2010 when they dropped a squeaker to the New England Patriots 31-27. No matter what it's worth the Packers are a solid investment and that's what I'm talking about.

Green Bay kicker Mason Crosby nailed a 31-yard field goal on the final play to clinch the win. Quarterback Aaron Rodgers hit three passes for more than 18-yards in the final 58 seconds to set up the 38-35 game winner. This is Green Bay's eighteenth consecutive win overall, making the team 12 and 0 for the season.

In other games the Seahawks pecked away at the Eagles 31-14, the Titans beat Buffalo 23-17 and Kansas City shocked the Bears 10-3. Rookie QB TJ Yates threw his first National Football League touchdown to lead the Houston Texans past the Atlanta Falcons 17-10.

Miami defeated the Raiders 34-14, Denver and the Tebow-express chalked up another win 35-32 over the Vikings, New England beat the Colts 31-24 and the Steelers crushed Cincinnati 35-7. The Carolina Panthers defeated Tampa Bay 38-19, the Jets beat Washington 34-19 and Dallas lost 19-13 to Arizona in overtime. San Francisco blanked St. Louis 26-0, the Saints marched across the Lions 31-17 and San Diego beat Jacksonville 38-14 Monday night.

As for the Alaska Post picks Ed Urbi finally saw some light at the end of the tunnel posting 12 and 4 to take the top spot of the week. Brain, A-Team and Tate had 10 and 6, while Bear and Browbose Salsa had 9 and 7. The Jones Bros ended up 8 and 8 because they were the only ones who took the Jags.

It's definitely getting down to the wire and every pick counts. Everyone is still in the race to be the top pigskin prognosticator at the home of the Arctic Warriors and that's what I'm talking about.

**BIRCH HILL SKI AND SNOWBOARD AREA**

The Birch Hill Ski and Snowboard area is open. Visit the Family and Morale, Welfare and Recreation website for hours, equipment rental, lift information and prices. The last day to purchase a season lift ticket at discount rates is Sunday. Cross country skiers will have more trail options than ever, and skiers are reminded to keep off the golf course, it is closed for the winter. The lodge and ski hill closes when temperatures drop to 20 below zero or colder.

**WARRIOR ZONE OPENING**

The Warrior Zone will be back in the zone Thursday. The grand reopening of the renovated facility is set for 4 p.m. Local musicians are slated to perform. The Warrior Zone is the home of the Better Opportunities for Single Soldiers program. For more information about the Warrior Zone's events and programs, call 353-1085.

**TRAINING CENTER DEDICATION**

The Sergeant Clarkson Training Support Center will be dedicated Jan. 5 at 2 p.m. The training support center, located at Building 3441 Ile De France Avenue, is being named after Sgt. Joel David Clarkson, a native of Fairbanks. Clarkson was injured March 13 by small arms fire during a patrol in Farah Province, Afghanistan. He died March 16 of those wounds. Clarkson's unselfishness was exemplified as an organ donor. Following his death, seven recipients were given a second chance in life. Clarkson served with the 2nd Battalion, 75th Ranger Regiment.

**HOLIDAY HOURS**

The Fort Wainwright Law Center will close at 11 a.m. Dec. 16 for an official function. For more information, call 353-6500.

Military Personnel Division (MPD) and Army Career Alumni Program (ACAP) will be closed Dec. 22, from noon to 4:30 p.m. for a holiday celebration.

The commissary will close early for Christmas Eve, 4 p.m. Dec. 24, and is closed for the holidays, Dec. 25 and Jan. 1.

**DOLLAR RIDE SERVICE CHANGE**

The Armed Services YMCA 'Y on Wheels' \$1 shuttle service on Fort Wainwright will operate under reduced hours for the next few weeks. Hours are temporarily changed to 11 a.m. to 6 p.m., Monday through Friday. To schedule a \$1 (each way) shuttle ride on post, please call 353-3733. During road conditions of RED or worse, the shuttle will not be available. For questions concerning this and other services of the ASYMCA, call 353-5962.

"Serving Those Who Serve America"

**PROTESTANT WOMEN OF THE CHAPEL**

Protestant Women of the Chapel is having a Christmas Program Thursday, 9:30 to 11:30 a.m. at Northern Lights Chapel. Join the ladies of PWOC for a morning of fellowship, food and fun! There will be a cookie exchange. If interested please bring one to two dozen cookies with recipe. Childcare is provided from infant through preschool at Northern Lights. Home-school room will be at Southern Lights Chapel. Check out our Facebook page just search for PWOC Fort Wainwright. For more information email us at [wainwright@pwoc.org](mailto:wainwright@pwoc.org)

**LEGAL NOTICE**

Anyone having claims against or who is indebted to the estate of Pfc. Matthew C. Colin of 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division may contact CW3 Karl Griffith, Headquarters and Headquarters Company, 1-25th SBCT, 1-25th Brigade Support Battalion, Fort Wainwright Alaska, 99703 or phone (931) 980-6141.

Anyone having claims against or who is indebted to the estate of Spc. James R. Burnett of 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Regiment may contact Chief Warrant Officer 3 William J. Baker II, Building 3424 Luzon Street, 1-25th SBCT Rear Detachment, Fort Wainwright, Alaska 99703 or phone 353-3138.

**FAIRBANKS EVENTS****Theater and Film**

"It's a Wonderful Life" showing at the Riverfront Theater today through Sunday, times vary, see website for costs at [www.fairbanksdrama.org](http://www.fairbanksdrama.org).

Can Dance for Food – Winter Soup, tonight, 7 p.m. at the Dance Theatre Fairbanks. See website for more information at [www.DanceTheatreFairbanks.com](http://www.DanceTheatreFairbanks.com).

Free films on Alaska history, nature and more shown at the Morris Thompson Cultural Center. Shows Dec. 11 through 17 are; Eyewitness: Mammals, 9 a.m.; Alaska's Coolest Animals, 10 a.m.; Alaska's Bush Pilots, noon; Alaska: Big America, 2 p.m. and A Celebration of Dance at 4 p.m. For more information call 459-3700 or see film schedules at [www.morristhompsoncenter.org/daily-film-schedule](http://www.morristhompsoncenter.org/daily-film-schedule).

**Music**

University of Alaska Fairbanks Wind Symphony and Jazz Band Concert, tonight, 8 p.m., at the Davis Concert Hall, UAF Campus. \$10 adults, \$5 students, seniors and military. Children under 12 free.

Big Bad Voodoo Daddy, Saturday, 8 p.m., for admissions, see website at [www.fairbanksconcert.org](http://www.fairbanksconcert.org).

University of Alaska Fairbanks Chorus Holiday Concert, Saturday, 8 p.m. at the Davis Concert Hall, UAF Campus. \$10 adults, \$5 students, seniors and military. Children under 12 free.

**Events**

Gingerbread House Contest, Saturday, free at the Carlson Center. See website for times at [www.carlson-center.com](http://www.carlson-center.com).

**SPORTS**

Nordic Skiing and Race series at the Birch Hill Recreation Area through December. See website [www.nscfairbanks.org](http://www.nscfairbanks.org).

