



Cocaine





What is Cocaine?

- Cocaine is a bitter, white, odorless, crystalline drug
- Cocaine has been classified as a Schedule II drug by the United States
- Cocaine is extracted and refined from the Coca plant
- Its a highly addictive stimulant that produces profound feelings of pleasure





Learning Objectives

- Identify the ways cocaine can be consumed
- Identify the effects cocaine has on the body





How is Cocaine Used

Cocaine can be snorted, injected, smoked or eaten. The level and length of the effects depend on how the drug was introduced into the body.

	<u>Onset</u>	<u>Duration</u>
Snorted	1 minute	20-40 minutes
Injected	1-5 seconds	15-20 minutes
Smoked	Immediate	5-15 minutes





Cocaine's Physical Effects

While even the purest cocaine is dangerous, the cocaine that is purchased on the streets is even more dangerous because it is often cut with various chemicals.

Physical side effects from cocaine use are:

- Decreased Appetite
- Increased Body Temperature
- Increased Heart Rate
- Dilated Pupils
- Nausea/Vomiting
- Severe Nose Damage (from snorting)
- Violent Behavior
- Kidney Failure
- Seizure and/or Stroke
- Heart Attack





Cocaine's Physiological Effects

- Increased Alertness
- Decreased Fatigue
- Increased Concentration
- Insomnia
- Increased Irritability
- Increased Psychosis
- Confused Behavior
- Increased Fear
- Extreme Paranoia
- Severe Anxiety Attacks
- Hallucinations
- Aggressive Behavior



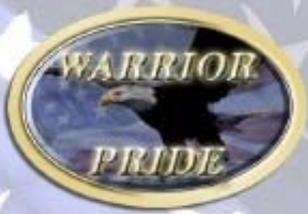


Addiction and Withdrawal

Cocaine is one of the most addictive drugs known to man. Those who use cocaine heavily or regularly find it extremely difficult to stop and often suffer through serious withdrawal symptoms such as:

- Severe Irritability
- Chronic Depression
- Paranoia
- Loss of Sex Drive
- Insomnia
- Excessive Sleep
- Eating Disorders
- Nausea / Vomiting
- Diarrhea
- Heart Attack





WARRIOR

Personal **Courage:** Possess the Personal Courage not to use drugs or abuse alcohol and to notify the Chain of Command of Soldiers that do.

Respect: Show your Respect to the Army, your unit, fellow Soldiers, and yourself by staying drug free and drinking responsibly.

Integrity: Stay true to the Army Values and Warrior Ethos by supporting the Army's drug and alcohol policies.

Duty: Do your duty as a Soldier and stay mentally and physically tough by not using drugs or abusing alcohol.

Excellence: Exhibit honorable behavior on and off duty - don't be a substance abuser!