



# Deuce Four



Volume 2 Issue 6    1st Battalion 24th Infantry    Fort Wainwright, Alaska    June 2009

## *Notes From the Commander*

Dear Family and Friends of the Legion,

As the calendar turns to June, there is a lot going on in Deuce Four. Under the existing security agreement between Iraq and the United States, coalition forces will be out of the cities (unless invited to stay) by 30 June 2009. This will likely mean some changes for the Legion and will involve some moves and relocations. I will provide more on this at a later date.

I do want to reiterate some points that went out several weeks ago through the FRG concerning redeployment. The Brigade Commander sent out an email via FRG channels outlining some key issues concerning the eventual redeployment of the Brigade. In order to assure widest dissemination, some of these points are outlined below.

You can expect the Battalion to redeploy in late August through early September. Upon arrival, your Soldier will receive a three day pass to readjust himself and become reacquainted with his home followed by redeployment processing at his company. Half day schedules will be in effect for most of September and October until the Redeployment Ceremony on 8 October at the Carlson Center. Block leave will then begin immediately after that from 9 October through 2 November for a total of 25 days.

The end of block leave will signal the beginning of many significant events and changes for the Battalion. The Battalion Redeployment Ball is scheduled to be held on 13 November at the Westmark Hotel in Fairbanks. This will be one of the last Legion-wide social events under my tenure as the entire Brigade is changing command; Deuce Four's change of command is to take place the first week of December. Several company changes of command will precede this. We are looking to finish out the month of December with Holiday leave starting from 18 December through 10 January of next year.

Changes to the dates or places of these events will be relayed to you through Rear Detachment or your FRG. I want to make sure that all Soldiers can get the most out of the time families will have to spend with them and that everyone can participate in the redeployment ceremonies that are to come.

I am very proud of our Soldiers. They are doing phenomenal things every day in tough conditions. Thank you for your continued support and prayers.

**STRENGTH AND HONOR!**

LTC Brian Reed  
LTC, IN  
Cdr, Deuce Four

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## *A Thought from the Chaplain*

Legion Family and Friends,

We are now into our last quarter deployed. Looking back, the time seems to have passed quickly. We will now all get more of what Soldiers spend a lot of time doing, which is waiting. The two toughest times of deployments are the days before leaving coupled with the early stages of deployment and the weeks before redeployment. The reason for the first is, of course, the anticipation of being apart for a year followed by the adjustment needed to get through that year. The reason for the second is the anticipation, or the long wait for the deployment to end.

All of us long to be together with our families. We anticipate what is coming up when we return home. We all want the time to pass by quickly. The last few months will seem longer than the first few because of the prize that awaits you. This prize is reuniting with your Soldier. We are in the midst of some changes here that will help the time pass by fairly quickly, or so I hope. I urge you to get involved in activities there at Fort Wainwright and in Alaska. Summer in Alaska gives you opportunities to see things not available anywhere else.

Get out and enjoy Alaska the best you can this summer. Get to the things you have wanted to do or see. Look for bear, look for moose, pan for gold or head to the coast and watch whales. If you do not want to go on your own, then organize a trip for you and your friends. It will help the time pass. I also urge you to take a look at how you are doing with all the changes that came from this deployment.

Now is the time to take note of how your life has changed and what you like and what you do not like about these changes. Do this so that you have an idea of how to adjust to life as a family when your Soldier returns. We who are returning do not know all that has changed. We try to keep up but until we see the changes we probably will not fully get it, you will have to guide us, so you must know what has changed.

We need to help to figure out the new roles and rules. For instance, I know I have been away for a year and my boys are each a year older, but what does that really mean on a day to day basis? While we were apart all of us had the opportunity to grow as individuals which will be able to help us grow as couples and as families, if we let it. So what changes have you found that have worked and you want to keep or what has not worked and you want to drop as soon as you are able?

These are things to take note of because before too long, your Soldier will return and you will both have to work at returning life to normal. We will at least return to as normal as Army families get. If you need help with the readjustment, do not worry because help is available from many sources. I will go into that later, just know time is drawing near. For those who are busy, we will be home before you know it.

Take Care and God Bless,  
Brian Palmer  
Legion Chaplain

# Headquarters and Headquarters Company

Friends and Family of the Mighty HHC Hammer Soldiers,

This month HHC assisted in one of the most significant steps forward regarding the Iraqi Security Forces taking control of their areas. Throughout May, Onager (Mortars), Ronin (Recon), and Green Platoon (4<sup>th</sup> Plt A Co) followed and supported an Iraqi clearance operation. This operation lasted the entire month of May and covered all villages in our battle space. Your Soldiers significantly advised in planning these operations, then trained the Iraqi soldiers on unique equipment such as metal detectors.

The Iraqis would link up with you Soldiers, we would move to the village for the day, and begin clearing. Our exceptional NCO's would partner with the Iraqis and advise them on techniques, while the senior NCO's and Officers would conduct Key Leader Engagements with the



We are in our last leg of this tour. The Hammer Warriors have accomplished feats and overcome adversities which would make others shy away in trepidation. LTC Reed has disseminated a tentative redeployment timeline through FRG leadership. Please understand, this is a planned timeline and I expect it to shift, though not significantly. I will keep you all posted on any updates as I can.



populace and Iraqi leadership. This alleviated any concern by the populace that they were specifically targeted, but conveyed the message of security through interaction between the people and Iraqi soldiers. Our men did an outstanding job while facing some challenging obstacles, such as 115 degree heat. They are true professional warriors that I am proud to work alongside.

Our other Hammer Warriors have also been working diligently. The S1 shop, personnel actions, has been working around the clock to process the several hundred awards your husband's / brothers / sons / friends have rightfully earned. Our S4, Logistics, has been working on the company outpost closures. This is an intricate, complicated process which includes moving several thousands of dollars worth of equipment from one location to another.



Thank you for your support. Our Soldiers have been phenomenal so far, and I know they will finish this challenging tour with honor and distinction. I pray all is well on the home front and if there are issues that need my or 1SG Brooks attention, know that they will receive it. Keep the fires lit.

HAMMER TIME!!!  
CPT Matthew Mackey  
HHC , 1-24 Infantry  
Commander

## HHC Points of Contact

Company Commander:	CPT Mackey	<a href="mailto:matthew.mackey@us.army.mil">matthew.mackey@us.army.mil</a>
Company First Sergeant:	1SG Brooks	<a href="mailto:edwin.terrell.brooks@us.army.mil">edwin.terrell.brooks@us.army.mil</a>
FRG Leader:	Sarah Mackey	<a href="mailto:strwbryp@yahoo.com">strwbryp@yahoo.com</a>

## Alpha Company ATTACK!



Family and Friends of Attack Company,

May was a particularly tense and emotional month for the soldiers of Attack Company. For months, we had been wondering how the Status of Forces Agreement, which was signed between the United States and the Government of Iraq late last year and went into effect on January 1, 2009, was going to affect us here at JCOP Blackfoot. Would we stay at Blackfoot throughout our deployment? Would we move north to FOB Grizzly? Or south to FOB Warhorse, where the Battalion Headquarters are currently located? Would we maintain the same area of operations that we currently worked in and were familiar with, or would we relocate and have a whole new area to learn? If we moved onto a FOB, how would that be? Would it make our day-to-day lives more or less comfortable?

My personal opinion was that we would stay at JCOP Blackfoot for the duration of our deployment and

saying that everyone is looking forward to completing our move to the FOB. This move will have some drawbacks, to be sure. A couple of the platoons will have some pretty



1st PLT and Iraqi Army bury an enemy fighting position



3rd PLT Strykers and AH-64 Apache with the Iraqi Sun

hand the JCOP over to the unit that relieved us. Well, in early May, we finally got the definitive answer. As I'm typing this, the men are furiously scurrying around the JCOP (those not out on patrol or pulling security, that is) trying to finish up the packing of all of our equipment and materiel that will be going back to FOB Warhorse with us over the next few days. In fact, I would wager that by the time you read this, we will already be settled into our new digs on Warhorse.

As with anything in the Army, the worst part of the past few months has been not knowing what was going to happen. Once the final guidance was published, the soldiers of Attack Company did what they always do...they let out a collective sigh of relief at the end of the uncertainty, rolled up their sleeves, and got to work. Although we all enjoyed our time at JCOP Blackfoot and will have fond memories of our home for more than 8 months, I think I'm correct in

long drives to get to the northernmost areas of their sectors, since FOB Warhorse is essentially located in the southernmost part of our Area of Operations, whereas JCOP Blackfoot was pretty centrally located. For the FSO and me, the move will make attending all of the meetings we go to with the local leaders more difficult, because most of the meetings take place within a few hundred meters of the JCOP, and we used to just walk to the meetings with a security detail. The First Sergeant and Platoon Sergeants will be a little more stressed trying to keep track of their men on the FOB, as opposed to here at Blackfoot where we were never more than 50 meters from each other.



SPC Ward and 3rd Platoon's favorite Iraqi Army Soldier



3rd PLT Soldiers help Iraqis unload Humanitarian supplies

However, I think the benefits of this move vastly outweigh the disadvantages. For instance, for the past 8 months, we have conducted 2 patrols every day, one in the morning and one in the evening, for the sole purpose of going back to the FOB to bring out food and supplies. Obviously, this will no longer be needed. Also, while at the



1st PLT helps local national get his vehicle on the road

JCOP, a Platoon was tasked each day with providing force protection, or securing the JCOP. This meant sitting in pairs in the watchtowers, manning the front gate, manning the TOC, etc. The FOB is secured by contractors, so this will no longer be one of our requirements. Also, the men will have more living space at FOB Warhorse, and have daily access to such amenities as the PX, laundry, and the chow hall. The best part to me as a Commander, however, is the fact that we will get our 4<sup>th</sup> Platoon back, which has been attached to HHC up until now.

We will certainly have to make some adjustments to

how we do business as we get adjusted to operating out of the FOB, but overall, I think the move will go fairly smooth. It's also good that we're making this change with several months left in the deployment rather than waiting until the end of the deployment. The reason I say that is that, so far, all of our "lessons learned" that we will pass on to our relieving unit are based on conducting operations out of JCOP Blackfoot. This move will give us time to identify the techniques best suited to managing this particular Area of Operations while living on the FOB, so that we can pass those tips along to the next unit to operate in Khalis.

Well, I guess that's going to wrap it up for this installment...I've got to finishing packing, too! The bottom line is change during a deployment is a good thing. It keeps the guys focused, it keeps things from getting



CPL Bullis rides an Anit-Aircraft mount at COP Blackfoot

boring, and in this case, it will actually make redeployment much easier since all of our property will already be in one location when it comes time to outload.

One last note before I go...I'd just like to take this opportunity to once again thank Melody Hansen for all of her hard work in making our FRG successful. As a single Commander, the FRG scared me more than combat, but she made it very easy for me. I'd also like to thank Mrs. Karen Lewis and Mrs. Genevieve Barbour for stepping up to take over when I needed them. It takes a village to raise a Captain....

Very Respectfully,  
CPT M. Scott Jones  
Attack 6

## A CO Points of Contact

Company Commander:	CPT Jones	<a href="mailto:matthew.s.jones@us.army.mil">matthew.s.jones@us.army.mil</a>
Company First Sergeant:	1SG Long	<a href="mailto:sanford.e.long@us.army.mil">sanford.e.long@us.army.mil</a>
FRG Leader:	Karen Lewis	<a href="mailto:ACo124FRG@yahoo.com">ACo124FRG@yahoo.com</a>

## *Bravo Company Barbarians*

### Barbarian Friends and Family

May has shown us some big changes in our battle space and in the way ahead.

I'm sure that first in your minds, aside from wanting to know exactly when your soldier will be home, are the rumors about



1st PLT Soldiers helicopter

when and where will the Barbarians be moving in the upcoming months. With the Status of Forces Agreement passed earlier this year, coalition forces agreed to keep major combat forces out of the cities and begin to align forces in more of a training and support role that allows the Iraqis to take more control over the direction their country is going. This means realigning forces out of the combat outposts such as Key West where we currently live. It turns out that Key West was originally an Agricultural Vo-Tech School before the war. We'll be turning this spot back over to the government of Iraq and heading to a consolidated location with the rest of the battalion in the coming months. There are two courses of action right now, but rest assured, wherever we go we are taking our MWR phones, computers, all the new gym

equipment, and the local national internet system we've established. All means of communication with the rear and the small luxuries we have built will be coming with us!

One of the additional benefits of the move is that your soldiers will now have access to a KBR dining facility and more improved MWR and gym facilities. Both courses of action have us moving into a less austere environment. This move will also begin to consolidate us so that we can prepare for the trip home, instead of trying to piece all of our men and equipment together across Diyala Province.

The work that your soldiers have been doing to rebuild their area is also paying off now. For several months they have been working to repair schools and bring more water into the



1st PLT Soldiers found this cache

area for drinking and agriculture. Drought and sectarian violence destroyed much of the essential services in this area, and as Coalition Forces begin to draw down we are seeking to repair what we can to get the nation back on its feet. The Barbarians have rebuilt a primary

*(Continued on page 7)*

*(Continued from page 6)*

school in the village of Mohamad Sukran, using Iraqi Dinars, which will provide a clean and safe place for over 500 children to go to school. They have also rebuilt a water treatment facility and cleaned 1 kilometer of the canal system near Sakranaut Village. This facility has the ability to clean enough water for a 100 family village as well as push water to the neighboring village of Abu Basal as soon as the local government builds new pipes. Another platoon has refurbished and improved a pump station along the Diyala river, (originally built by Al Qaeda!), that will fill the irrigation canals in 25% of the Barbarian area of responsibility. Projects still on the roster are 3 more schools, a traffic circle in the main city, another water



Iraqi children in the background wondering why 2nd PLT Soldiers don't have a soccer ball for them to play with.

treatment facility, and more canal cleaning and repair.

It is good to see Iraq being rebuilt, and I'm glad that your soldiers get to be a part of that. Having seen the destruction we are capable of on two previous deployments, it is good to know that the enemy will never win, but that our country is also able to leave a place better than we found it so they can never return due to the efforts of men like your husbands and sons. I believe that their efforts here against the enemy and in rebuilding this country are something we can all be proud of.

Take care; write your soldier, and we'll see you soon

CPT Jeffrey Harmon  
-Barbarian 6



Watching over Iraqis at water project

## B CO Points of Contact

Company Commander:	CPT Harmon	<a href="mailto:jeffrey.harmon1@us.army.mil">jeffrey.harmon1@us.army.mil</a>
Company First Sergeant:	1SG Black	<a href="mailto:william.black1@us.army.mil">william.black1@us.army.mil</a>
FRG Leader:	Kristin Harmon	<a href="mailto:theharmons02@hotmail.com">theharmons02@hotmail.com</a>

## Charlie Company Centurions

Dear Centurion Families,

Well, to start off on a cliché note, it is officially hot in Iraq. I'm sure many of you check the temperature in Iraq online, but seeing it and feeling it are two different things. The fact that it is only going to get hotter as the summer moves on offers no consolation. That being said, please know that steps are taken every day to ensure that Soldiers are rested, fed, and hydrated so they are as safe as possible, despite the inherent dangers of the deployment.



I'm sure many of you have heard through your spouse or significant other that Centurion Company is moving out of JCOP Zaganiyah and north to FOB Grizzly. In support of the Status of Forces Agreement between the United States and Iraq, General Odierno, the Multi-National Forces-Iraq (MNF-I) Commander,



has put out guidance that all major U.S. forces will be out of the cities and towns of Iraq by 30 June 2009. JCOP Zaganiyah is no exception, and Centurion Company will transfer ownership of the JCOP to the



Iraqi Ministry of Education on that date. Some Soldiers I've talked to question the timing of this move in reference to the point in our deployment (so close to going home), to which I've responded that despite the temporary hardship on the battalion, this is one of the many future quantifiable steps in handing security over to the Iraqi Security Forces and eventually bringing all

U.S. Soldiers home; this is progress.

With that, FOB Grizzly has many of the same amenities as JCOP Zaganiyah, and a few that we don't have. For starters, there is a driving range at FOB Grizzly where Soldiers can launch some golf balls downrange. Even for non-golfers, this should prove to be a little bit of fun for those who partake. Other amenities at FOB Grizzly include: separate gym and cardio room (the gym even has a rock climbing wall), Morale, Welfare, and Recreation (MWR) center with 12 computers and 8 phones, big screen TVs, movie rental, XBOX and video game rental, designated reading room, a small, unit operated Post Exchange, and a Green Bean Coffee shop is reportedly reopening there in the near future. Overall, it will be a pretty good place to spend our remaining two months in Iraq.

To recap the past month, the Soldiers of Centurion continue, as they have since day one, to make Iraq more solid and secure. I've attached a few pictures from several humanitarian assistance operations that Centurion Soldiers



have executed in the last few weeks. If you notice there are no Soldiers in the pictures, and there is a reason for that; they have taught the Iraqi forces so well that their interaction in such operations is now minimal. Though our Iraqi counterparts learn technical and tactical skills critical to their jobs through the leadership and direction of Soldiers coaching and mentoring them, it is the strength, loyalty, and dedication to duty of your husbands, sons, and brothers that benefits our Iraqi brothers the most. As I've said in the past, teaching someone to assault a building is easy; inspiring someone to serve a purpose greater than himself is monumentally more difficult. Luckily, I'm surrounded by 150 people that have long since internalized that concept. Thank you for everything you do.

-CENTURION 6  
CPT Dale Terrill  
C CO, 1-24 Infantry  
Commander

### C CO Points of Contact

Company Commander:	CPT Terrill	<a href="mailto:cdale.terrill@us.army.mil">cdale.terrill@us.army.mil</a>
Company First Sergeant:	1SG Dang	<a href="mailto:ramon.dang@us.army.mil">ramon.dang@us.army.mil</a>
FRG Leader:	Melanie Terrill	<a href="mailto:melanie.terrill@us.army.mil">melanie.terrill@us.army.mil</a>

## ***COMMUNITY ACTION COUNCIL MEETING – 3 JUNE 09***

- **Director of Emergency Services, Mr. Maurice Fischer, 353-6548**
  - Vehicle Registration. If the vehicle you are trying to register is not titled in your name, you can obtain a notarized letter authorizing you to register the vehicle on post.
  - Please pay attention to road construction.
- **DPW, Mike Meeks, 353-77287**
  - New road realignments and signaling will be taking shape this summer. Painting of lines will begin 15 June.
- **Director, Family and Morale, Welfare and Recreation, Randy Blanchard, 353-7611**
  - Drag Races are back on the airfield! 1000 - 2100 between Hangers 2 and 3. 20-21 June, 18-19 July. FRGs are allowed to conduct fundraisers. Contact Randy Blanchard with verbal requests.
- **Staff Judge Advocate, Gary Kluka, 353-6554**
  - Taku Gardens housing area is not open, regardless of what news media may have published. Certain agencies need to clear the area for occupancy and this has not happened yet.
- **Army Community Service, Denise Mitchell, 353-4243.**
  - Redeployment classes will be held June 2009 through June 2010. Contact ACS to register.
  - AFTB Classes scheduled every Tuesday in June, 10:30-11:30.
  - Interpretation services are available for foreign born spouses who desire to maintain or establish a bond with their in-laws. Interpreters are also available to work with various agencies. Visit ACS between 8-5 Mon-Fri to use these FREE services.
  - Spouse Newcomer's Meet and Greet 25 June 2009, 6-8 pm at ACS, Bldg 3401
  - EFMP Conference July 23-25 (Wedgewood Resort). Call D'Letter Shumate at 353-4243. Seats are limited.
- **Chaplain's Office, CH Vanderjagt, 353-9825**
  - Vacation Bible School "Boomerang Express" is 9:00-Noon 22-26 June at Southern Lights Chapel. Volunteers are welcome!
- **Safety, Jerry Russell, 353-6473**
  - Fatigued driving is an issue, especially in Alaska with the many hours of daylight. Please be aware of your limitations and take appropriate safety precautions while driving.
- **CYSS, Tammy Ford, 353-9505**
  - CYSS will be celebrating the Army's 234th Birthday June 13-19. Call CYSS for details.
- **ASYMCA, Chris Mott, 353-5962**
  - Alaska USA Charity Golf Tournament is coming up..
- Camp Purple packets have been sent out for those who registered. Sports physicals can be attached to the form. Packet needs to be returned by 26 June.
- **AAFES, Larry Ronke, 356-1357 ext 300**
  - Shoppette in LFCC should be completed mid-July.
  - Custom Banners can be ordered through AAFES. Cost is usually \$30-50 depending on size and complexity. These are perfect for "Welcome Home" banners
  - AAFES.com - order and ship items to local facility, thousands of items available, auctions...check it out!
- **DeCA, Loriann McDonald, 353-6770**
  - Case Lot Sale planned for mid September.
- **PAO, Linda Douglas, 353-6773**
  - Midnight Sun Run - 10 pm 20 June. UAF Patty Center
  - Midnight Sun Festival - Noon - Midnight, downtown 21 June.
  - Midnight Sun Baseball Game - 10:30 pm, Growden Memorial Park, Wilbur Street 21 June.
  - 4th of July Celebrations
- **DOL, Mary Kay, 361-7641**
  - FWA Garrison Dining Facility, Bldg 3728 will celebrate the Army's birthday on 15 June 1130-1300 with a special lunch. Officers, Enlisted and DA Civilian price \$7.00, E-4 and Below Spouses and Dependents \$5.95. Special Menu!
- **General Comments**
  - Northern Lights Inn will take reservations in advance for a Spouse or Parent of redeploying soldiers. You will need to identify this information, as their normal policy is to not book reservations more than two weeks in advance. When possible, please use your housing and options on the economy before NL Inn.
  - Post 9/11 GI Bill: Read up on the particulars before transferring from the Montgomery GI Bill. Contact the Education Center for more information in order to make an informed decision.
  - Sports Physicals are available June 12th 1200-1800. Contact the appointment line at 361-4000 and tell them you need a sports physical appointment.
  - The Denali lottery for passes to drive into the park has opened online, as of 1 June. Check their website for details.
  - Get involved this summer! If this is your last summer in Alaska, you don't want to look back and say "I wish I would have....." There are so many opportunities to go places that people pay thousands of dollars to come and experience. You live here - take advantage of the opportunity!

*Deuce Four welcomes the following babies into our  
Legionaire Family:*




*A son,  
Matthew  
Robert,  
Born to SGT  
Robert and  
Chelsey Carlson  
January 21,  
2009  
6 lbs 8 oz  
18 1/2 inches*



*A daughter,  
Ella Nichole  
Born To SPC  
Adam & Amelia  
DeGroot  
May 12, 2009,  
8 lbs 19 inches*



*A daughter, Ryliegh Michelle,  
Born To SPC Michael and Ashliegh Bickford  
April 10, 2009, 6 lbs 15 oz, 20 inches*



*A son,  
Pearce Jeffrey,  
Born to SGT Ryan and  
Valerie Parkansky  
May 22, 2009  
7 lbs 4 oz  
19 1/2 inches*

*In honor, Pearce was named after Joshua Michael Pearce who served in the 172nd SBCT B-CO 2-1 Infantry and died 26 February 2006 while serving in Iraq.*

If you are the proud parent of a new baby that was born after our soldiers deployed in September, please send a photo along with the following information (Baby's name, Parent's Name and Rank, Birth date, weight and length) to: [sherilin.m.andersen@us.army.mil](mailto:sherilin.m.andersen@us.army.mil). We will be sure to include them in a future newsletter.



*A son,  
Xavier Francis Thayer,  
Born to CPT Jeremiah  
and Dawn Hurley  
May 23, 2009  
6 lbs 10 oz  
19 1/2 inches*



Bravo Company  
 May FRG Meeting  
 Mother's Day/Wives  
 Brunch  
 At Pioneer Park

## ***Army Community Service Reunion/Reintegration Workshops***

**1st Tuesday of each Month:**

- Mindful Money matters ..... 1-2:30 pm
- Post Deployment BATTLEMIND for spouses..... 6:30-8 pm

**2nd Tuesday of each Month:**

- Kids and Reunion..... 1-2:30 pm
- Making Marriages Work After Combat..... 6:30-8 pm

**3rd Tuesday of each Month:**

- Post Deployment BATTLEMIND for spouses..... 1-2:30 pm
- Mindful Money matters ..... 6:30-8 pm

**4th Tuesday of each Month:**

- Making Marriages Work After Combat..... 1-2:30 pm
- Kids and Reunion..... 6:30-8 pm

**1st Wednesday of each Month:**

- Homecoming Basic ..... 1-2:30 pm
- Hot Monogamy..... 6:30-8 pm

**2nd Wednesday of each Month:**

- Return/Reunion Workshop for Marriages..... 1-2:30 pm
- 7 Habits of Highly Effective Military Families ..... 6:30-8 pm

**3rd Wednesday of each Month:**

- Hot Monogamy..... 1-2:30 pm
- Homecoming Basic ..... 6:30-8 pm

**4th Wednesday of each Month:**

- 7 Habits of Highly Effective Military Families ..... 1-2:30 pm
- Return/Reunion Workshop for Marriages..... 6:30-8 pm

**1st Thursday of each Month:**

- Adults Working Together in Families ..... 1-2:30 pm
- Internet Safety..... 6:30-8 pm

**2nd Thursday of each Month:**

- Anger Management from Combat to Home ..... 1-2:30 pm
- His, Hers and Theirs Step Parenting..... 6:30-8 pm

**3rd Thursday of each Month:**

- Internet Safety..... 1-2:30 pm
- Adults Working Together in Families ..... 6:30-8 pm

**4th Thursday of each Month:**

- His, Hers and Theirs Step Parenting..... 1-2:30 pm
- Anger Management from Combat to Home ..... 6:30-8 pm

These classes are taught in a small group setting.

Classes available through June 2010.

Occasionally, special classes/workshops with out of town guest speakers will be available.

Contact Army Community Service at 353-4331 to RSVP or for information on a specific class.

At this time, childcare is **not** provided.

Check with CYSS to see if respite care is available for your specific class time.

## *Echo Company — Rear Detachment*

### *Approaching the Solstice*

Summer is in full swing. Warmer temperatures are finally here, and the first wildfires in the Fairbanks North Star Borough have hit in North Pole.

If this is your first summer in Fairbanks, it will be a quite different experience. Tourists have started to arrive in droves, so if you're driving down town, be careful of people walking around "en masse" to get from place to place. It will be a little bit harder to get tables at your favorite restaurants, and it will take just a little bit longer to get wherever you need to go. Just remember to be patient and to plan ahead.

June is the month of the midnight sun. As we get closer and closer to June 21st, we will be getting more and more sunlight until we get as close to 24 hours of sunlight as possible. If you pay careful attention to the sun as it tracks across the sky, it will actually make a circle overhead, and if you can get to a high enough point, you can watch as the sun doesn't quite dip below the horizon at its lowest point. As part of the solstice festivities, Fairbanks hosts a Midnight Sun Summer Solstice celebration downtown. There will be booths with food, games, and merchandise. If you haven't had the chance yet to experience it, it is great fun. Also, the annual Midnight Sun Baseball Game will be held on Sunday the 21st. Starting at 10:30 pm, the game is played through the night without the use of artificial lights. The game will be played by our Fairbanks Goldpanners against the Lake Erie Monarchs. Players from both teams come from various colleges throughout the country. The annual Midnight Sun Run is another fun and festive way to enjoy the summer solstice. Run on June 20th at 10 pm, this 10k race is a great event for everyone. Don't think you can run? Walk it. Don't think you can walk it? Come out and cheer. People line the course for

miles cheering on runners, most of which are dressed up as part of the Midnight Sun Run costume contest. The costume contest takes place before the race at 9:30 pm in the Patty Center parking lot.

Rear Detachment's numbers are dwindling as we speak. As of this writing, we no longer have battalion S1 personnel in the rear. Any S1 assistance will be provided by brigade S1. If you can't find it, feel free to stop by Battalion Headquarters, and we will point you in the right direction.

Sincerely and Respectfully,  
 CPT Joshua P. Bost  
 E Co., 1-24 IN  
 Commander

Numbers of Importance:

- Military Family Life Consultants – 388-2552
- Army Community Services - 353-7298 or 347-4636 after hours
- Social Work Services – 361-6284
- Community Mental Health – 361-6059
- Alcohol/Substance Abuse - 361-9872
- Family Advocacy – 353-7315
- Financial Readiness – 353-4369
- Army Emergency Relief – 353-7453
- American Red Cross – 353-7234 or 1-877-272-7337 after hours
- Brigade Family Help Desk – 353-4180

### *Deployment Mailing Address*

SOLDIER'S RANK AND NAME  
 COMPANY, 1-24 IN  
 FOB WARHORSE  
 APO AE 09336

You may give out this address to your family and friends. Please check [www.usps.com](http://www.usps.com) for guidelines on what can and cannot be mailed. A customs form will be required for all packages. Please allow a minimum of 2 weeks for delivery.

### E CO Points of Contact

Company Commander:	CPT Bost	353-2453	<a href="mailto:joshua.bost@us.army.mil">joshua.bost@us.army.mil</a>
Company First Sergeant:	SFC Reich	353-2494	<a href="mailto:eric.reich@us.army.mil">eric.reich@us.army.mil</a>
Family Readiness Support Asst:	Sherilin Andersen	353-2424	<a href="mailto:sherilin.m.andersen@us.army.mil">sherilin.m.andersen@us.army.mil</a>