

ALASKA POST

Home of the Arctic Warriors

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CONSTITUTION DAY



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WEEKEND WEATHER



Friday

Mostly cloudy
Low 35 High 60
Light winds



Saturday

Mostly cloudy
Low 35 High 60
Light winds



Sunday

Mostly cloudy
Low 35 High 55

Forecast courtesy of the National Oceanic and Atmospheric Administration



Pfc. Brett Everett Wood

Stryker Soldier killed

Staff Report, U.S. Army Alaska PAO

A Soldier assigned to the 1st Stryker Brigade Combat Team, 25th Infantry Division at Fort Wainwright died Sept. 9 in Kandahar Province, Afghanistan, of injuries sustained when insurgents attacked his unit using an improvised explosive device while on a dismounted patrol.

One other Soldier from the brigade was wounded in the same incident.

Pfc. Brett Everett Wood, 19, of Spencer, Ind., was assigned to the 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, Fort Wainwright where he served as an infantryman.

Pfc. Wood joined the Army in July 2010 and graduated from Basic Training and Advanced Individual Training at Fort Benning, Ga. He arrived in Alaska in November 2010.

His 4,000-Soldier brigade deployed to Afghanistan in mid April 2011 for a one-year tour in support of Operation Enduring Freedom. The next of kin have been notified.

Gen. Raymond Odierno on Army priorities

J.D. Leipold, Army News Service

A day after being sworn in as the new chief of staff of the Army, Gen. Raymond T. Odierno laid out some priorities for his tenure.

Among those are ensuring the continued training and preparation of Soldiers to provide a ready force to combatant commanders, the development of Army leaders, the strengthening of Family programs, and a desire for all Soldiers to be able to tell the "Army story."

"Soldiers are the strength of our Army," Odierno said during a media roundtable event Thursday. "I must continue to provide trained and ready forces to Iraq and Afghanistan and in other places around the world where our presence is required. I also have to look to the future, 40 years out, and develop what I believe it is the right versatile mix of capabilities, formations and equipment which have the key characteristics that I think will be important in the future."

Leadership development to accommodate the future environment is also critical, Odierno said. Future leaders must be adaptable, agile, and able to operate in a threat environment that includes a combination of regular warfare, irregular warfare, terrorist activity, and criminality.

"We have to adapt their leader development programs," Odierno said. "We have incredibly good leaders today, but we have to continue to develop them to address the many



Shortly after taking the oath as 38th chief of staff of the Army, Gen. Raymond T. Odierno warns of cutting the force too fast, too quickly. (Photo by J.D. Leipold/Army News Service)

complex problems that I think we're going to face in the future."

The general said the best leaders create environments that allow individuals to grow and trust their subordinates.

"The best units I have ever been associated with are those who think they're really good, who have an environment where people feel they are empowered, and they work together collectively to achieve a goal," Odierno said. "We can't have leaders

who are risk averse, we can't have leaders who are micro-managers and don't trust their subordinates -- [that's] the kind of toxic leadership that we can't afford."

Odierno also said Soldier and Family programs must be strengthened, and redundancies across programs must be removed to ensure the Army has "just the best programs that are capable of helping our families."

See PRIORITIES, on page 3

28th Military Police say goodbye to one of their own

Trish Muntean, Fort Wainwright PAO

Staff Sgt. Emir, an 8-year old German Shepherd military working dog assigned to the 28th Military Police Detachment, 1st Stryker Brigade Combat Team, 25th Infantry Division was euthanized Sept. 7 when his physical condition deteriorated following a diagnosis of degenerative myelopathy.

Emir, a patrol explosives detector dog, had been serving the Fort Wainwright and Fort Greely communities since 2005. He also served in Iraq, from Dec. 2006 to June 2007, according to Staff Sgt. Matthew Wilkinson, one of his many handlers while Emir was at Fort Wainwright.

In addition to serving overseas, Emir and his handlers had done explosive sweeps to



Staff Sgt. Emir, military working dog assigned to the 28th Military Police Detachment, 1st Stryker Brigade Combat Team, 25th Infantry Division. (Courtesy Photo)

ensure the safety of Chairman of the Joint Chiefs of Staff Adm. Mike Mullen; Chief of Staff of the Army Gen. George W. Casey, Jr. and First Lady Laura Bush.

See EMIR, on page 4

Vehicle preparation can save a lot of aggravation

Trish Muntean, Fort Wainwright PAO

Living in Alaska presents challenges some Soldiers and Families have never dealt with before. One of those challenges is severe winter weather. If your Family is not prepared to deal with it, the consequences can be deadly.

Part of being prepared is winterizing your vehicle, and the sooner it gets done, the less chance you have of getting caught out in the cold with vehicle problems, said Dan Degrave, assistant manager at the Auto Craft Shop on Fort Wainwright.

Degrave said there is some basic equipment that needs to be installed before the snow flies and the temperature drops.

See WINTERIZATION, on page 4

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Medical Department Activity - Alaska Corner

US Army Medical Command-Alaska mission: Population health

USAMEDDAC-AK will provide high quality, safe, accessible medical and psychological healthcare to our military community while relentlessly pursuing improvement, providing outstanding service, leveraging innovative technology and developing the next generation of Army health care leaders.

This is our mission, and what every member of our team works toward every day.

Bassett Army Community Hospital currently serves 11,798 assigned beneficiaries for a variety of healthcare issues. While many beneficiaries are seen for acute issues through the Emergency Room or their assigned clinic, BACH fills a prominent role related to preventative health measures and chronic disease management. As we move into National Breast Cancer Awareness month in October and National Diabetes Awareness month in November helping protect the Fort Wainwright Community.

Population health management focuses on the prevention, early detection, and treatment of numerous disease conditions. While we strive to encompass every possible disease process, we also focus on a handful

of commonly occurring, relatively easily detectable, and manageable diseases. There are six "targeted" diseases that BACH and all of U.S. Army Medical Command tracks closely. Currently they are related to asthma, breast cancer screening, cervical cancer screening, Chlamydia screening, colorectal cancer screening, and diabetes screening and management.

Current recommendations suggest the following at a minimum:

1. Persistent asthmatics on long term control medication need to be evaluated and renew their medications at least annually.
2. Mammograms for breast cancer screening are recommended for females age 40 to 69 every two years unless a provider determines a more frequent need.
3. PAP smears - cervical cancer screening - are recommended for women 21 to 64 every three years unless a provider determines a more frequent need.
4. Chlamydia screening is recommended for sexually active females age 16 to 24 every year.
5. Colorectal cancer screening is recommended for everyone age 50 to 75 through annual fecal occult blood tests and a colonoscopy every 10 years unless a provider determines a more frequent need.
6. Diabetics age 18 to 75 should have a hemoglobin A1C and lipid blood panel drawn at least once a year and possibly every three months based on patient condition and provider determination. Juvenile diabetics younger than 18 also require close management, but fall under a different set of guidelines and require close management with your pediatrician and diabetic treatment team.

Remember, we are here and ready to assist if you have any questions. We are committed to ensuring the health of the entire community, so do not hesitate to call or come by if you need us. If you need to schedule an appointment to address any of the above recommendations, please call the Central Appointment Line at 361-4000 and let the clerk know you saw this article in the Fort Wainwright Alaska Post newspaper and need to be evaluated.



Kids fussing over flu shots? Lead by example

Shari Lopatin, TriWest Healthcare Alliance

It's that time of year again, and your kids are throwing a fit about getting the flu shot. But perhaps, if they see mom or dad doing it too, they may go more willingly.

Did you know nine out of 10 healthy people who get a flu shot, don't get the flu? That's according to the Centers for Disease Control and Prevention. If getting a flu shot is important enough for your kids, it's just as important for you.

Step up and lead by example.

- Go for your flu shot when you take your kids for theirs.
- Offer to get your shot first. It will help to relax your kids.
- If fun or colorful bandages are available, ask to wear one alongside your children.
- Finish the flu shot appointment with a treat, such as a trip to the park or a healthy fruit smoothie.

TRICARE covers flu shots.

In order to keep you healthy, TRICARE covers all vaccinations recommended by the Centers for Disease Control and Prevention. That includes the flu shot or nasal mist. Just make sure you're receiving your vaccinations from a TRICARE-authorized provider. And remember, you can get all your vaccines now through the local Express Scripts Pharmacies supporting your TRICARE benefit too.

To learn where you can go for your flu shot, or for more information on TRICARE coverage, visit www.triwest.com/flu.

Flu vaccine clinics offered on Fort Wainwright

A Family flu vaccine clinic will take place in the primary care clinic at Bassett Army Community Hospital Sept. 24 from 10 a.m. to 4 p.m. The clinic is open to all Tricare beneficiaries. Remember to bring immunization records.

Weekday flu vaccine clinics will be available Sept. 26 through Oct. 7, upstairs in the Bassett library, Monday through Thursday from 8 a.m. to 4 p.m. and Friday 8 a.m. to 5 p.m.

For information about the flu vaccination clinics, call Bassett Army Community Hospital's information line, 361-5456

Remembering the 1964 Earthquake; an unforgettable ride

Commentary by **Allen Shaw**, Fort Wainwright PAO

I remember everything. I remember it if it were yesterday. I was an 8-year-old boy living at 21-121-B Jasmine Avenue on Elmendorf Air Force Base. It was a Friday. My mother and 2-year-old brother had returned from shopping for Easter goodies downtown and picked me up from Carl Ben Eielson Elementary School. We went home in our shiny brown 1963 Key Biscayne station wagon anticipating chocolate bunnies and decorated eggs over the weekend. Early spring was hitting the Matanuska-Susitna Valley where the clear warm days were melting the snow and the cool, cloudy evenings kept what we knew as winter hanging on.

For me it was cartoons as soon as I hit the door. Mom was preparing dinner while my Dad was getting ready for

work. Although he was a master sergeant in the Air Force, he was a club manager. He previously worked in officer clubs, but had been assigned as the NCOIC to the Alaskan Chateau, a VIP Club on Elmendorf. He rarely wore a uniform but often worked during special functions at night, especially a Friday night. He was in the bathroom shaving as burgers sizzled on the stove and brother and I were glued to Huckleberry Hound on the tube.

All of a sudden time seemed to stand still. Everything stopped for a split second as a slow, steady rumble crept in. It was a crazy thing because then the floor started quivering like somebody put a quarter in the magic-fingers vibrating-bed somewhere. It got quickly went from a trembling vibration, to a shake and then even a more violent shake and

it continued. By this time I had glanced away from the television to see my mother grab my brother and tell me to get away from the tv, which was rocking on the shelf above me. I stood and held onto the window sill. I watched my Dad, with no shirt and half-shaven face make his way toward us down the hall. Dad was a stout, athletic man, standing 5'9" and 200 plus pounds with broad shoulders. I remember the house rocking so violently he was getting tossed from side-to-side like a rag doll, bouncing off the narrow hallway walls as he made his way to the living area. Furniture was sliding, things were falling off shelves and I had no idea what was going on.

Between the crashing pots, pans, glasses and the rumbling it was difficult to hear my Dad say, "Get out of the house." Amidst the chaos and holding on for balance, I looked out the window and watched the ground roll like a wave, as if there was something underneath pushing its way through. By then Dad had made it to the front door and my mom and brother were nearly there, I could see him gesture for me to follow. I looked past him and saw our car bouncing up and down as if it was a possessed low-rider with air-shocks on steroids. I made my way across the rocking deck, down the steps and into the yard. Many of our neighbors were also standing outside, not necessarily dressed for conditions since it was one of those cooler, cloudy days. I remember Dad still had no shirt on and a light snow had even begun to fall. By then

the violent rocking had returned to a steady quiver and I could hear the adults say "earthquake."

It all began at 5:36 p.m. March 27, 1964. It was Good Friday and we all had just experienced four minutes of one the most powerful earthquakes ever recorded in U.S. and North American history. One-hundred-thirty-one lives were lost and an estimated \$310 million (\$2.12 billion in current U.S. dollars) of damage occurred. The quake which measured magnitude 9.2 by seismograph readings made it the second largest

earthquake in recorded history.

Fourth Avenue in downtown Anchorage and the store where my Family had been shopping a few hours earlier sustained an enormous amount of damage as the ground opened and shifted, causing buildings to collapse.

Although smaller tremors continued, we ventured back indoors to grab a few personal items. Mom had turned off the stove, but dinner was now on the floor in the kitchen along with a mixture of broken glass and everything that was in the refrigerator or cupboards. The television was on the floor where I had been sitting earlier. Power was out. Furniture and knick-knacks were everywhere. Dad instructed me to grab a few things and go to the station wagon, but I was unable to open my bedroom door. The violent shaking and jostling of the house caused my dresser to tip over and my bed was wedged against it.

I looked out the window and watched the ground roll like a wave,

ALASKA POST

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See Earthquake, on page 4

PRIORITIES: Gen. Odierno sets goals for Army

Continued from page 1

Additionally, he wants Soldiers to make themselves available to tell the Army story.

"I think the Army has a great story, and I think sometimes we don't tell that story," he said, saying Soldiers and leaders must "make ourselves available to discuss the issues, to discuss what's good about our Army."

Budget and personnel cuts, Odierno said, will likely leave the Army smaller -- perhaps even smaller than the 520,000 directed by former Secretary of Defense Robert Gates.

"The initial reduction [to] 520,000, I think we all think is reasonable, based on the assumptions. And the assumption of that was that we would be coming out of Afghanistan in 2014," he said. "So if that assumption bears out, that number is one we certainly can sustain."

But Odierno wasn't sure the initial plans for that many Soldiers would pan out in the end.

"Do I think we'll end up at 520,000? Probably not," he said.

The Army's new chief said what's important is that force reductions happen at a pace that allows the service to maintain its capabilities.

"The important piece here when we talk about force structure and troop strength reductions is that we do it in such a way that we allow ourselves the flexibility and capability to expand," he said. "My comments have been: be careful of going too small too fast. And the reason I say that is because if you go too small too fast, it takes away your flexibility."

If the Army would still be able to fight two wars at the same time with troop reductions is also something Odierno said is being looked at carefully now.

"We're still doing some analysis," he said. "I think at 520, we could probably do it fairly close. Below 520, I don't know."

1st Stryker Brigade Combat Team Soldiers receive honors from Romanian Military

Maj. Joel Anderson,
1-25th SBCT PAO

At Forward Operating Base Lagman, Afghanistan, Romanian Forces held a solemn ceremony Aug. 6 together with departing American allies of the Arctic Wolves Brigade. Both taking the time to honor their successful recent partnership.

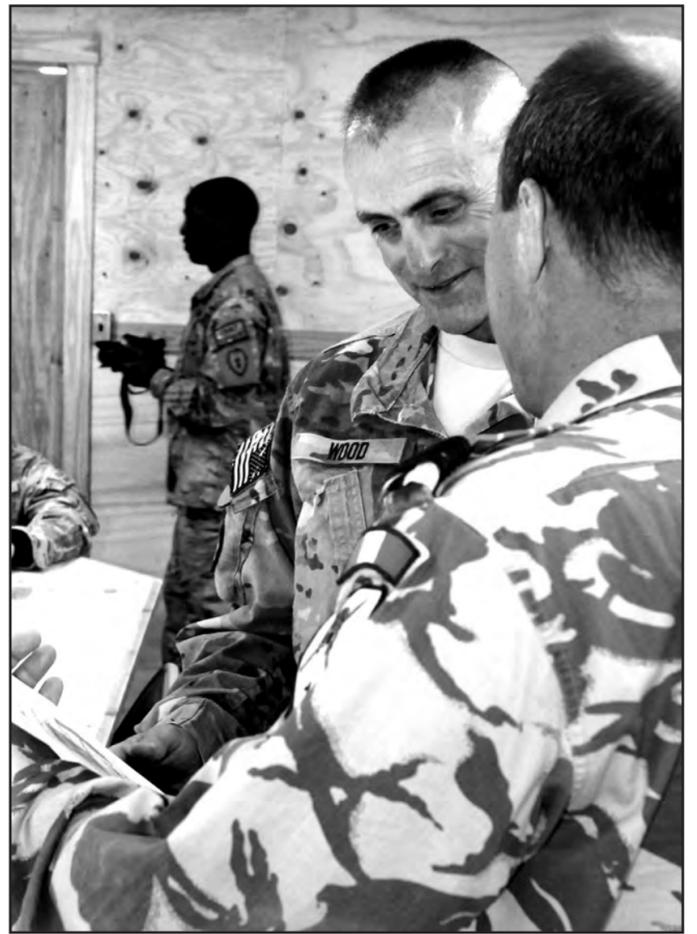
Col. Marius Harabagiu, commander of the Romanian 1st Mechanized Brigade, the Romanian Forces assigned to Combined Team Zabul, presented one of the highest

military honors that can be awarded to members of a foreign military -- the Romanian Land Forces Emblem of Honor.

As the names of the 1st Stryker Brigade Combat Team, 25th Infantry Division Soldiers selected to receive this award were called one-by-one by the Romanian commander, the seven distinguished recipients stepped forward and were presented this prestigious

medal by Haribagiu. Among the recipients was Haribagiu's counterpart, Col. Todd Wood, commander of the Arctic Wolves.

The 1-25th SBCT has departed Zabul province in order to be realigned under a new force structure, which has taken them to Kandahar province with a new brigade headquarters at Forward Operating Base Masum Ghar.



Col. Todd Wood, commander 1st Stryker Brigade Combat Team, 25th Infantry Division, proudly receives the prestigious Romanian Land Forces Emblem of Honour from his counterpart, Col. Marius Harabagiu during a ceremony at Forward Operating Base Lagman, Afghanistan. (Photo by Maj. Joel Anderson/1-25 SBCT Public Affairs)

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EMIR: 28th Military Police say goodbye

Continued from page 1

Sgt. Christopher Hallisy was assigned as Emir's handler in August 2009 and unassigned (due to the dog's medical condition) July 7, 2011.

He noticed the dog's physical problems for the first time in May 2010, a month before Emir's 7th birthday, when coming around a corner during detection training Emir dragged his right rear paw like he had hurt his nails. He had never done that before, so was taken to the vet.

The original diagnosis was that the last three vertebrae in Emir's spine were fused together. They considered sending him to Lackland Air Force Base, Texas, for surgery, but because of his age, surgery was not an option.

The correct diagnosis was made almost a year later. In April, Hallisy and Emir completed required certifications and in May Hallisy went on annual leave.

"He was able to cert, no problem," Hallisy said. "I was able to work around his issue, then when I came back from leave, he couldn't walk on his own, he was falling down. In less than a month, he just went downhill a considerable amount, in just a blink of an eye."

Even though there was someone wanting to adopt Emir, that person was overseas and would be having surgery upon return. Taking that and the fact that Emir's quality of life was not what it could be, the decision was made to euthanize the dog.

Despite knowing that it was the right thing to do for Emir, it was not an easy decision.

"He was the happiest dog in the kennels," Hallisy said. "He was high-spirited, he never wanted to quit. He didn't quit on us. I didn't quit on him as



Emir and the Fort Wainwright K-9 section during a barbecue held in his honor. (Bottom row from left) Spc. Sergio Alva, Sgt. Christopher Hallisy, Sgt. Nina Atrero-Handy. (Back row from left) Staff Sgt. Joseph Dickenson, Staff Sgt. Matthew Wilkinson and Staff Sgt. Theodore Caron. (Courtesy photo)

a handler. His disease just got too far along, his health and wellbeing was in jeopardy."

"He didn't show any pain, he just wanted to go out there and work. Right up until his last day, he would follow me, follow my hand. Never had any doubts with him. He was the perfect dog. When it was time to work, it was time to play, everything with him was like a game, and he had a proud look to him. He was always thinking above and beyond. Going, going, always trying to please "dad" at all times. As a team, we were a guarantee; we were up to any challenge."

On Sept. 1, members of the unit were given a chance to say their goodbyes to Emir during the holiday weekend safety briefing. The poems "Creation of Man's Best Friend" and an adapted version of "Guardians of the Night" were read.

The day before he was

put down "the kennel came together as a Family and had a cookout," said Hallisy.

"My Family came in. Everybody's wife and kids came in, husbands. We had past families come in. We were trying to give him the best day possible," he said.

Hallisy said they let Emir run around the kennel compound, playing with his favorite kong toy and was fed usually forbidden food such as burgers, hotdogs and anything his heart desired and all with the prior approval of the veterinarian.

"We wanted to feed him like a champ," Hallisy said.

Emir was put down at the Fort Wainwright Vet Clinic Sept. 7, surrounded by the dog handlers of the 28th MP Detachment. Hallisy now has Emir's kong toy, leash and choke chain at home to remember him by.

WINTERIZATION: Vehicle preparation, saves aggravation

Continued from page 1

First is the equipment that helps a vehicle start even at 60 below. This includes a block heater, a battery blanket or pad (one fits around the battery, the other sits underneath) and an oil pan heater.

All of these plug into a three-way cord, which is what is plugged in at the outlets seen around post and at local businesses.

This equipment can be installed at the Auto Craft Center at a lower cost than shops outside the gate, Degrave said, but it is not inexpensive no matter where it is done with a cost of \$250 to \$350 on post, depending on the type of vehicle. If the budget is tight, doing it yourself it always an option, with the staff at the Auto Craft Center available to advise.

If a Soldier is deployed and a spouse chooses to have the vehicle winterized at the craft center, Degrave said that they will try to get the spouse in sooner, rather than later.

"When do you start plugging in your vehicle?" is the question asked by many who are facing their first winter in Alaska.

If the battery is well-maintained, the oil is thin enough and the fluids in the radiator are of the right mix, the car doesn't have to be plugged in until it is below zero, Degrave said, although some people start plugging in their car once the temperatures drop below freezing.

The next step in preparing a vehicle for winter is to put on winter tires. There are two primary types of tires to choose from for winter driving: snow and ice tires with or without studs.

Studded winter tires have deeper and wider grooves than an all-season tire and are softer as well, allowing better road grip.

Studded tires can increase the grip of a winter tire on packed snow and ice. The studs actually dig into the surface under the tire and are legal in Alaska from Sept. 15 until April 30.

Just because there are winter tires on the car doesn't mean the tires can be ignored until spring. Tire pressure must be checked on a regular basis.

The best time to check tire pressure is in the morning before the car has been driven more than a few miles. Once the tires have "heated

up" the reading won't be as accurate, as the outdoor temperature will affect the reading.

The tire's inflation will go up with higher temps and down with lower, about one pound per square inch for every 10 degrees in Fahrenheit temperature.

Tires should be inflated per the vehicle manufacturer's specifications, not the tire pressure on the side of the tire. This information can be found in the owner's manual.

Do you know how to change a flat tire? It is much easier to learn now than when it is 40 below and there is little light alongside the road. Have a friend show you or stop by the auto craft shop for instructions.

Be sure the necessary tools can be accessed. If the spare tire and jack are under the vehicle it might be difficult, if not impossible to get to them with snow and ice around them.

Are there good windshield wipers on the vehicle? Being able to see the hazards ahead is important, Degrave said. There are windshield wipers just for driving in severe weather conditions.

The next step in preparing the car for winter is to look under the hood.

Check the battery. The terminals should be clean and the connections tight. Degrave recommended inspection of belts and hoses and replacement as needed.

He also said to check the fluid levels and make sure that the vehicle has the right fluids for extreme temperatures.

No matter how prepared you are, put an emergency kit in the car, just in case. The kit should include sand or kitty litter for traction, an ice scraper, extra washer fluid, a set of jumper cables and a small shovel. You may include a set of tire chains and road flares.

A basic tool kit is a good thing to keep in the car no matter what time of year it is. In winter months an old throw rug or blanket to kneel on will be useful.

Degrave said people should keep in mind that there is not much time before winter sets in and a bit of vehicle preparation can save a lot of aggravation this season.

EARTHQUAKE: Remembering 1964

Continued from page 2

With a few swift shoulder slams Dad made an opening large enough for me to grab a jacket, hat and a couple toys.

We then piled into the car and drove a few blocks on base to the place my Dad worked, eyeing broken windows and downed trees along the way. By then it was getting dark so there really wasn't much to see.

When we arrived at the Chateau, Dad pointed out a large crack that ran through the parking lot toward a newly renovated entertainment room. The crack that was at least 10 inches wide went through the center of the lot toward the building, went around the building and came out in another parking lot on the other side. I followed close behind for two reasons: the tremors would shake the ground frequently and the power was out and Dad had the only flashlight. Before it was all said and done, there were reportedly more than 10,000 aftershocks. In the first day alone, 11 major quakes with a magnitude of 6.0 or more were recorded. Nine more occurred over the next three weeks and it was over a year before aftershocks were no longer noticed.

I remember what we could see wasn't good, but the adults were happy the building was still standing. Since the Chateau was a club, one of the most vivid memories was the sight of broken glass everywhere and an overwhelming smell of liquor in the recently renovated bar area. The alcohol fumes were way more than anyone could handle without a gas mask so we were rapidly rushed to a more appropriate area to set up camp for the night.

After that, everything else during the aftermath is vague. To an 8-year-old, I assumed we had been prepared. We had food, water, shelter and things to do. The next day the power came back on and we went home to clean up the mess. I remember more broken glass and an awesome mixture of mustard, catsup, mayonnaise and whatever else that had been in containers all over the kitchen. Television came back but the three channels were mostly focused on the disaster, although cartoons did return occasionally. After a few days we were able to leave the base, drive around and witness some of the destruction in downtown Anchorage from the safety of our Key Biscayne. It wasn't long before we were back in school and being reminded often to dive under our desk or stand in a doorway whenever there was a tremor, but they became fewer and farther between.

Were we prepared? To an 8-year-old we were. If we weren't, we were very lucky to have been on a military installation. I do remember that afterward, there seemed to be a very conscious effort to have extra jugs of water, canned goods, blankets, candles and batteries. I don't remember much of that before the quake, but I was just a kid.



Collapse of Fourth Avenue near C Street, Anchorage, due to earthquake-caused landslide. Before the earthquake, the sidewalk at left, which is in the graben, was at street level on the right. The graben subsides 11 feet in response to 14 feet of horizontal movement. Anchorage district, Cook Inlet region, Alaska. 1964. (Photo from the Earth Science Photographs from the U.S. Geological Survey Library, by Joseph K. McGregor and Carl Abston, U.S. Geological Survey Digital Data Series DDS-21, 1995.)

Remembering is a funny thing. Unfortunately Mom and Dad aren't around anymore to ask. But I often wonder if we were just fortunate and just a wake-up call that has faded with time. I know things have happened in other places but can it really happen here, to us, now? Are we prepared?

To find out more information on how to be prepared for unforeseen emergencies or disasters visit Ready.gov at www.ready.gov. Ready.gov provides tips, downloadable checklists for emergency kits and helpful information on how to plan for various types of disasters. The site also offers many links to preparedness organizations within the local area. Ready Alaska at www.ready.alaska.gov, is a Department of Military and Veterans Affairs, Division of Homeland Security and Emergency Management website which provides recommendations for dealing with emergencies and disasters related to living in Alaska.

We will never forget: 9/11 ceremony honors fallen, those left behind



Sheryl Nix, Alaska Post Contributor

The 10th anniversary of the events of 9/11 was a significant event commemorated by ceremonies both large and small around the country. Fort Wainwright, too, offered an opportunity for Soldiers, first responders, Family members, civilian employees and friends in the community to reflect on the terrorist attacks that killed thousands of people and forever changed the lives of so many Americans.

The 9/11 Remembrance Ceremony, Sept. 9 at the Northern Lights Chapel and Monterey Lakes Memorial Park drew more than 220 community members and featured tributes to those lost during the terrorist attacks, those who have been killed in fighting the Global War on Terrorism since the attacks, those who continue to serve in the military and as first responders -- firefighters, police officers and emergency medical technicians -- and surviving Family members and friends who have lost loved ones in the 10 years since it all began.

Each element of the ceremony from the invocation, scripture

readings and first responders prayers to reflections from surviving Family members and the candle-lighting at Monterey Lakes Memorial Park echoed the theme of remembrance and honoring the fallen.

Victor Sutherland, son of Staff Sgt. Stephen Sutherland, who died in 2005 while deployed to Iraq, was 9 years-old when 9/11 occurred. He told the somber crowd that at the time of the attacks he didn't think the events would affect his life.

"Little did I know that it would take the events from that day another four years for it to finally affect me," he said.

Sutherland's message was simple: "Do not pity us." Instead, he said the anniversary should be a celebration of the lives of the fallen - both those who died during the attacks and those who have died in fighting since then.

"I am no longer afraid because we live in the greatest nation in the universe," he said. "A nation where free men and women decided that it was their responsibility to defend; to defend the neighbor

they've never met, the religion they don't follow, the rights we have as Americans, their Family, us."

Honoring those who have chosen to serve as first responders and as Soldiers or other military personnel is how Sutherland urged attendees to reflect on the anniversary. "I'm proud to say that my father was a part of this community, sacrificing so much for this country that I knew he loved, that we all loved. What better way to show your love for something than to be willing to die for it? And on Nov. 12, 2005, my father did just that. He paid the ultimate sacrifice so that we could continue to live; so that there would never be another Pearl Harbor or 9/11; so that we can say our prayers at night to whomever we pray to; so that you could go to your son's or daughter's soccer game; so that his Green Bay Packers could one day win the Super Bowl again; so that I could one day live out my dreams."

Michelle Benjamin, Fort Wainwright's Survivor Outreach Services coordinator, sang "Amazing

Grace" during the ceremony and said that not a day goes by that her life is not still affected by the events of 9/11. "I work with Family members every day who are living with this and also, my husband is currently deployed so I see it on the personal side, too," she said. "And it just reminds me that we are not promised tomorrow. No one is. But I can hold on to today."

Sutherland said that is what he has come to learn, as well, and he hoped the 9/11 commemoration would give this gift to everyone else. "Let us remember how to live," he said. "Live for all those who were taken too early that day. Live life to the fullest taking advantage of every 24 hours we are blessed with. If we truly live like there is no tomorrow then we will never need another reminder again; a reminder to love, to laugh, to cherish, to dream, to cry, to feel pain. Because to feel all of this, you'll know you're alive. You'll know that those who were lost a decade ago did not die in vain."



Victor Sutherland, 19, son of Staff Sgt. Stephen Sutherland, who died in 2005 while deployed to Iraq, speaks to a somber crowd of more than 220 people at Fort Wainwright's "9/11 Remembrance Ceremony," Sept. 9 at the Northern Lights Chapel. Sutherland urged the crowd to not pity survivors, but instead to live life to the fullest to honor the memory of the fallen. "Let us remember how to live," he said, and in doing so, "you'll know that those who were lost a decade ago did not die in vain." (Photo by Sheryl Nix/Alaska Post Contributor)

6th Squadron, 17th Cavalry Regiment, Task Force Saber Soldiers receive awards

Maj. Joel Anderson, 1-25th SBCT PAO

On Sept. 1, troopers from 6th Squadron, 17th Cavalry Regiment, Task Force Saber participated in an awards ceremony at their forward operating base in northern Iraq. The ceremony recognized several aviators and crew chiefs for outstanding individual achievements while the unit have been deployed in support of Operation New Dawn. During the ceremony, Lt. Col. Michael McCurry, commander of 6-17th, and Command Sgt. Maj. William McGaha, presented Air Medals to six pilots from Headquarters and Headquarters Troop and Aces Troop for demonstrating superior airmanship and distinguishing themselves during aerial combat operations in northern Iraq. They also awarded the Army Achievement Medal to three of the unit's top crew chiefs for outstanding maintenance support on the squadron's fleet of OH-58D Kiowa Warriors. Finally, a Task Force Certificate of Achievement was presented to one of Aces Troop's newest Soldiers for being recognized as the 4th Infantry Division Soldier of the Week.

"As a part of Task Force Saber, Alpha Troop's pilots and crew chiefs provide the primary Scout Weapons Team support for operations in USD-N to help bring peace and security to the region and enable the Government of Iraq's development into a stable and enduring strategic partner," said Lt. Col. Michael C. McCurry, commander of 6-17th.



Lt. Col. Michael McCurry, commander of 6-17th, presents the Army Achievement Medal to Sgt. Daniel Flood, one of the unit's top three crew chiefs for outstanding maintenance support on the squadron's fleet of OH-58D Kiowa Warriors. (Army Courtesy Photo)



Pictured left to right: Capt. Cory Wroblewski, Chief Warrant Officer 4 Todd Mitchell, Chief Warrant Officer 4 Abimael Hernandez, Chief Warrant Officer 2 Khristian Kitselman, Chief Warrant Officer 2 Chase Magann, Chief Warrant Officer 2 Cory Burggraff, Sgt. Jeshiah Lincoln, Sgt. Daniel Flood, Sgt. Morgan Durling and Pfc. Deangelo James. (Army Courtesy Photo)



Lt. Col. Michael McCurry, commander of 6-17th, presents the Army Air Medal to Capt. Cory Wroblewski for demonstrating superior airmanship during aerial combat operations in northern Iraq. (Army Courtesy Photo)

what is it?
when is it?
where is it? **find it here!**

Friday – 16th

STORY HOUR and CRAFT, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

HOMEWORK CENTER, 2:45 to 6 p.m., School Age Services, Building 4166. Call 361-7394.

MAKE and TAKE FUN WITH FIBER, 6 to 7 p.m., Arts and Crafts Center, Building 3727. Call 353-7520.

Saturday – 17th

TABLE TOP MOUNTAIN BERRY PICKING, Outdoor Recreation Center, Building 4050. Participants will depart from the ORC at 9 a.m. No cost. Call 361-6349.

ZUMBA FITNESS CLASS, 1 to 2 p.m., Physical Fitness Center, Building 3709. Class is \$7. Call 353-7223.

BABYSITTER TRAINING WITH CPR AND FIRST AID, 10 a.m. to 2 p.m., Youth Center, Building 4109. Participants must attend both September 10 and 17 sessions to receive certifications. Participants should bring their lunch as there will be a short break. Call 361-7713.

CUDDLE CURE CLASS, 10 a.m. to 2 p.m., Child Development Center I, Building 4024. Call 361-7713.

WOODSHOP 101, 10 a.m. to 3 p.m., Arts and Crafts Center, Building 3727. Open to participants ages 18 and older. Cost is \$40 and includes all materials. Call 353-7520.

“MAKE IT HOT” SALSA MAKING COMPETITION, 1 to 4 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

Sunday – 18th

QUARTZ CREEK ATV RIDE, 8 a.m. to 5 p.m., Outdoor Recreation Center, Building 4050. Open to participants 18 and older. Cost is \$50. ATV's, helmets and transportation are provided. Patrons need to bring lunch, goggles, gloves, over-the-ankle boots, drink and snacks for the trail and daypack with bungee cord to strap to the ATV. An ATV safety course is required prior to the departure date. Call 361-6349.

OPEN ICE SKATING, 1:30 to 4 p.m., Physical Fitness Center Ice Rink, Building 3709. Call 353-7223. Admission for open recreational ice skating daily fee: 4 and under are free, 5 to 17, \$2.50, adults, \$3.50, Family of four or more, \$8.00. Skate rental is \$1.50.

Monday – 19th

SIMPLE SNACKS AND MEALS FOR TEENS, 6 to 7:30 p.m., Youth Center, Building 4109. Open to registered youth in grades 6 through 12. Call 361-7713.

GROUP CYCLING CLASS, noon to 1 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

ROMP AND STOMP PLAY MORNING, 9:30 to 11 a.m., Youth Center, Building 4109. Call 361-7713.

SAFETY ORIENTATION, 6 p.m., Auto Skills Center, Building 3730, Call 353-7436.

ZUMBA FITNESS CLASS, 6 to 7 p.m., Physical Fitness Center, Building 3709. Class is \$7. Call 353-7223.

HOMEWORK CENTER, 2:45 to 6 p.m., School Age Services, Building 4166. Call 361-7394.

Tuesday – 20th

HOMEWORK CENTER, 2:45 to 6 p.m., School Age Services, Building 4166. Call 361-7394.

PRIME TIME FITNESS, 9:30 to 10:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

STRESS MANAGEMENT, 3 to 4:30 p.m., Army Community Service, Building 3451, Call 353-4248.

BUILDING RESILIENCY: A PARENT'S GUIDE, 4 to 5:30 p.m., Last Frontier Community Activity Center, Building 1044. Classes may be cancelled if a minimum of five participants is not met. Childcare is not available but children are welcome. Call 388-2553.

Wednesday – 21st

HOMEWORK CENTER, 2:45 to 6 p.m., School Age Services, Building 4166. Call 361-7394.

GROUP STRENGTH FITNESS CLASS, noon to 1 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

ANGER MANAGEMENT, 3 to 4:30 p.m., Behavioral Health Conference Room, Building 4066. Call 353-4248.

BILINGUAL STORY HOUR, 4:30 to 5:30 p.m., Post Library, Building 3700. Call 353-4137.

Thursday – 22nd

PRIME TIME FITNESS, 9:30 to 10:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

GROUP CYCLING, noon to 1 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

ROMP AND STOMP PLAY MORNING, 9:30 to 11 a.m., Youth Center, Building 4109. Call 361-7713.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Class is \$7. Call 353-7223.

THOR ART THURSDAYS, 4 to 6 p.m., Arts and Crafts Center, Building 3727. Post Library, Building 3700. Call 353-4137.

HOMEWORK CENTER, 2:45 to 6 p.m., School Age Services, Building 4166. Call 361-7394.

EMOTION COACHING, 6:30 to 8:30 p.m., School Age Services, Building 4166. Call 361-7394.

ARMY holds three courts-martial

U.S. Army Alaska held three courts-martial at Fort Wainwright from Aug. 22 through Sept. 1.

Spc. Aaron Rentfrow, United States Army MEDDAC-Alaska, Fort Wainwright, was found guilty Aug. 25 of premeditated murder. He was sentenced to life in prison with the possibility of parole and a Dishonorable Discharge.

Pfc. Botello, Company E, 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, Fort Wainwright, was found guilty Aug. 30 of rape,

indecent acts, and forcible sodomy. He was sentenced to reduction to E-1, total forfeitures, 5 years confinement, and a Dishonorable Discharge.

Pfc. Curtis Coe Headquarters and Headquarters Company, 3rd Battalion, 21st Infantry Regiment, Fort Wainwright, was found guilty Sept. 1 of indecent acts. He was sentenced to reduction to E-1; forfeiture of \$733/month for 2 months; 45 days restriction and 45 days hard labor.

Commissary adds online features, promotes Constitution Day competition

By DeCA Sales Directorate and Corporate Communication

Patrons of the commissary have a chance to find extra savings through a new feature on DeCA's website. There are six new websites designed for commissary shoppers, created by companies that sell their products in commissaries, offering coupons, contests and other types of services for exclusive use by commissary shoppers.

The www.commissaries.com home page began featuring the "Exclusive Savings" link Sept. 1. "Offerings differ from site to site, but they all offer something special above

what you may find in our stores," said Chris Burns, DeCA's director of sales. "Our industry partners have worked hard to make this possible for our military service members, their families and military retirees, and we're glad to be able to offer an easy way to find these

values with a link on our website."

DeCA does not control the content of the sites, Burns added, the website features links to these sites as a service to commissary customers, to make it easier for them to get the most out of their commissary benefit.

For the third straight year, the Defense Commissary Agency has joined several other organizations in promoting the annual Constitution Day Poster Contest, awarding prizes to youths in grades K through 12.

Contest details will be displayed in commissaries worldwide highlighting Constitution Day and raising awareness among children about the Constitution, the Bill of Rights, voting rights and the need to preserve liberties.

Observed nationally, Constitution Day is Sept. 17 and marks the day that members of the Constitutional Convention met for the last time and signed the Constitution in 1787. In 2004, the government established it as a federal observance.

"As a DoD agency we're proud to be part of an effort to help our young people learn more about our Constitution," said DeCA Director and CEO Joseph H. Jeu. "This is a good time for

everyone, regardless of age, to take some time to learn more about the document that forms the foundation of our country."

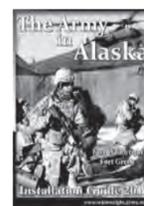
Youth can participate by designing a poster showing what the Constitution means to them and winning posters will be used to publicize and celebrate Constitution Day. Competition categories are grouped by grades. One winner in each category will be awarded a \$50 savings bond and the grand prize winner will also receive a bicentennial coin set. Information on contest requirements and awards can be found by going to www.constitutionfacts.com. All entries must be postmarked by Oct. 1. The contest is sponsored by www.constitutionfacts.com, which publishes "The U.S. Constitution and Fascinating Facts About It." Since 2008, Constitutionfacts.com has teamed with the Gov Doc Kids Group, a national organization that promotes better understanding and use of federal information and publications for students.

18386448
LASKA REFINISHING &
UPHOLSTERY
AK POST/COUPON 10%
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10385112
VIETNAMESE TEA &
COFFEE HOUSE
AK POST/NEW
1 x 2.0

11387713
PERFECT PARTY, THE
AK POST/AK POST
1 x 2.0

18386371
ALASKA DOLLAR PLUS
AK POST/NEW AD - AK
1 x 1.0



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40384790
DIRECT TV
FF RHP/AK POST/HELP
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18385632
PURE ESSENTIALS DAY SPA
AK POST/TUES & WED S
2 x 2.0

For your information

LAST YARD SALE SCHEDULED

The final post-wide yard sale this summer is Saturday from 8 a.m. to 4 p.m. Post residents will sell from their homes in the housing areas, or from booths at the Lemon Lot at Neely and Meridian, across from the Post Office.

LEGAL NOTICE

Anyone having claims against or who is indebted to the estate of Spc. Douglas J. Green, of Charlie Company, 3rd Battalion, 21st Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division may contact Capt. Donald Smith, 1st Battalion, 24th Infantry Regiment, 1-25th SBCT, Fort Wainwright, Alaska 99703, phone 353-2211.

Anyone having claims against or who is indebted to the estate of Pfc. Brandon S. Mullins, of Charlie Company, 3rd Battalion, 21st Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division may contact 1st Lt. Krystel Harrell, Echo Company, Brigade Troops Battalion, 1-25th SBCT, Fort Wainwright, Alaska 99703, phone (321) 960-5494.

Anyone having claims against, or who is indebted to the estate of Pfc. Douglas Cordo, of Bravo Company, 1st Battalion, 24th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division may contact 1st Lt. James Desjarlais, at Building 3409 Rhineland Avenue, 1-25th SBCT, Rear Detachment, Fort Wainwright, Alaska 99703, phone 353-2003 or 353-2007.

ACE SI TRAINING

September training will be available for Army Soldiers, leaders and civilians. Ask, Care and Escort training provides basic suicide awareness and prevention training focusing on the identification of suicide warning and danger signs, and what lifesaving actions they should take using the ACE model. The target audience for ACE Suicide Intervention training is junior leaders or first-line supervisors. The ACE SI provides these individuals additional training in suicide intervention. Chaplains are the primary trainers for ACE SI; however, individuals who have been trained in other suicide prevention and intervention models may conduct the ACE SI training.

Call Fort Wainwright Army Substance Abuse Program, 353-1370 for reservations.

ACE-SI Training is available at the Battle Command Training Center on:
Monday, 1 p.m. - 5 p.m.
Tuesday, 8 a.m. - noon, 1 p.m. - 5 p.m.

SUPER SIGN-UP

The Fort Wainwright Community Spouses' Club will be hosting a registration and information opportunity with various garrison/community organizations, agencies and clubs.

Open to all Soldiers, spouses, dependents and retirees of Fort Wainwright, the event begins Tuesday, 5 to 7 p.m. at the Last Frontier Community Activities Center, ballroom. Many organizations attending, such as: CSC, ACS, BACH, CYSS, FMWR, MFLC, ASYMCA, Chapel, Red Cross, Girl Scouts, Cub Scouts, Garrison Safety, Education Center, Big Brothers/Big Sisters, American Legion Auxiliary and more.

For more information contact: Katrina Sczesny, CSC 2nd Vice at events@wainwrightcsc.org

WELCOME TO WINTER

The Fort Wainwright Safety Office will conduct a "Welcome to Winter" class Wednesday, from 6 to 8 p.m. at the Last Frontier Community Activity Center. This class is open to all personnel stationed at Ft Wainwright to include families and civilian employees.

The class is excellent for those facing their first winter in Alaska and also ones that have been up here a number of years and could use a refresher on prepping for winter here in Fairbanks.

The Welcome to Winter class consists of preparations you will need to stay safe and sane during the Fairbanks Winter. The training consists of vehicle preparation instruction, (the right kind of tires, adding battery and engine heaters, vehicle survival kit and the right level of anti-freeze protection) and winter driving as well as how to prepare yourself and your family. Winter pet care is also discussed.

The Safety Office will also come to your location to do this briefing. Greg Sanches, Garrison Safety says that these briefings last approximately one hour and are perfect for Family resource group meetings. For more information or to schedule a briefing for your group, call 353-7079 or 353-7083.

DENTAL ASSISTANT TRAINING PROGRAM

Training for the American Red Cross Dental Assistant Training Program will start January 2012 at the Kamish Dental Clinic Fort Wainwright. DATP is 650 hours of classroom and clinical training, and is held Monday through Friday from 7:30 am to 4:30 pm. Acceptance into this program will require a significant commitment on the student's part and in return, they will receive high quality dental assistant training and when graduated they will have a marketable skill. Call 353-7234 or email: wetzell@usa.redcross.org

The boys are back and are in it to win it: That's what I'm talking about

Allen Shaw, Fort Wainwright PAO

The first week of regular season football is behind us and it started off with a barn-burner Sept. 8 when the Green Bay Packers beat the visiting New Orleans Saints, 42-34. It is said to be the second-

highest rated televised season-kickoff game of all time. Green Bay quarterback Aaron Rodgers connected on 27 of 35 passes for 312 yards and three touchdowns with no interceptions while Drew Brees,

quarterback of the Saints, threw 32 of 49 for 419 yards and three touchdowns with no interceptions. The game came down to the final drive. It was entertaining football and that's what I'm talking about.

As for the Fort Wainwright prognosticators, Brain took the top spot with 12 wins and four losses, followed by Bear with 11 wins and five losses. Tate came in third with 10 and six, followed by Ed Urbi, BrowBrose Salsa, A-Team and the Jones Bros. It was just opening weekend and there is plenty of football to go. Brain admitted, it took him longer to figure out the acronyms for the teams that it did to figure a way to calculate the winners. "I really thought they were called the Houston Oilers," said Brain. Bear suggested Brain quit using the acronym-in-a-hat method until he learns the actual names. Lucky round one as we move into the second week, the prospects for closer scores should be apparent as the season moves on. It will be interesting to see what happens this weekend with the Packers taking it on the road to Carolina and the Saints taking on the visiting Bears in the Superdome.



A - Team

SEA @ PIT: PIT
BAL @ TEN: BAL
JAC @ NYJ: NYJ
ARI @ WAS: ARI
OAK @ BUF: OAK
TB @ MIN: TB
CHI @ NO: CHI
GB @ CAR: GB
CLE @ IND: IND
KC @ DET: DET
DAL @ SF: DAL
CIN @ DEN: DEN
HOU @ MIA: MIA
SD @ NE: NE
PHI @ ATL: PHI
STL @ NYG: NYG



Steve Tate

SEA @ PIT: PIT
BAL @ TEN: BAL
JAC @ NYJ: NYJ
ARI @ WAS: ARI
OAK @ BUF: BUF
TB @ MIN: MIN
CHI @ NO: NO
GB @ CAR: GB
CLE @ IND: IND
KC @ DET: DET
DAL @ SF: DAL
CIN @ DEN: DEN
HOU @ MIA: MIA
SD @ NE: SD
PHI @ ATL: PHI
STL @ NYG: NYG



Brain

SEA @ PIT: SEA
BAL @ TEN: TEN
JAC @ NYJ: JAC
ARI @ WAS: WAS
OAK @ BUF: BUF
TB @ MIN: TB
CHI @ NO: CHI
GB @ CAR: GB
CLE @ IND: CLE
KC @ DET: DET
DAL @ SF: SF
CIN @ DEN: CIN
HOU @ MIA: HOU
SD @ NE: NE
PHI @ ATL: PHI
STL @ NYG: STL



Bear

SEA @ PIT: PIT
BAL @ TEN: BAL
JAC @ NYJ: NYJ
ARI @ WAS: WAS
OAK @ BUF: BUF
TB @ MIN: MIN
CHI @ NO: NO
GB @ CAR: GB
CLE @ IND: IND
KC @ DET: DET
DAL @ SF: DAL
CIN @ DEN: DEN
HOU @ MIA: HOU
SD @ NE: NE
PHI @ ATL: PHI
STL @ NYG: NYG



BrowBrose Salsa

SEA @ PIT: PIT
BAL @ TEN: BAL
JAC @ NYJ: NYJ
ARI @ WAS: WAS
OAK @ BUF: BUF
TB @ MIN: TB
CHI @ NO: NO
GB @ CAR: GB
CLE @ IND: CLE
KC @ DET: DET
DAL @ SF: DAL
CIN @ DEN: DEN
HOU @ MIA: HOU
SD @ NE: NE
PHI @ ATL: PHI
STL @ NYG: STL

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GOLDEN NORTH OPTICS
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DOWNTOWN BINGO
AK POST/LATE NIGHT F

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BEAVER SPORTS
AK POST/SKI FEVER

2 x 6.0

11385641

BABULA, DR.
AK POST/AK POST

2 x 3.0

U.S. Constitution Day, Sept. 17:

The 224th anniversary of the nation's founding document

Saturday is U.S. Constitution Day, although observed on Sept. 16 this year. It is a day to reflect on one of the most important and influential events in American history. The formation and eventual signing of the Constitution on Sept. 17, 1787, by 39 brave men established the rights and freedoms which Americans have derived their; life, liberty, freedom and prosperity, throughout the years. Take the time to learn more about the Constitution of America at; www.constitutionday.com.

ACROSS

6. The United States president is elected for _____ years.
7. King of England during the American Revolution.
9. The Declaration of _____ was a proclamation of the former American colonies that they were now and henceforth free states.
13. The 50th state added to our Union was _____.
14. How many branches are there in the government of the United States?
17. This British act levied an internal tax on various documents and articles in the American colonies.
20. The date of Independence Day is July _____.
22. There is one _____ for each state in the Union on the United States flag.
24. The 49th state added to our Union was _____.
25. One of the 13 original colonies.
27. What is the head executive of a city government called?
30. Article _____ states that the Constitution shall be the supreme law of the land.
31. Article _____ sets forth the ways to amend the Constitution.
32. One of the 13 original colonies (two words).
33. How many Supreme Court justices are there?
34. The Constitution of the United States can be _____.
39. One of the 13 original colonies.
41. The _____ of the United States elect Congress.
43. One of the 13 original colonies (two words).
46. How many full terms can the president of the United States serve?
47. The _____ (2 words) becomes president of the United States if the president should die.
49. How many stars are there on the United States flag?
50. The _____ Continental Congress called for peace, made preparations for war, and declared independence.
51. What holiday was celebrated for the first time by the American colonists?
52. Colonist who remained loyal to the King of England during the American Revolution; a Tory.
53. One of the 13 original colonies.



DOWN

1. How many stripes are there on the United States flag?
2. Al _____: President Bill Clinton's vice president.
3. A Boston patriot, Paul _____ rode to warn Lexington and Concord that the British were marching their way.
4. Pilgrim agreement (compact) before landing at Plymouth to pass and obey laws for the good of the colony.
5. The stars on the United States flag are _____.
8. George Washington was Commander-in-Chief of the _____ Army.
10. Bill _____: The president following George Bush.
11. It is the duty of Congress to make _____.
12. Benjamin _____ was a statesman who helped arrange a military alliance with France and headed the American peace talks.
15. The Senate and the House of Representatives is what we call _____.
16. The destruction of a cargo of tea by colonists who were opposed to the tea tax is known as the _____ Tea Party.
18. The name given to the clash between British Soldiers and Bostonians was the "Boston _____" - several colonists were killed.
19. The _____ on the United States flag represent the original 13 states.
21. Patrick _____ was a Virginia patriot whose eloquent speeches helped to stir up resistance to Britain.
23. The colors of the United States flag are red, white, and _____.
26. A change to the United States Constitution is called an _____.
28. Article _____ of the Constitution tells how the Legislative Branch of government should work.
29. The _____ is the supreme law of the United States.
35. Established in 1607, this colony became the first permanent English colony in America.
36. The stripes on the United States flag are _____ and white.
37. Name given to the British Soldiers by the people of Boston.
38. One of the 13 original colonies (New _____).
40. What is the head executive of a state government called?
42. The Pilgrims came to America for _____ freedom.
44. The first president of the United States was George _____.
45. There are 50 _____ in the Union.
48. On Independence Day we celebrate independence from _____.

Puzzle Answers:

- | | | |
|------------------|-------------------|--------------------|
| 31. FIVE | 19. STRIPES | 53. CONNECTICUT |
| 30. SIX | 18. MASSACHUSETTS | 52. LOYALIST |
| 27. MAYOR | 16. BOSTON | 51. THANKSGIVING |
| 25. PENNSYLVANIA | 15. CONGRESS | 50. SECOND |
| 24. ALASKA | 12. FRANKLIN | 49. FIFTY |
| 22. STAR | 11. LAWS | 47. VICE PRESIDENT |
| 20. FOURTH | 10. CLINTON | 46. TWO |
| 17. STAMP | 8. CONTINENTAL | 43. NEW JERSEY |
| 14. THREE | 5. WHITE | 41. PEOPLE |
| 13. HAWAII | 4. MAYFLOWER | 39. MASSACHUSETTS |
| 9. INDEPENDENCE | 3. REVERE | 34. CHANGED |
| 7. GEORGE III | 2. GORE | 33. NINE |
| 6. FOUR | 1. THIRTEEN | 32. NEW YORK |
| | 21. HENRY | |

10384838
 AMERICAN TIRE WRHSE
 AK POST/BRIDGESTONE
 3 x 10.5

12385001
 TANANA VALLEY FARMER'S
 AK POST/LAST WEEKEND
 3 x 2.25

50386521
 ALASKA FUN CENTER SALES
 AK POST/BRUTE FORCE
 3 x 3.0
 RED